

Caring CONNECTIONS

Spring 2022 – Volume 4, Issue 1



Ribbon cutting event of the Reynolds Family Nature Trail at Ohio Living Swan Creek

 cherish  Ohio Living 
Our 100-Year Legacy Foundation



A Resident Donation Brings Scenic Nature Trail to Ohio Living Swan Creek

Residents, families, staff and visitors now have a scenic and serene place to take in the outdoors at Ohio Living Swan Creek.

Chuck Reynolds, resident at Ohio Living Swan Creek and chairman and founder of Reynolds Construction Company in Maumee, Ohio, donated funds to construct the Reynolds Family Nature Trail, which was dedicated in October of 2021. The trail is part of a larger, multi-phased outdoor recreation area.

After learning about the vision for the trail and reviewing the construction plans prepared by a local vendor, Chuck, a life-long lover of nature said, “I knew I wanted to fund the project immediately.” Throughout the construction process, Chuck was actively involved and happy to provide his expertise for a project that was very meaningful to him.

“Since the nature trail is an actual boardwalk that weaves through the wooded area on campus and is built near the creek, people who use wheelchairs or walkers can get back into the woods and enjoy nature once again,” said Chuck.

Not only does the outdoor area bring a breathtaking taste of nature to campus, the space has also been used for concerts and events for residents and staff.

“This gift allows current and future residents, families and employees to create meaningful moments and memories while at Ohio Living Swan Creek that embodies our mission of caring for the whole person: mind, body and spirit,” said Tim Phillips, executive director, Ohio Living Swan Creek.

Already, the trail is a beloved amenity among Ohio Living Swan Creek residents. Marcia Haase, Residents’ Association president and villa resident expressed, “The Reynolds Family

Nature Trail is a great place to meet up with friends, get a walk in and catch up on the day’s events. We so enjoy wandering down the trail, where we experience nature up close. Many times, we see deer, wild turkeys, and beautiful varieties of birds, ducks and geese. It’s such a peaceful, quiet environment to commune with nature. I love to relax on one of the benches by the water’s edge, hoping to catch a glimpse of a beaver or two.”

“There is no other community that has an amenity like this, especially in the middle of a large city like Toledo,” said Chuck. “I’m glad I was able to make this vision come to life and that it was able to be constructed right away while I’m still here to enjoy it, too!”

“I also really enjoy that deer, birds and other wildlife live in this wooded area,” Chuck added. “I love watching the wildlife and listening to the sounds of nature. It’s nice to know that after I’m gone, my family name will live on and future residents, staff and visitors will always be able to enjoy the wonders of nature at Ohio Living Swan Creek.”



Ohio Living Swan Creek resident and donor, Chuck Reynolds

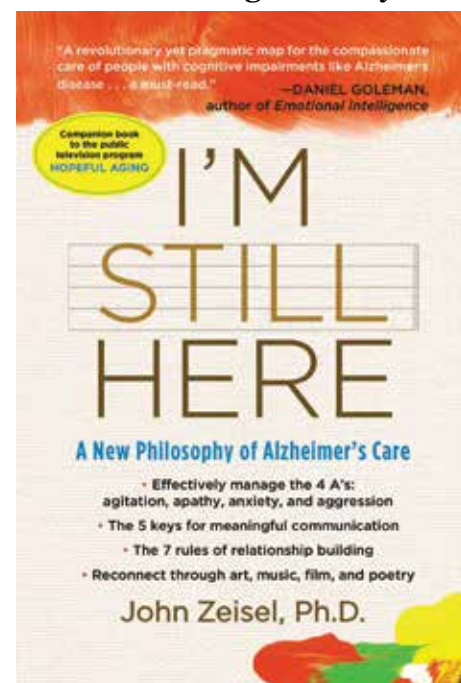
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New Memory Care Philosophy Increases Resident Engagement, Quality of Life

Ohio Living Mount Pleasant, Llanfair, and Swan Creek Implement "I'm Still Here."

Ohio Living continues to expand and transform memory care services throughout its communities to improve the well-being of its residents.

Ohio Living Mount Pleasant, Ohio Living Llanfair and Ohio Living Swan Creek recently implemented The Hearthstone Institute's "I'm Still Here" memory care philosophy and Ohio Living Dorothy Love, Ohio Living Breckenridge Village, and Ohio Living Westminster-Thurber are in the process of rolling out the initiative.



