

January 2025 ~ IL Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Independent Living (IL) Activity Department Signup Line 440.953.1375</p> <p>Please see back of calendar for glossary of terms.</p>		<p>1 New Year's Day 10:00 Exercise on BVTV</p> <p>Most offices are CLOSED for the holiday.</p> <p>Happy New Year 2025!</p>	<p>2 10:00 Exercise on BVTV 10:00 Care Cards NCMR 10:30 BP Checks N 1:00 Care Cards AR 2:00 Chair Exercise NCMR 2:30 Chair Volleyball WC</p>	<p>3 10:00 Exercise on BVTV 10:00 Chair Exercise RS 11:00 Science Fri w/Joe PAC 12:30 North Pantry Open 1:00 NO Bell Rehearsal LC 1:30 Chapel Choir Rehearsal LC 2:00 Chair Exercise BR 2:30 Chapel Service LC 7:00 BRN Movie BR</p>	<p>4 10:00 Exercise on BVTV</p> <p>7:00 BVN Movie NCMR</p>
<p>5 9:00 Rosary NCMR 9:15 Communion NCMR 9:30 Communion CP 6:30 Hymn Sing NL 7:00 Ice Cream Social BR</p>	<p>6 10:00 Exercise on BVTV 10:00 Chair Yoga NCMR 10:00 Chair Exercise RS 10:30 BP Checks RS 11:00 Brain Games WR 11:15 BP Checks AR 12:30 North Pantry Open 1:00 SSH Pantry Open 6:00 Mindfulness w/Jen NCMR 7:00 Mindfulness w/Jen MR</p>	<p>7 9:30 Scribblers NCR 10:00 Exercise on BVTV 10:00 Rosary CP 10:45 Chair Yoga RS 11:00 Trivia BR 1:00 1st Pres. Bible Study NCFR 1:00 Bridge – LCR 1:00 Chair Exercise NCMR 2:00 Trivia NCMR 2:00 Trains Running TR 7:00 TEP Fred S. Piano PAC</p>	<p>8 10:00 Exercise on BVTV 10:00 Chair Yoga NCMR 10:00 Care Cards RS 10:30 Scripture Meditation LCR 11:00 LDL Art Museum MCAT 12:30 North Pantry Open 1:00 SSH Pantry Open 1:00 Bridge BRP & REP 1:00 Coloring Fun NPD 1:00 Spiritual Life Comm. LC 1:00 Chautauqua Talk PAC 1:30 Hearing Loss Group NCFR 2:00 Chair Exercise BR 3:00 Ranch Soc. Comm R48</p>	<p>9 10:00 Exercise on BVTV 10:30 BP Checks N 1:30 Ranch Resident Mtg. PAC 2:00 Chair Exercise NCMR 2:30 Chair Volleyball WC</p>	<p>10 10:00 Exercise on BVTV 10:00 Campus Corner PAC 10:00 Chair Exercise RS 11:00 Campus Corner RS 1:00 Campus Corner NCMR 1:00 NO Bell Rehearsal LC 1:30 Chapel Choir Rehearsal LC 2:00 North Pantry Open 2:00 Chair Exercise BR 2:30 Chapel Service LC 7:00 BRN Movie BR</p>	<p>11 10:00 Exercise on BVTV</p> <p>7:00 BVN Movie NCMR</p>
<p>12 9:00 Rosary NCMR 9:15 Communion NCMR 9:30 Communion CP 6:30 Hymn Sing NL 7:00 Ice Cream Social BR</p>	<p>13 10:00 Exercise on BVTV 10:00 Chair Yoga NCMR 10:00 Chair Exercise RS 10:00 Fiber Arts Group AR 10:30 BP Checks RS 11:00 Brain Games WR 11:15 BP Checks CP 12:30 North Pantry Open 1:00 SSH Pantry Open 1:00 Safe Space Training PAC 1:30 Resident Forum NCMR 6:00 Mindfulness w/Jen NCMR 7:00 Mindfulness w/Jen GDR</p>	<p>14 9:30 BRN Coffee BR 9:30 Painting with Kathy AR 10:00 Exercise on BVTV 10:00 Rosary CP 10:45 Chair Yoga RS 11:00 Trivia BR 12:30 Group Reiki MCAT 1:00 1st Pres. Bible Study NCFR 1:00 BV Book Club AR 1:00 Bridge – LCR 1:00 Chair Exercise NCMR 1:30 GW Bookies GDR 2:00 Trivia NCMR 2:00 Trains Running TR 7:00 TEP OPUS 216 PAC</p>	<p>15 10:00 Exercise on BVTV 10:00 Chair Yoga NCMR 10:00 BRN Social Comm BR 10:00 Care Cards RS 10:30 Scripture Meditation LCR 12:30 North Pantry Open 1:00 SSH Pantry Open 1:00 Bridge BRP & REP 1:00 Coloring Fun NPD 1:00 Vision Loss Support NCMR 2:00 Chair Exercise BR 7:00 North Bingo NCMR</p>	<p>16 10:00 Exercise on BVTV 10:00 Care Cards NCMR 10:30 BP Checks N 1:00 Tour Lighting Talk PAC 1:00 Care Cards AR 2:00 Chair Exercise NCMR 2:30 Chair Volleyball WC</p>	<p>17 10:00 Exercise on BVTV 10:00 Chair Exercise RS 10:30 Laughter Exercise WC 12:30 North Pantry Open 1:00 NO Bell Rehearsal LC 1:30 Chapel Choir Rehearsal LC 2:00 Chair Exercise BR 7:00 BRN Movie BR 7:00 Burroughs Club NCMR</p>	<p>18 10:00 Exercise on BVTV</p> <p>7:00 BVN Movie NCMR</p>

