

Weekly Buzz

August 14,
2026



Mary Ellen's Corner -

Hello Friends -

We will begin taking donations in the PAC on August 26th. You can call the sign-up line to arrange for a pickup on September 2 or 9 from 11:30 to 1:00. I know that everyone is excited to donate your items and the flood gates will open soon; thank you for your patience. Please remember, we do not take clothing, VHS tapes, or books. Also, I am so grateful to one of our resident volunteers who commits so much time to the Bazaar, but it is **completely unacceptable** to leave items outside her apartment door, so please do not do so. I hope you have a delightful week.

Joyfully,

Mary Ellen Layman, Director of Activities

BV Players Announces Auditions -

Tuesday, September 8

Time: 11 a.m.-12 p.m. or 1-2 p.m.

Smith Performing Arts Center

You are invited to audition for the BV Player's next play, the drama, 12 Angry Jurors.

Adapted to be in Reader's Theater style, the production will require very little moving and does not need to be memorized. The production will take place on Thursday, November 12 in the afternoon and on Friday, November 13 in the evening. Auditions will consist of reading from the script.

Please call the sign up line to reserve your spot for your audition. When calling please indicate which time slot you will be attending. Transportation is available.

Tuesday Evening Programs -

Please call the signup line if you need transportation by the Monday before the program. Bus pickup starts at 6:15 p.m. for GW and 6:30 p.m. for main campus. All Programs start at 7 p.m.

8/11 NO TEP

8/18 Cliff Habian, pianist

8/25 NO TEP

36851 Ridge Rd. | Willoughby, OH 44094

Veale Wellness & Aquatic Center -

Happy August! Summer is moving into Autumn and here are just a few reminders regarding Land Classes -

Tai' Chi' Beginner Class -

A WU style class that presents the 8 Pieces of Brocade exercises and the First Circle of the form. This class will prepare you to flow with and into the advanced class. **Note:** This is not the YANG form and will not satisfy that style. A minimum of 5 participants is required for this class to start on Tuesday, September 8 at 9a.m.

Please call Kimberly at 440.942.8031 and leave a message of interest with your name and phone number.

In Home Fitness with Ray -

Appointment times are still available to have a personal exercise program brought to you in your home. Call 440.942.8031 for information and to set up an appointment.

Interval Walking and Exercise -

This new summer class will continue into the Autumn. Meet Chris on the Track by the podium on Mondays at 1p.m.

Trip Pickups

8/19 Breakfast in the Park **7:45 a.m.***
Fairport Harbor

8/26 Nat'l History Museum 10:15 a.m.

8/28 World Goes Round 3:45 p.m.

**** Please note this trip has an early pickup time**

EXERCISE on BVTV 1855 is Back

We wish we knew why it disappeared in the first place, but what matters is it is back on. At 10:00 a.m. Monday through Saturday you can tune into Channel 1855, also known as BVTV and do a morning workout. Enjoy!!

Sign-up Line 440.953.1375

New Classes and Events -

Then and Now - Stay Safe Online!

Monday, August 17

Bus Pickup 9:30 a.m.

Class 10 a.m.

Smith Performing Arts Center

Cost: \$5

Stay Safe Online workshop for older adults!

MODERN-DAY CRIMINALS USE

TECHNOLOGY, TOO! It can be difficult to tell the scams apart from the truth. Staying safe online can be confusing! So take our class, no scare tactics and no confusing tech talk. Just clear, straightforward advice to help you stay safe from cybercrime and

scams. **Bring your phone, tablet, and laptop!** With an online curriculum, a printed workbook, and volunteer toolkit, Then & Now has everything you need to protect

yourself, your friends, and your loved ones.

Reservations REQUIRED, spots are limited, transportation available by calling the signup line.

Aging Well Series 2026 Presents -

Tech Talk & Orientation Mobility with

Cleveland Sight Center

Monday, August 24

Bus Pick up 1:30 p.m.

Class 2 p.m.