The evidence-based approach is backed by over 25 years of research and focuses on

creating experiences through social clubs, learning opportunities through classes and independence for residents experiencing all levels of dementia to increase engagement and quality of life.

Rose Pangburn is a resident at Ohio Living Mount Pleasant's memory care center. Her daughter Diana Power says she's benefited from the "I'm Still Here" approach over the last three months.

"She's in the right place. She's engaged with the staff, and they treat her so well," said Diana. "The program is really keeping her active and engaged in different experiences. The extra attention from nurses and aides helps her be more independent."

"The research and different approach to treating dementia is paying off," Diana added. "I feel very comfortable that my mother is in the memory care center at Ohio Living Mount Pleasant."

Dr. John Zeisel, world-renowned thought leader in the fields of non-pharmacologic and biopsychosocial dementia models and design, wrote the book "I'm Still Here," which describes the theory and principles that form the foundation of the program. The "I'm Still Here" approach is one of hope and focuses on what remains with each individual person.

The program's comprehensive training touches on all aspects of dementia care to create a holistic approach to caring for residents. The model has proven to reduce the common symptoms of dementia, such as aggression, agitation, anxiety and apathy. It also reduces the use of antipsychotic medicines and the number of resident falls by increasing levels of engagement.

"In the future, eight of our life plan communities will have a Certified Memory Care Center of Excellence. Our goal is to secure donor funds to extend the program across all levels of living in our communities," said Jean Morgan, corporate manager of memory care enhancement.

"Our vision is to provide the best-in-class memory care and services to those residents living within our life plan communities and to be the resource for people living with dementia in Ohio through Ohio Living Home Health & Hospice and other outreach services, which will take staff, tools and training."



Resident-Initiated Project Honors Veterans

Chet and Nancy Fleming, nine-year residents at Ohio Living Mount Pleasant, designed, funded and constructed a veterans wall to recognize the residents of Ohio Living Mount Pleasant who have served our country.

The couple started the project nearly seven years ago.

"I got the idea from veterans memorials that I discovered at other facilities and wanted to create something to recognize the veterans living in our facility," said Chet.

The wall consists of framed photos of each veteran, an American flag, a sign, and patriotic decorations. The Flemings take the photos themselves and purchase the frames to add to the wall.

"If the veteran moves to assisted living or passes away, we give the framed photo to their family," said Nancy. "Sometimes the family even uses our photo for the obituary and that is always touching to see."

Chet and Nancy also created a sign on a nearby wall to honor each branch of the military with a list of veterans' names under each branch.

"I want people to recognize the veterans who live in this building," said Chet. "It's important to honor the service and contributions these veterans have made on our behalf."



Cynthia's Garden Blossoms Into Resident Favorite

Terry White, resident at Ohio Living Westminster-Thurber and resident director of the Ohio Living board, and his two daughters, Ann Connelly and Stephanie Jacobs, have made an impactful gift to Ohio Living Westminster-Thurber for the installation of Cynthia's Garden in honor of his late wife, Cynthia White.

Cynthia's Garden is an outdoor patio at Ohio Living Westminster-Thurber's Health Care Center. The garden hosts perennials, flowering shrubs and colorful planters, with chairs and umbrellas for residents and their families to sit outside and enjoy the scenery.

"My wife spent several years in the care of the nurses at the Health Care Center," said Terry. "She was always fascinated by gardens and flowers, and we wanted to create something in her memory."

"Every time I went to see her in skilled nursing, I noticed that one section of the building didn't have an outdoor space for residents," Terry added.

"I thought it would be the best way to honor my wife's memory, provide a nice space for the residents and their families to enjoy, and most importantly, to express gratitude to the wonderful nurses who cared for my wife at Ohio Living Westminster-Thurber and all of the residents who showed us support."

Cynthia's Garden broke ground in April 2021 and was completed last fall.

"My wife was very caring and giving. She would be very happy to see the residents have this space," said Terry. "It represents her life, her career as a nurse and who she was as a person."

"An outdoor patio for the residents of Westminster-Thurber was on the wish-list for this campus for many years," expressed Elizabeth Bonfield, Ohio

Living Westminster-Thurber director of gift planning. "We are incredibly grateful to Terry and his family for making this dream come true. It's a joy to see the residents, who were compelled to spend so much time indoors during the height of the pandemic, have a beautiful outdoor space to enjoy."



