

# Weekly Buzz

January 9,  
2026



## Mary Ellen's Corner

Hello Friends –

New year, new me! So sorry that is not going to happen, you are going to get the same ol' fun loving Mary Ellen in 2026. But what is new...the look of The Weekly Buzz! I am sure you have already noticed, not a major change just a little freshen up on the look. Kirsten and I have worked with our Brand and Growth Department to update the look to keep it brand compliant and maybe get a few more people to look at it. Enjoy! Have a fantastic week.

Joyfully,

Mary Ellen Layman, Director of Activities

## LifeLoop Training -

### What is LifeLoop?

LifeLoop is an interactive wellness website that you can engage with right in the comfort of your own home. All Ohio Living Breckenridge Village residents have this free service to take advantage of. Mary Ellen is a huge fan of this system and will be hosting training sessions all around campus in January. We are already using LifeLoop for group activities as well and hope to continue in 2026. It was designed for seniors and is very user friendly. We hope to see you at one of our training sessions.

**The sessions are as follows:**

**January 15 at 10:30 a.m. at North**

**January 15 at 1 p.m. at Grace Woods**

**January 15 at 2:30 p.m. at Brownstone**

## Pen Pals Needed -

### Last Chance to sign-up!

We are bringing back Grandletters! This is a wonderful program where eighth-graders from the Willoughby-Eastlake School District correspond with our residents as "pen pals" for a few months back and forth. Then we arrange a lunch where you can meet your student. We will be partnering with the School of Innovation (SOI) again this year. **WE NEED 72 PARTICIPANTS!!** If you are interested, please call the sign-up line by January 12 at 440.953.1375 to be a pen pal.

## Volunteers Needed -

We are looking for volunteers for the Veale Wellness and Aquatic Center Open House on January 14, 2026, from 10 a.m. to 2 p.m. If you can help out, please call Kim Bradac at 440.942.4358 or stop by the Veale Wellness Center front desk to sign-up.

## New Classes and On-Campus Events –

### Burroughs Club Presents -

#### *Managing your Woodlands for Health and Diversity Via Zoom*

Friday, January 16

Bus Pickup 6:30 p.m./Event 7 p.m.

North Community Room

Cost: No Charge

Presented By: Joel Firem, ACF Consulting Forester of Firem Forestry Consulting, LLC. If you are interested in watching this Zoom session that lasts about 1.5 please join us in the BVN Community Room. **Registration recommended and transportation available by calling the sign-up line. Registration is now open.**

### Travels with Marilyn Presents -

#### *Portugal and Norway's Lofoton Island*

Tuesday, January 20

Bus pickup 1 p.m./Event 1:30 p.m.

Gathering Space

Cost: No Charge

Marilyn Dolence, one of our Ranch residents, invites you to her trip to Portugal and Norway's Lofoton Island. "Our first stop is warm and sunny Portugal. It is the home of explorers da Gama, Magellan and Columbus to name a few. Portugal is known for its Port wine, Fado music and much more. Next, we go to the cold Lofoton Islands in Norway where we'll see the magnificent Aurora Borealis.

## On Campus Happenings –

### The Scribblers Group Presents- Come Meet the Authors Book Signing

Tuesday, January 13  
Bus Pickup 10:30 a.m./Event 11 a.m.  
Smith Performing Arts Center  
Cost: No Charge

Come meet the authors of Pages from the Ages Volume 2, a beautiful collection of stories, essays, and poetry written by The Scribblers Group from Ohio Living Breckenridge Village. Hear them read a selection of the stories from the book and purchase your autographed copy! Registration recommended, transportation available by calling the sign-up line.

### The Veale Wellness and Aquatic Center Open House

Wednesday, January 14  
10 a.m. to 2 p.m.  
Veale Wellness and Aquatic Center  
Cost: No Charge

You are invited to join us to help celebrate the 15-year anniversary of the Veale Wellness and Aquatic Center during our Open House. Take this opportunity to bring yourself, and your family and friends to discover all the wonderful and diverse facets the Veale Wellness and Aquatic Center offers. Enjoy workout demos, healthy snacks and wellness stations. Information will be available to provide answers to the questions you may have about the VWAC, and Outpatient Therapy, as well as the ability to join our unique facility during your visit. Take this opportunity to support this exceptional part of the Ohio Living Breckenridge Campus and Community. We look forward to seeing you!