Smith Performing Arts Center

Cost: No Charge

This month's wellness talk will be led by an Assistive Technology Specialist and Orientation and Mobility Specialist from our Rehabilitation department. It will cover the technology and operations and maintenance services offered and will provide recommendations for the use of smart phones, tablets, and computers, as well as techniques for human guides. This session is designed for individuals who are blind/low vision and their family, friends, and caregivers. **Reservations REQUIRED and transportation available by calling the signup line now through Thursday August 20 at 5 p.m.**

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The Resident Academy Presents -

Understanding Use of Force

Tuesday, August 25

Bus Pickup 12:30 p.m.

Class 1-2:30 p.m.

Smith Performing Arts Center

Cost: \$5 per class

For August's Residents Academy, Officer Shirey will present a program on Understanding the Use of Force. The presentation will cover Case Law and legal standards, use of force continuum, use of force examples, de-escalation tactics and less lethal tools.

Reservations REQUIRED, transportation available by calling the signup line.

Campus Happenings -

Science Friday with Joe Presents -

A GUIDE TO EVOLUTION

Week one: introduction

Friday, August 21

Bus Pickup 10:30 a.m.

Class 11 a.m.

Smith Performing Arts Center

Cost: No Charge

You don't have to be a scientist to enjoy this week's journey through time as we visualize just how old the earth is and how long humans have been around. We'll discuss exactly what is meant by scientific theory, and why evolution is the central unifying concept in biology. Suggested text: Evolution: The Triumph of an Idea by Carl Zimmer, available online for less than \$10. (This will be a useful aid for the next nine sessions)

Reservations recommended and transportation available by calling the signup line.

Sign-up Line 440.953.1375

Lake Metro Parks Presents -

Buzz the Turkey Vulture

Thursday, August 27

Bus Pickup 12:30 p.m.

Event 1 p.m.

Smith Performing Arts Center

Cost: No Charge

Animal Ambassador Buzz will be here to educate us on Turkey Vultures. Often called the most misunderstood bird in North America, come find out how important turkey vultures are to our eco-system.

Reservations recommended and transportation available by calling the sign-up line.

Non-Death Loss Support Group

Wednesday, August 26th

1p.m.

Grace Woods Reserve Community Room

Loss is any experience where it is not possible to return to life as it once was. Although loss can be related to death, it also occurs around painful or disorienting experiences which do not involve death. Non-death losses are commonly misunderstood and by others; yet a difficult process of adjustment can become less painful and isolating when we collectively acknowledge grief. This group is an opportunity for connection and support for residents experiencing non-death loss, such as retirement from driving, moving, or decline in health and functioning. **Please call Rebecca Kilkenney at (440) 954-8341 to sign up.**

The Diversity and Social Justice

Library -

The Breckenridge Pathways to Diversity Taskforce reminds campus staff and residents that a Diversity and Social Justice Library is in the Music Room in Osborne, and it offers more than 80 books and periodicals discussing multiple issues of diversity for both children and adults. The library is on the left as you enter the Music Room and we invite you to browse and to borrow!

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Book Study on Dominic Crossan: The Greatest Prayer

Starting Wednesday September 16 (LA) or September 17 (GS)

4 p.m.

Cost: Book purchase made on your own

In this text the author reflects, both deep and wide, on each petition of the Lord's Prayer. Join Susanne Carter and Ken Jones either in the Community Room at the Landing on Wednesdays or in the Gathering Space at OCP on Thursdays, both times at 4 p.m. The first of the 10 sessions will be on September 16 / 17 respectively, and the last one will happen during the week before Thanksgiving. Sign up for either location, purchase a copy of the book ***Dominic Crossan: The Greatest Prayer***, and read the Prologue before the first meeting.

Call the signup line to register.

Reservations REQUIRED, space is limited. Transportation NOT available. Please indicate which day you prefer.

Campus Movies -

North

Saturday, August 15

6:30 p.m. - NCMR

Enola Holmes 3

Follows Enola to Malta for her wedding to Lord Tewkesbury. While grappling with cold feet and her fear of losing her independence, she learns that Sherlock has been kidnapped. She teams up with Tewkesbury and Dr. John Watson to track down clues to rescue her brother.

