

Weekly Buzz

July 31,
2026



Mary Ellen's Corner -

Hello Friends -

I am just looking over the month of August, and it looks jam packed. I am so grateful to my team Kirsten, Georgette, Kim, Kimberly and Olivia for putting together an amazing month of programs and outings. It is so important to us to provide you with the programming you want to experience. Please don't hesitate to give us suggestions. Your feedback, good or bad, is valuable. I keep a list of things that residents have wanted to do and love checking them off as we make them happen. Here's to another amazing month of making memories, fun experiences, and learning. Have a fantastic week. Joyfully,
Mary Ellen Layman, Director of Activities

50 Cards for Ryan's 50th Birthday

Ryan, head of our Culinary Department, is turning 50 soon! We are asking that everyone on campus send a birthday card to the IL Activities team so we can surprise him with AT LEAST 50 birthday cards (or more!) Feel free to drop the cards off to your front desk or send intra-campus mail with the card addressed to Ryan and sent to c/o Kirsten Ross IL Activities. Let's all show Ryan how much we appreciate him. Please send by Sunday, August 2.

Tuesday Evening Programs -

Please call the signup line if you need transportation by the Monday before the program. Bus pickup starts at 6:15 p.m. for GW and 6:30 p.m. for main campus. All Programs start at 7 p.m.

8/4 NO TEP

8/11 NO TEP

8/14 Cliff Habian, pianist

EXERCISE on BVTV 1855 is Back

We wish we knew why it disappeared in the first place, but what matters is it is back on. At 10:00 a.m. Monday through Saturday you can tune into Channel 1855, also known as BVTV and do a morning workout. Enjoy!!

36851 Ridge Rd. | Willoughby, OH 44094

Jim & Ceale Myers Summer Concert

Series at Grace Woods Presents -

Blue Lunch Band

Thursday, August 13

Bus Pickup 6 p.m.

Event 6:30 p.m.

Grace Woods Pavilion

Cost: No Charge

The late 1940's and early 1950's were a magical time in American musical history, when blues, rhythm & blues, swing and rock & roll were all one thing. Blue Lunch explores that music and makes it their own. Eight virtuoso musicians, performing on guitar, piano, upright bass, drums, harmonica, saxophones, trumpet, and trombone, make up the band. They've performed at dozens of concerts, festivals, dances, clubs and private functions throughout the mid-West. In addition to their exciting instrumental work, Blue Lunch also boasts at least five vocalists and includes do-wop style harmonies in their repertoire. Blue Lunch has recorded and released five cds, Recorded Live at Wilberts, Eyes Wide Open, Not Live at the Copa., Big Sound Blues., and their newest, Sideswiped. The cds have received airplay all over the world.

For 42 years, The Blue Lunch Band has been a staple of the Northeast Ohio music scene, bringing blues, soul, r&b and jazz as well as originals to life. **Transportation available by calling the signup line.**

Trip Pickups

8/7	Kiss Me Kate w/dinner	3:45 p.m.
8/19	Breakfast in the Park	7:45 a.m.*
	Fairport Harbor	
8/26	Nat'l History Museum	10:15 a.m.
8/28	World Goes Round	3:45 p.m.
	w/dinner	

**** Please note this trip has an early pickup time**

Sign-up Line 440.953.1375

New Classes and Events

Tech Concierge with I-Connect

Monday, August 10

10 a.m.-12 p.m. – Rivers Edge Pub

1 p.m.-3 p.m. – North Private Dining Room

Cost: No Charge

If you need help with your phone, laptop or tablet, our Tech Concierge partner, John from I-Connect will be happy to help. Please call or sign up at the front desk of the buildings listed above.

Aging Well Series 2026 Presents -

Tech Talk & Orientation Mobility with

Cleveland Sight Center

Monday, August 24

Bus Pick up 1:30 p.m.

Class 2 p.m.

Smith Performing Arts Center

Cost: No Charge

This month's wellness talk will be led by an Assistive Technology Specialist and Orientation and Mobility Specialist from our Rehabilitation department. It will cover the technology and operations and maintenance services offered and will provide recommendations for the use of smart phones, tablets, and computers, as well as techniques for human guides. This session is designed for individuals who are blind/low vision and their family, friends, and caregivers. **Reservations REQUIRED and transportation available by calling the signup line. Reservations open now through Thursday August 20 at 5 p.m.**

Lake Metro Parks Presents -

Buzz the Turkey Vulture

Thursday, August 27

Bus Pickup 12:30 p.m.

Event 1 p.m.

Smith Performing Arts Center

Cost: No Charge

Animal Ambassador Buzz will be here to educate us on Turkey Vultures. Often called the most misunderstood bird in North America, come find out how important turkey vultures are to our eco-system.