**For more information contact Kimberly English at 440.942.8031 or Kim Bradac at 440.942.4358. Please call transportation directly if you need to schedule a ride to the Open House.**

### Tuesday Evening Programming-

Jan. 13	OPUS 216
Jan. 20	<b>NO TEP</b>
Jan. 27	3 and Easy
Feb. 3	TBA
Feb. 10	Opus 216
Feb. 17	Rey Rengel
Feb. 24	TBA

### Science Friday with Joe Presents - How to Spot Pseudo-Science, Quacks and Modern Myths

Friday, January 16  
Bus Pickup 10:30 a.m./Class 11 a.m.  
Smith Performing Arts Center  
Cost: No Charge

*An apple a day? The 5-second rule? Microwaves and Cancer?* The information highway has gotten very congested and is loaded with questionable areas. “How to Spot Pseudoscience” is a comprehensive guide to analyzing how science works, spotting quacks, and dealing with various myths that pervade the media. **Registration recommended, transportation available by calling the sign-up line.**

### Campus Movies -

#### North

**Saturday, January 10**

**6:30 p.m. - NCMR**

#### *The Zookeepers Wife*

Based on Diane Ackerman's non-fiction book of the same name, the film follows the Keepers of the Warsaw Zoo, Antonina and Jan Zabinski, who must save hundreds of people and animals during the Nazi invasion in WWII Poland.

### Osborne Community Plaza

**Monday, January 12**

**5:15pm - MCA Theater**

#### *Inside Out 2*

Disney and Pixar's “Inside Out 2” returns to the mind of newly minted teenager Riley just as headquarters is undergoing a sudden demolition to make room for something entirely unexpected: new Emotions! Joy, Sadness, Anger, Fear and Disgust, who've long been running a successful operation by all accounts, aren't sure how to feel when Anxiety shows up. And it looks like she's not alone as Envy and Embarrassment tag along.

### Upcoming Trip Pickups -

1/30	Trip to Cle. Art Museum	10:15 a.m.
2/18	SUFFS the Musical	6 p.m.

## Reminders –

### Schell's Bistro -

#### Please note –

**The BISTRO will be closed Jan. 1-12.**

Hours are Tuesday through Friday starting at 11 a.m. and closes at 6 p.m. Reservations can be made during regular business hours by calling 440.497.5160. Please note that the Bistro is closed daily from 3 to 3:30 p.m. for the server's lunch.

### Severance Concert Dates Reminder -

Please mark your calendars for the following dates.

**February 20th** for Frenzied Tango

**March 20th** for Chan Conducts Bartok

**May 8th** for Wagner's Gotterdammerung

As always, these concerts also include a pre-concert lecture, coffee and donuts and an one-hour Cleveland Orchestra concert.

### Breckenridge Gift Shop -

The Breckenridge Gift Shop is open Wednesdays, Thursdays and Fridays from noon to 2 p.m.

### Specialty Recycling -

If you have used batteries, hearing aids, or eyeglasses, residents can send them through campus mail to Ken Jones or Susanne Carter. You can also drop them off at Ranch 171 or the GraceWoods front desk.

### Vision Loss Support Group -

If you are experiencing vision loss and want to connect with others for emotional support and to share ideas, please come to our vision loss support group. The group will take place on the third Wednesday of each month in the North Community Room at the North Apartments, 1 to 2 p.m. If you have any questions, please contact Rebecca Kilkenney, LISW-S at 440.954.8341 or rkilkenney@ohioliving.org.

### Hearing Loss Support Group -

Do you feel isolated due to hearing loss? Do you wish you could connect with others who understand what you're going through? If so, you are welcome to join our Hearing Loss Support Group, which takes place on the second Wednesday of each month, 11 a.m. to noon in the BV North Conference Room. If you have any questions, please contact Rebecca Kilkenney, LISW-S, 440.954.8341 or rkilkenney@ohioliving.org.