Ohio Living Celebrates Centennial with Traveling Legacy Tour, Special Resident Events

Here are a few of the things in store as we celebrate our legacy!

Ohio Living's Legacy Tour is coming to a life plan community near you this spring and summer. The moving exhibit will make stops at 11 different life plan communities to share each campus' rich history and untold stories through photos, videos, antiques, memorabilia and interactive displays. Check out the list below to find out when the Legacy Tour will be at a campus near you!

- **April 4 - 8: Ohio Living Dorothy Love**
3003 West Cisco Road | Sidney, OH 45365
- **April 11 - 15: Ohio Living Quaker Heights**
514 High Street | Waynesville, OH 45068
- **April 18 - 22: Ohio Living Mount Pleasant**
225 Britton Lane | Monroe, OH 45050
- **April 25 - April 29: Ohio Living Llanfair**
1701 Llanfair Avenue | Cincinnati, OH 45224
- **May 2 - 6: Ohio Living Cape May**
175 Cape May Drive | Wilmington, OH 45177
- **May 9 - 13: Ohio Living Rockynol**
1150 W. Market Street | Akron, OH 44313
- **May 16 - 20: Ohio Living Lake Vista**
303 North Mecca Street | Cortland, OH 44410
- **May 23 - May 27: Ohio Living Breckenridge Village**
36855 Ridge Road | Willoughby, OH 44094
- **June 6 - 10: Ohio Living Swan Creek**
5916 Cresthaven Lane | Toledo, OH 43614
- **June 13 - 17: Ohio Living Westminster-Thurber**
717 Neil Avenue | Columbus, OH 43215
- **June 20 - 24: Ohio Living Sarah Moore**
26 North Union Street | Delaware, OH 43015
- **June 27 - July 1: Ohio Living Corporate Office**
9200 Worthington Rd., Ste. 300 | Westerville, OH 43082

In addition to the Legacy Tour, each community has a special committee composed of residents and staff, dubbed the "Centennial Celebration Events Committee," who are working hard to bring centennial celebrations to life. Ohio Living Westminster-Thurber got things started with an "Aging Done Right" themed celebration. Residents visited affirmation stations during the event to share what they like about Ohio Living and offer suggestions to make Ohio Living life more vibrant. Check out more events below!

MARCH 11

Ohio Living Dorothy Love kicked off its celebration with a 1920s-themed party for residents. There was live music, hors d'oeuvres, beverages and decorations.

APRIL 26

Ohio Living Breckenridge Village is hard at work on a resident-only art show featuring resident submissions from Ohio Living's statewide art contest.

JUNE 12

Ohio Living Dorothy Love will honor the original laying of the cornerstone with live performances, remarks from the Mayor of Sidney, Ohio, an ice cream truck and a commemorative time capsule to mark the anniversary. This event is open to the public.



Hospice Conference Drives Education and Awareness

Ohio Living Home Health & Hospice in Greater Youngstown hosted its second hospice conference at the Eastwood Event Center in Niles, Ohio in November.

The conference, fully funded by a grant from the Hospice Trust of Trumbull County, is a free-of-cost two-day event filled with discussions, presentations and speakers who aim to bring education and awareness to hospice professionals.

“Our goal is to bring in high-level speakers to help elevate our passion and awareness of this important field we work in,” said Sarah Hadley, executive director at Ohio Living Home Health & Hospice - Greater Youngstown.

The event was designed for medical professionals, caregivers and any interested person to explore the impact hospice can make for patients at the end of life, and for those who care for them.

“We strive to equip those who attend the conference with the tools and resources to walk away inspired and driven to do their jobs even better,” said Sarah.

“We had a lot of great feedback. Those who have worked in the field for a long time and those who are new to it shared eye-opening moments and found a lot of value in the presentations.”



Jennifer Kennedy, RN, and Barbara Karnes, RN, who are both well-known in hospice care, were two of the keynote presenters. There were also breakout sessions featuring art therapy, music therapy and aromatherapy.

“It’s really important to bring a different perspective to hospice and remember we have a critical job to do in a regulated space,” said Sarah. “We want to provide next-level content that gets people thinking deeper and ultimately makes hospice better.”

Ohio Living plans to make this conference an annual event. The next conference will be in November of 2022.

“We are committed to excellence in our community and our mission,” said Sarah. “We want to set the standard for other hospice agencies and provide resources for people to come and learn more about our profession.”

Ohio Living Foundation Gift Planners

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