Reservations recommended and transportation available by calling the sign-up line.

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Book Study on Dominic Crossan: The Greatest Prayer

Starting Wednesday September 16 (LA) or September 17 (GS)

4 p.m.

Cost: Book purchase made on your own

In this text the author reflects, both deep and wide, on each petition of the Lord's Prayer. Join Susanne Carter and Ken Jones either in the Community Room at the Landing on Wednesdays or in the Gathering Space at OCP on Thursdays, both times at 4 PM. The first of the 10 sessions will be on September 16 / 17 respectively, and the last one will happen during the week before Thanksgiving. Sign up for either location, purchase a copy of the book ***Dominic Crossan: The Greatest Prayer***, and read the Prologue before the first meeting.

Call the signup line to register.

Reservations REQUIRED, space is limited. Transportation NOT available. Please indicate which day you prefer.

Campus Movies -

North

Saturday, August 1

6:30 p.m. - NCMR

Penguin Bloom

A 2021 Australian drama film based on a true story of Sam and Cameron Bloom's family and their interactions with an Australian magpie named 'Penguin'.

Grace Woods Movie

Saturday, August 1

7 p.m. - Reserve Community Room

No Movie This Week

Osborne Community Plaza

Monday, August 3

4:30 p.m. – MCAT

No Movie This Week

Bus Pickups Times for the Jim &

Ceale Myers Summer Concerts -

Please note that the concert on August 13 starts earlier than the rest of the concerts.

8/13 Blue Lunch Band 6 p.m.

Sign-up Line 440.953.1375

Campus Happenings -

Live From Chautauqua Week -

America at 250

Monday August 3-Friday August 7

Bus Pickup 10 a.m.

Events 10:30 a.m.

Smith Performing Art Center

Cost: No Charge

Chautauqua presents Week Six, "America at 250: In Partnership with The Colonial Williamsburg Foundation." The milestone anniversary offers an opportunity to survey the previous quarter millennium – how a collection of British colonies became the world's pre-eminent constitutional democracy, with major successes, failures and continued struggles along the way – alongside world-renowned leaders in historical education.

Monday-Tuesday, August 3 & 4

Speakers - Ken Burns & Jeffrey Rosen

Chautauqua welcomes them back to the Amphitheater stage for a two-day conversation on themes and threads from the pair's latest projects: for Burns, the November 2025 PBS documentary "The American Revolution," and for Rosen, his October 2025 book *The Pursuit of Liberty: How Hamilton and Jefferson Ignited the Lasting Battle Over Power in America*.

Wednesday, August 5

Speakers David W. Blight & Tiya Miles

On Wednesday, two of the country's pre-eminent historians present a mainstage conversation about the moral foundations of the Declaration of Independence and the Constitution, and how they have been interpreted and reinterpreted throughout American history.

Thursday, August 6

Speaker Melody Barnes

The founding executive director of the University of Virginia's Karsh Institute of Democracy, she joins Chautauqua's weeklong exploration of "America at 250" with remarks reflecting on the foundations of democracy and justice, tracing throughlines from the country's founding to the work of democracy today.

Friday, August 7

Speaker Robert P. George

A McCormick Professor of Jurisprudence and director of the James Madison program in American Ideals and Institutions at Princeton University, he will help close Chautauqua's week commemorating "America at 250" with his perspective on the significance of "freedom of conscience" in the American founding and ongoing experiment.

Reservations recommended.

Transportation will be available and coffee/hot tea will be served. Signups will begin on Monday, July 20 at Noon.

Willoughby Summer Theatre

Presents - A Salute to America

Thursday, August 6

Bus Pickup 6:30 p.m.

Event 7 p.m.

Smith Performing Arts Center

Cost: No Charge

We are so happy to have Willoughby Summer Theater back on our campus! Celebrate America's 250th anniversary with ***A Salute to America***, a patriotic performance featuring music, song, and spoken word, including a special tribute honoring our active and retired members of the Armed Forces. **Reservations recommended, transportation available by calling the signup line by Wednesday, August 7.**

Lake Metro Parks Presents -

Sylvia the Wood Duck

Thursday, August 13

Bus Pickup 12:30 p.m.

Class 1 p.m.

Smith Performing Arts Center

Join Animal Ambassador Sylvia and learn all about wood ducks. The Wood Duck is one of the most stunningly pretty of all waterfowls. Males are iridescent chestnut and green, with ornate patterns on nearly every feather; the elegant females have a distinctive profile and delicate white pattern around the eye. These birds live in wooded swamps, where they nest in holes in trees or in nest boxes put up around lake margins.

Reservations are recommended and transportation is available by calling the signup line.

Science Friday with Joe Presents - A GUIDE TO EVOLUTION

Week one: introduction

Friday, August 21

Bus Pickup 10:30 a.m.