Grace Woods Movie

Saturday, August 15

7 p.m. - Reserve Community Room

No Movie this Week

Osborne Community Plaza

Monday, August 17

4:30 p.m. - MCAT

While You Were Sleeping

Lucy saves the life of a stranger she had caught feelings for, but while he's in a coma, she's accidentally named his fiancée by his family. She keeps up with the fiancée story while simultaneously catching feelings for his brother and she must pick between the men.

Sign-up Line 440.953.1375

Reminders -

Barbershop News-

Please welcome Jame, our new barber down by the Veale Wellness Center. The barbershop is open Tuesday and Thursday from 9 a.m. to 3 p.m.

Mindfulness with Jen

Wednesday Evenings

2nd at 6:30 p.m. in the BVN Community

4th at 6:30 p.m. in the GW Reserve

Community Room

This is a perfect way to end your day with mindfulness practices provided by Jen Bradac, OT. Everyone is welcome, no reservation required. Transportation **not** provided.

Music and Meditation with Catherine

The 1st and 3rd Thursday of the month

Thursday, August 6 & 20

Class 3 p.m.

1st Thursday at GW Woodland Ridge

Community Room

3rd Thursday at BVN Community Room

Cost: No Charge

This late afternoon program will combine live music and meditation practices provided by Catherine Otto-Hadley, MT-BC. **Everyone is welcome.** Transportation **not** provided.

Hearing Loss Support Group -

Do you feel isolated due to hearing loss? Do you wish you could connect with others who understand what you're going through? If so, you are welcome to join our Hearing Loss Support Group, which takes place on the second Wednesday of each month, 1-2 p.m. in the BV North Conference Room. If you have any questions, please contact Rebecca Kilkenney, LISW-S, 440.954.8341 or rkilkenney@ohioliving.org.

Vision Loss Support Group -

If you are experiencing vision loss and want to connect with others for emotional support and to share ideas, please come to our vision loss support group. The group takes place on the third Wednesday of each month in the North Community Room at the North Apartments, 1-2p.m. If you have any questions, please contact Rebecca Kilkenney, LISW-S at 440.954.8341 or rkilkenney@ohioliving.org.

Music with Catherine

The 2nd and 4th Thursdays of the month

Thursday, August 13 & 27

2:30 p.m.

Shafer-Schweitzer House Dining Room

Cost: No Charge

Join us for this new music group led by Catherine Hadley, MT-BC, where we sing your favorite songs, play some new instruments and share some stories. This group is for you if you enjoy music, want to connect with others and have some fun. This program is made possible by a generous donation to the Ohio Living Fund. Everyone is welcome. Transportation is **not** provided.

Breakfast in the Park at Fairport

Harbor Beach

Wednesday, August 19

Bus Pickup 7:30 a.m.

Event 8:30 a.m.

Trip level 3

Cost: \$5

Trip is full. Call the signup line to e put on the wait list.

Questions about the Resident Portal/Icon?

Contact Pam Bruck, Executive Assistant at 440.942.4342 ext. 1502

Natural History Museum

Wednesday, August 26
Bus Pickup 10:15 a.m.
Event 11 a.m.- 2 p.m.

Trip level 4

Natural History Museum of Cleveland

Cost: \$24 plus food on your own at the café in the museum

Trip is full. Please call to be put on the wait list.

The Musical Revue, The World Goes 'Round and Dinner at Grand River Cellars

Friday, August 28
Bus Pickup 3:45 p.m.

Trip Level 3

Dinner at 4:30p.m. – Grand River Cellars
Show at 7p.m. – Rabbit Run Theatre

Cost: \$63

Trip is full. Call to be put on the waiting list.

OCP Parking

Please refrain from parking in the two "future new resident" parking spots in front of the OCP. We want to make sure we provide a warm welcome to the increased prospect site tours. **This includes after hours and weekends due to tours.**

TRIP LEVELS

In an effort to clarify questions about trips we are now providing a guideline to the amount of walking and standing during a trip.