<p>19 9:00 Rosary NCMR 9:15 Communion NCMR 9:30 Communion CP 6:30 Hymn Sing NL 7:00 Ice Cream Social BR</p>	<p>20 Martin Luther King Jr. Day 10:00 Exercise on BVTV Most offices are CLOSED for the holiday No Mindfulness classes tonight <i>"We must use time creatively, in the knowledge that the time is always right to do right." ~MLK Jr.</i></p>	<p>21 9:30 Scribblers NCR 9:30 Painting with Kathy AR 10:00 Exercise on BVTV 10:00 Rosary CP 10:45 Chair Yoga RS 11:00 Trivia BR 11:00 Singer Greg Piscura PAC 1:00 1st Pres. Bible Study NCFR 1:00 Bridge – LCR 1:00 Chair Exercise NCMR 1:30 Travels w/Marilyn MCAT 2:00 Trivia NCMR 2:00 Trains Running TR 2:00 GW Writers Grp RS#304 7:00 TEP Big Bingo PAC</p>	<p>22 10:00 Exercise on BVTV 10:00 Chair Yoga NCMR 10:00 Care Cards RS 10:30 Scripture Meditation LCR 12:30 North Pantry Open 1:00 Chautauqua Talk PAC 1:00 SSH Pantry Open 1:00 Bridge BRP & REP 1:00 Coloring Fun NPD 2:00 Chair Exercise BR 2:00 Classic Book Club MCAT</p>	<p>23 10:00 Exercise on BVTV 10:00 Kara's Town Hall PAC 10:30 BP Checks N 10:30 Bookworms NPD 2:00 Chair Exercise NCMR 2:30 Chair Volleyball WC</p>	<p>24 10:00 Exercise on BVTV 10:00 Campus Corner PAC 10:00 Chair Exercise RS 11:00 Campus Corner RS 1:00 Campus Corner NCMR 1:00 NO Bell Rehearsal LC 1:30 Chapel Choir Rehearsal LC 2:00 North Pantry Open 2:00 Chair Exercise BR 2:30 Chapel Service LC 7:00 BRN Movie BR</p>	<p>25 10:00 Exercise on Mike BVTV 7:00 BVN Movie NCMR</p>
<p>26 9:00 Rosary NCMR 9:15 Communion NCMR 9:30 Communion CP 10:00 Wick. Pres. Service LC 6:30 Hymn Sing NL 7:00 Ice Cream Social BR</p>	<p>27 Holocaust Remembrance Day 10:00 Exercise on BVTV 10:00 Chair Yoga NCMR 10:00 Chair Exercise RS 10:30 BP Checks RS 11:00 Brain Games WR 11:15 BP Checks AR 12:30 North Pantry Open 1:00 SSH Pantry Open 1:30 Catholic Mass LC 1:30 Care Partners OCP 2:00 Aging Well Talk PAC 6:00 Mindfulness w/Jen NCMR 7:00 Mindfulness w/Jen MR</p>	<p>28 9:30 BRN Coffee BR 9:30 Painting with Kathy AR 10:00 Rosary CP 10:00 Exercise on BVTV 10:45 Chair Yoga RS 11:00 Trivia BR 1:00 1st Pres. Bible Study NCFR 1:00 Bridge – LCR 1:00 Chair Exercise NCMR 2:00 Trivia NCMR 2:00 Trains Running TR 2:00 Pathways to Diversity 7:00 TEP Taylor & Eric PAC</p>	<p>29 10:00 Exercise on BVTV 10:00 Chair Yoga NCMR 10:00 Care Cards RS 10:30 Scripture Meditation LCR 11:30 Curana Talk PAC 12:30 North Pantry Open 1:00 SSH Pantry Open 1:00 Bridge BRP & REP 1:00 Coloring Fun NPD 2:00 Chair Exercise BR 2:00 Movie: One Life PAC</p>	<p>30 10:00 Exercise on BVTV 10:30 BP Checks N 1:00 Women in History PAC 2:00 Chair Exercise NCMR 2:30 Chair Volleyball WC</p>	<p>31 10:00 Exercise on BVTV 10:00 Chair Exercise RS 12:30 North Pantry Open 1:00 NO Bell Rehearsal LC 1:30 Chapel Choir Rehearsal LC 2:00 Chair Exercise BR 7:00 BRN Movie BR</p>	
<p>BRN – Brownstone <i>Includes:</i> BR - Brownstone Community Room BRP - Brownstone Pub Chapel <i>Includes:</i> LC – Lyons Chapel GW - Grace Woods <i>Includes:</i> LCR - GW Landing Community Room RS - Reserve Community Rm REP - River's Edge Pub</p>	<p>BVN –North <i>Includes:</i> CWS-Craft/Woodshop N - North Apartments NCFR - North Conference Room NPD - North Private Dining Room NL - North Lobby NCMR – North Community Room OCP – Osborne Community Plaza <i>Includes:</i> AR - MCA Art Room GS - Gathering Space MCAT - MCA Theater MR - MCA Music Room PAC – Smith Performing Arts Center SB - Schell's Bistro</p>	<p>SSH – Shafer/ Schweitzer House <i>Includes:</i> CP - SSH Creative Place SDR - SSH Dining Room WC – Veale Wellness & Aquatic Center Other: BVTV - Channel 1855 LDL-Long Distance Learning PPL – Patterson Parking Lot SG – Shady Grove TEP – Tuesday Evening Program</p>				