Class 11 a.m.

Smith Performing Arts Center

Cost: No Charge

You don't have to be a scientist to enjoy this week's journey through time as we visualize just how old the earth is and how long humans have been around. We'll discuss exactly what is meant by scientific theory, and why evolution is the central unifying concept in biology. Suggested text: *Evolution: The Triumph of an Idea* by Carl Zimmer, available online for less than \$10. (This will be a useful aid for the next nine sessions)

Reservations recommended and transportation available by calling the sign-up line.

Reminders -

Schell's Bistro

Hours are Tuesday through Friday starting at 11 a.m. and closing at 6 p.m. Reservations can be made during regular business hours by calling 440.497.5160. Please note that the Bistro is closed daily from 3-3:30 p.m. for the server's lunch.

Mindfulness with Jen

Wednesday Evenings

2nd at 6:30 p.m. in the BVN Community

4th at 6:30 p.m. in the GW Reserve

Community Room

This is a perfect way to end your day with mindfulness practices provided by Jen Bradac, OT. Everyone is welcome, no reservation required. Transportation **not** provided.

Music and Meditation with Catherine

The 1st and 3rd Thursday of the month

Thursday, August 6 & 20

Class 3 p.m.

1st Thursday at GW Woodland Ridge
Community Room

3rd Thursday at BVN Community Room

Cost: No Charge

This late afternoon program will combine live music and meditation practices provided by Catherine Otto-Hadley, MT-BC. **Everyone is welcome.** Transportation **not** provided.

Hearing Loss Support Group -

Do you feel isolated due to hearing loss? Do you wish you could connect with others who understand what you're going through? If so, you are welcome to join our Hearing Loss Support Group, which takes place on the second Wednesday of each month, 1-2 p.m. in the BV North Conference Room. If you have any questions, please contact Rebecca Kilkenney, LISW-S, 440.954.8341 or rkilkenney@ohioliving.org.

Vision Loss Support Group -

If you are experiencing vision loss and want to connect with others for emotional support and to share ideas, please come to our vision loss support group. The group takes place on the third Wednesday of each month in the North Community Room at the North Apartments, 1-2 p.m. If you have any questions, please contact Rebecca Kilkenney, LISW-S at 440.954.8341 or rkilkenney@ohioliving.org.

Music with Catherine

The 2nd and 4th Thursdays of the month

Thursday, August 13 & 27

2:30 p.m.

Shafer-Schweitzer House Dining Room

Cost: No Charge

Join us for this new music group led by Catherine Hadley, MT-BC, where we sing your favorite songs, play some new instruments and share some stories. This group is for you if you enjoy music, want to connect with others and have some fun. This program is made possible by a generous donation to the Ohio Living Fund. Everyone is welcome. Transportation is **not** provided.

Kiss Me Kate and Dinner

Friday, August 7
Bus Pickup 3:45 p.m.

Trip level 3

Dinner at 4:30p.m. – Springhill Winery
Show at 7p.m. – Rabbit Run Theatre

Cost: \$60

Join us for a fantastic time at Spring Hill Winery for a Chicken Parmesan dinner and a wine tasting. After dinner, we will head to the wonderful Rabbit Run Theatre in Madison for the dazzling Broadway classic that earned the very first Tony award for Best Musical, Kiss Me Kate. **Trip is full. Call to be put on the waiting list.**

Breakfast in the Park at Fairport

Harbor Beach

Wednesday, August 19
Bus Pickup 7:30 a.m.
Event 8:30 a.m.

Trip level 3

Cost: \$5

Breakfast tastes better outdoors! Seniors are invited to enjoy a free breakfast in the park during the summer, with one morning each month hosted at a different Lake Metroparks location. After breakfast, take part in guided activities or explore the park at your own pace. **Trip is full. Call the signup line to be put on the wait list.**

TRIP LEVELS

In an effort to clarify questions about trips we are now providing a guideline to the amount of walking and standing during a trip. The guidelines are:

Level 1-Riding and/or very little walking

Level 2-Minimal walking

Level 3-Extensive walking and/or stairs

Level 4-Strenuous-long periods of walking

OCP Parking

Please refrain from parking in the two "future new resident" parking spots in front of the OCP. We want to make sure we provide a warm welcome to the increased prospect site tours. **This includes after hours and weekends due to tours.** Thank you!

Natural History Museum

Wednesday, August 26
Bus Pickup 10:15 a.m.
Event 11 a.m.- 2 p.m.