The guidelines are:

Level 1-Riding and/or very little walking

Level 2-Minimal walking

Level 3-Extensive walking and/or stairs

Level 4-Strenuous-long periods of walking

Knife Sharpening -

The Craft and Wood Shop has a new service! We have purchased a professional knife sharpener and are prepared to put a nice sharp edge on your knives! Label each handle with your name, unit and phone number on a tape. Drop them off at in the container by the entrance to the wood shop which is in the NE corner of the North Garage. We will sharpen them and call you to arrange a time for you to pick them up. The cost is \$3.00 each and a \$5.00 minimum. We are not able to do serrated blades. If you have questions call Cal Hunter at 440.527.8233 or email: cwhuntersr@aol.com

Specialty Recycling -

If you have used batteries, hearing aids, or eyeglasses, residents can send them through campus mail to Ken Jones or Susanne Carter. You can also drop them off at Ranch 171 or the Grace Woods front desk.

Schell's Bistro

Hours are Tuesday through Friday starting at 11a.m. and closing at 6p.m. Reservations can be made during regular business hours by calling 440.497.5160. Please note that the Bistro is closed daily from 3-3:30p.m. for the server's lunch.

Spiritual Life -

Weekly Scripture Verse and Devotional from Chaplain Bev...

You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you! (Isaiah 26:3)

What we spend time thinking about has the power to affect our emotions, our actions and ultimately our character. Our thoughts are powerful so the more time we spend focusing our thoughts on God and his Word, the more our hearts will be at peace. The starting point to having God's perfect peace is trusting God and constantly keeping our thoughts fixed on him—the One who loves us and accepts us!

Weekly Traditional Worship

Schedule

Held every Friday from 2:30-3:30 p.m. in the Lyons Chapel. Open to all campus residents, family and friends. Come and worship with great music and an engaging message. A Breckenridge bus comes each week from North Apartments. Others can call for transportation.

August 14 – Rev. Bev Wrobel w/communion
August 21 – Rev. Cassie Wolfe
August 28 – Pastor Wayne DeMarco

Volunteers Needed -

Fridays at 2:00 to transport FHC and Nason residents to and from chapel worship. Please call Cheryl Manos at 440-954-8361 for more information or just show up.

Chapel Choir Singers -

The choir is growing! Please join us if you enjoy singing! Chapel Choir Singers practice on Fridays at 1:30 in the Lyons Chapel and sing each week in the worship service at 2:30 p.m. Contact Marcine Petrea at 216.261.6117 or mrcine@aol.com for more information.

Grief Support -

Loss of a Spouse one session will meet on Thursday, August 27 from 1:30-3:30 in the Private Dining Room at North Apartments.

Spiritual Care/Visitation Team -

Visitation Team meeting **August 12 at 1 p.m.** Meetings alternate on the second Wednesdays of the month from 1-2 p.m. in the Lyons Chapel. The Spiritual Care Team meets on odd months, and the Visitation Team meets on even months. Please attend if you are interested in learning more about these impactful ministries. For more information contact Chaplain Bev Wrobel at 440.954.8373 or bwrobel@ohioliving.org

Grief Share

Starts on **Thursdays, September 3rd, from 1:30-3:30** in the Private Dining Room at North Apartments. GriefShare has helped many on the grief journey. Contact Chaplain Bev Wrobel at 440-954-8373 or bwrobel@ohioliving.org for more information.

Prayer Chain -

If you have a prayer request or would like to join the Prayer Team to pray for others, please call Cheryl Manos at 440-954-8361 to be added to the prayer chain. The Prayer Team is here to pray for you.

Prayer Shawl Ministry -

Meets on the third Monday of every month from 1-2 p.m. in the Nason Center upper-level lobby outside the Lyons Chapel balcony. This is a social time to knit or crochet together. Prayer shawls are available in the Spiritual Care Office and can be given to residents, family and friends who need support and encouragement.

Monthly Catholic Mass -

August 24, the fourth Monday of each month from 1:30-2:00 in the Lyons Chapel. Provided by Immaculate Conception Church

Monthly Sunday Worship -

For ALL Independent Living Residents **August 30**, the last Sunday of each month from 10-11 a.m. in the Lyons Chapel. Please join us if you do not have a church home.

Lectio Divina -

Wednesdays from 10:30 - 11:30 a.m. in the Community Room at The Landing at Grace Woods. Weekly Scripture Meditation meets on Wednesdays. Led by Chaplain Bev. Come as you can. No prior reading or preparation is required.