### Knife Sharpening -

The Craft and Wood Shop has a new service! We have purchased a professional knife sharpener and are prepared to put a nice sharp edge on your knives! Label each handle with your name, unit and phone number on a tape. Drop them off at in the container by the entrance to the wood shop which is in the NE corner of the North Garage. We will sharpen them and call you to arrange a time for you to pick them up. The cost is \$3 each and a \$5 minimum. \*\*We are not able to do serrated blades. If you have questions call Cal Hunter at 440.527.8233 or email: [cwhuntersr@aol.com](mailto:cwhuntersr@aol.com)

### Brain Games at Grace Woods -

Brain Games meets from 11 a.m. to noon every Monday in the Woodland Ridge Community Room at Grace Woods. Open to the entire campus. Call transportation directly at 440.954.8343 if you need a ride.

### OCP Parking -

Please refrain from parking in the two "future new resident" parking spots in front of the OCP. We want to make sure we are providing a warm welcome to the increased prospect site tours. **This includes after hours and weekends due to tours.** Thank you!

## Spiritual Life –

### Weekly Scripture Verse and Devotional from Chaplain Bev...

#### ***We can make our plans, but the Lord directs our steps. (Proverbs 16:9)***

Have you ever faced something unexpected? Maybe it was a good surprise that brought you joy or a heartbreaking tragedy that deeply affected your life. Though unexpected things happen, we continue to make plans and dreams for our lives.

We learn in Scripture that God is all-knowing, which means He knows everything that will happen everywhere in the world. He has complete knowledge of every event and action that happens. That means that even though we make our own plans, God is ultimately the one who directs our steps. He has the power to change the direction of our lives, to orchestrate details we can't even fathom and to guide us into what is best for us.

### Weekly Worship Schedule –

Held every Friday from 2:30-3:30pm in the Lyons Chapel. Open to all campus residents, family and friends. A Breckenridge bus comes each week from the North Apartments. Others can call for transportation.

Jan. 9 – Rev. Bev Wrobel (with Communion)  
Jan. 16 – Pastor Wayne DeMarco  
Jan. 23 – Chaplain Bev Wrobel  
Jan. 30 – Rev. Cassie Wolfe

### Holocaust Remembrance Service –

This very special service will be held in the Lyons Chapel on Tuesday, January 27 at 2 p.m. Initiated by the Pathways to Diversity Group, we will come together to remember and honor those impacted by the holocaust and to unite as people from all walks of life. This service is open to all residents and the community at large.

### Monthly Spiritual Life and Visitation Team Meeting –

Wednesday, January 14 from 1 to 2 p.m. in the Lyons Chapel at the Nason Center. Please attend if you are interested in learning more about these impactful ministries. For more information contact Chaplain Bev Wrobel at 440.954.8373 or [bwrobel@ohioliving.org](mailto:bwrobel@ohioliving.org)

### Chapel Choir Singers -

Chapel Choir Singers practice at 1:30 p.m. in the Lyons Chapel. Contact Marcine Petrea at 216.261.6117 or [mrcine@aol.com](mailto:mrcine@aol.com) for more information.

### Visitation Team –

The Team provides friendly visits to residents throughout the campus. They offer friendship, a listening ear and assistance to new residents in their transition. If you would like to receive a visit or be a part of the Team who makes visits, please contact Chaplain Bev Wrobel at 440.954.8373.

### Prayer Chain –

If you have a prayer request or would like to join the Prayer Team to pray for others, please call Cheryl Manos at 440-954-8361 to be added to the prayer chain. The Prayer Team is here to pray for you.

### Prayer Shawl Ministry –

Meets on the third Monday of every month from 1 to 2 p.m. in the Nason Center upper-level lobby outside the Lyons Chapel balcony. This is a social time to knit or crochet together. Prayer shawls are available in the Pastoral Care Office and can be given to residents, family and friends needing support and encouragement.

### Monthly Catholic Mass –

Provided by Immaculate Conception Church January 26, the fourth Monday of each month from 1:30 to 2 p.m. in the Lyons Chapel.

### Monthly Sunday Worship for IL Residents –

provided by Wickliffe Presbyterian Church January 25, the last Sunday of each month from 10 to 11 a.m. in the Lyons Chapel.

### Lectio Divina –

Weekly Scripture Meditation meets on Wednesdays from 10:30 to 11:30 a.m. in the Community Room at The Landing at Grace Woods. Led by Chaplain Bev. Come as you can. No prior reading or preparation is required.

**Please call transportation directly at 440.954.8343 for a ride to any Spiritual Life program 24 hours before the event.**

**Sign-up Line 440.953.1375**