Trip level 4

Natural History Museum of Cleveland

Cost: \$24 plus food on your own at the café in the museum

You're about to experience natural history like never before! For more than a century, the Cleveland Museum of Natural History has inspired a passion for science and nature. In December 2024, we completed the most sweeping transformation in our history, unveiling more than 375,000 square feet of new and expanded spaces and more than 2 acres of outdoor visitor areas. **Trip is full. Please call to be put on the wait list.**

The Musical Revue, The World Goes 'Round and Dinner at Grand River Cellars

Friday, August 28
Bus Pickup 3:45 p.m.

Trip Level 3

Dinner at 4:30p.m. – Grand River Cellars
Show at 7p.m. – Rabbit Run Theatre

Cost: \$63

Join us for a wonderful time at Grand River Cellars for a half chicken and rib dinner and wine tasting. After dinner, we will head to the amazing Rabbit Run Theatre in Madison to see a brilliantly constructed retrospective of prolific musical theatre collaborators, Kander and Ebb. *The World Goes 'Round* is a stunning revue of the songbook from the multi-Tony award-winning team, with the original production winning three Drama Desk Awards. The cost of the trip includes the wine tasting, dinner with dessert, cost of ticket and bus. **Trip is full. Call to be put on the waiting list.**

Spiritual Life -

Weekly Scripture Verse and Devotional from Chaplain Bev...

“What do you mean, ‘If I can?’” Jesus asked. “Anything is possible if a person believes.” The father instantly cried out, “I do believe, but help me overcome my unbelief!” (Mark 9:23-24)

The author of Mark writes about an emotionally charged scene where a father, surrounded by a crowd, is asking Jesus to help his son who is possessed by an evil spirit. Jesus responds, “‘If I can?’ ... Anything is possible if a person believes.” And the next verse contains the father’s response, confessing that he does believe, but asks Jesus to help him overcome his unbelief! This pair of verses extends a rich invitation to dive deep into the questions: What is belief? Why is it so important to Jesus? What can we do when we both believe and doubt at the same time? The answers can be found in Jesus’ answer. He confronts our “if” with His “anything.” His ability isn’t what’s in question, our belief is. Do we trust Him? Are we confident in Him? Like the boy’s father, we can confess that we’re experiencing both belief and doubt at the same time, trusting God is able to do “anything” with the faith we do have. Believing in the One who created us stabilizes us. Jesus cherishes our belief because, without it, we can’t know Him. It’s the first necessary thing. It’s what allows everything else to follow and anything at all to become possible.

Weekly Traditional Worship Schedule

Held every Friday from 2:30-3:30 p.m. in the Lyons Chapel. Open to all campus residents, family and friends. Come and worship with great music and an engaging message. A Breckenridge bus comes each week from North Apartments. Others can call for transportation. July 31 – Rev. Barbara Holzhauser

August 7 – Rev. Barbara Holzhauser

Chapel Choir Singers -

The choir is growing! Please join us if you enjoy singing! Chapel Choir Singers practice on Fridays at 1:30 in the Lyons Chapel and sing each week in the worship service at 2:30 p.m. Contact Marcine Petrea at 216.261.6117 or mrcine@aol.com for more information.

Volunteers Needed -

Fridays at 2:00 to transport FHC and Nason residents to and from chapel worship. Please call Cheryl Manos at 440-954-8361 for more information or just show up.

Spiritual Care/Visitation Team -

Visitation Team meeting **July 8 at 1 p.m.** Meetings alternate on the second Wednesdays of the month from 1-2 p.m. in the Lyons Chapel. The Spiritual Care Team meets on odd months, and the Visitation Team meets on even months. Please attend if you are interested in learning more about these impactful ministries. For more information contact Chaplain Bev Wrobel at 440.954.8373 or bwrobel@ohioliving.org

Prayer Chain -

If you have a prayer request or would like to join the Prayer Team to pray for others, please call Cheryl Manos at 440-954-8361 to be added to the prayer chain. The Prayer Team is here to pray for you.

Prayer Shawl Ministry -

Meets on the third Monday of every month from 1-2 p.m. in the Nason Center upper-level lobby outside the Lyons Chapel balcony. This is a social time to knit or crochet together. Prayer shawls are available in the Spiritual Care Office and can be given to residents, family and friends who need support and encouragement.

Monthly Catholic Mass -

July 27, the fourth Monday of each month from 1:30-2:00 in the Lyons Chapel. Provided by Immaculate Conception Church

Monthly Sunday Worship -

For ALL Independent Living Residents **July 26**, the last Sunday of each month from 10-11a.m. in the Lyons Chapel. Please join us if you do not have a church home.

Lectio Divina -

Wednesdays from 10:30 - 11:30 a.m. in the Community Room at The Landing at Grace Woods. Weekly Scripture Meditation meets on Wednesdays. Led by Chaplain Bev. Come as you can. No prior reading or preparation is required.

Please call transportation directly at 440.954.8343 for a ride to any Spiritual Life program 24 hours before the event.

Sign-up Line 440.953.1375