## **MARCH 2025** ~ IL Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March Highlights: Women's History Month National Social Workers Month Mindfulness with Jen moves to Wednesday nights.	Independent Living (IL) Activity Department Signup Line 440.953.1375  Please see back of calendar for glossary of terms.		Ash Wednesday March 5, 2025 Distribution of Ashes for IL  1:00 to 1:30 North NCMR 1:45 to 2:25 SSH SDR 2:30 to 3:00 Brownstone BR 3:30 to 4:00 Grace Woods REP			1 Ramadan begins 10:00 Exercise on BVTV 7:00 BVN Movie NCMR
9:00 Rosary NCMR 9:15 Communion NCMR 9:30 Communion CP 6:30 Hymn Sing NL 7:00 Ice Cream Social BR	3 10:00 Exercise on BVTV 10:00 Chair Yoga NCMR 10:00 Chair Exercise RS 10:30 BP Checks RS 11:00 Brain Games WR 11:00 BP Checks AR 12:30 North Pantry Open 1:00 SSH Pantry Open	9:30 Scribblers NCFR 9:30 Painting with Kathy AR 10:00 Exercise on BVTV 10:00 Rosary CP 10:30 Great Decisions GS 11:00 Trivia BR 11:00 Mardi Gras Event PAC 11:30 Chair Yoga RS 1:00 1st Pres. Bible Study NCFR 1:00 Bridge – LCR 1:00 Chair Exercise NCMR 2:00 Trivia NCMR 2:00 Trains Running TR 7:00 TEP Going Gray PAC	5 Ash Wednesday 10:00 Exercise on BVTV 10:00 Chair Yoga NCMR 10:00 Care Cards RS 10:30 Scripture Meditation LCR 11:00 LDL Art Museum PAC 12:30 North Pantry Open 1:00 SSH Pantry Open 1:00 Bridge BRP & REP 1:00 Coloring Fun NPD 2:00 NO Chair Exercise BR 3:00 Chair Exercise SDR 6:30 Mindfulness w/Jen MR 7:00 North Bingo NCMR	6 10:00 Exercise on BVTV 10:00 Care Cards NCMR 10:30 BP Checks N 1:00 Care Cards AR 1:30 Grief Share NPD 2:00 Chair Exercise NCMR 2:30 Chair Volleyball WC 6:00 LCR Dice Game NCMR	9:30 Rosary NCFR 10:00 Exercise on BVTV 10:00 Chair Exercise RS 11:00 Science Fri w/Joe PAC 12:30 North Pantry Open 1:00 NO Bell Rehearsal LC 1:30 Chapel Choir Rehearsal LC 2:00 Chair Exercise BR 2:30 Chapel Service NSDR 7:00 BRN Movie BR	8 10:00 Exercise on BVTV 7:00 BVN Movie NCMR  Spring forward one hour before you go to bed. Daylight Savings starts on March 9 <sup>th</sup> .
9 Daylight Savings Begins 9:00 Rosary NCMR 9:15 Communion NCMR 9:30 Communion CP 6:30 Hymn Sing NL 7:00 Ice Cream Social BR	10 10:00 Exercise on BVTV 10:00 Chair Yoga NCMR 10:00 Chair Exercise RS 10:00 Fiber Arts Group AR 10:30 BP Checks RS 11:00 Brain Games WR 11:00 BP Checks CP 12:30 North Pantry Open 1:00 SSH Pantry Open 1:30 Resident Forum NCMR 6:00 SSH Bingo SDR	9:30 BRN Coffee BR 9:30 Painting with Kathy AR 10:00 Exercise on BVTV 10:00 Rosary CP 10:00 BVN Social Comm. NPD 10:00 Art Museum Pick Ups 11:00 Trivia BR 11:30 Chair Yoga RS 12:30 Group Reiki MCAT 1:00 1st Pres. Bible Study NCFR 1:00 BV Book Club AR 1:00 Bridge – LCR 1:00 Chair Exercise NCMR 1:30 GW Bookies REP 2:00 Trivia NCMR 2:00 Trains Running TR 7:00 TEP OPUS 216 PAC	12 10:00 Exercise on BVTV 10:00 Chair Yoga NCMR 10:00 Care Cards RS 10:30 Scripture Meditation LCR 11:00 Hearing Loss Support NCFR 12:30 North Pantry Open 1:00 SSH Pantry Open 1:00 Bridge BRP & REP 1:00 Coloring Fun NPD 1:00 Spiritual Life Comm. NC 1:00 Chautauqua Talk PAC 2:00 Chair Exercise BR 3:00 Ranch Soc. Comm R48 3:00 Chair Exercise SDR 6:30 Mindfulness w/Jen NCMR	13 Purim begins 9:00 Pancake Breakfast PAC 10:00 Exercise on BVTV 10:30 BP Checks N 1:30 Grief Share NPD 2:00 Chair Exercise NCMR 2:30 Chair Volleyball WC 6:00 LCR Game AR  Annual Pancake Breakfast Today in the PAC at OCP 9:00 to 11:00	9:00 Severance Pick Ups 10:00 Exercise on BVTV 10:00 Campus Corner PAC 10:00 Chair Exercise RS 11:00 Campus Corner RS 1:00 Campus Corner NCMR 1:00 NO Bell Rehearsal LC 1:30 Chapel Choir Rehearsal LC 2:00 North Pantry Open 2:00 Chair Exercise BR 2:30 Chapel Service NSDR 7:00 BRN Movie BR	15 10:00 Exercise on BVTV 7:00 BVN Movie NCMR

9:00 Rosary NCMR 9:15 Communion NCMR 9:30 Communion CP 12:30 Symphony Pick Ups 6:30 Hymn Sing NL 7:00 Ice Cream Social BR	17 St. Patrick's Day 10:00 Exercise on BVTV 10:00 Chair Yoga NCMR 10:00 Chair Exercise RS 10:30 BP Checks RS 11:00 NO Brain Games WR 11:00 BP Checks AR 12:30 North Pantry Open 1:00 SSH Pantry Open 1:00 Prayer Shawls NC 1:30 Care Partners OCP	9:30 Scribblers NCFR 9:30 Painting with Kathy AR 10:00 Exercise on BVTV 10:00 Rosary CP 10:30 Great Decisions GS 11:00 Trivia BR 11:30 Chair Yoga RS 1:00 1st Pres. Bible Study NCFR 1:00 Bridge – LCR 1:00 Chair Exercise NCMR 1:30 Travels w/Marilyn MCAT 2:00 Trivia NCMR 2:00 Trains Running TR 2:00 GW Writers Grp RS#304 7:00 TEP Snowbelt PAC	19 10:00 Exercise on BVTV 10:00 Chair Yoga NCMR 10:00 BRN Social Comm BR 10:00 Care Cards RS 10:30 Scripture Meditation LCR 12:30 North Pantry Open 1:00 SSH Pantry Open 1:00 Bridge BRP & REP 1:00 Coloring Fun NPD 1:00 Vision Loss Support NCMR 2:00 Chair Exercise BR 3:00 Chair Exercise SDR 6:30 Mindfulness w/Jen RS 7:00 North Bingo NCMR	10:00 Exercise on BVTV 10:00 Care Cards NCMR 10:30 BP Checks N 1:00 Care Cards AR 1:30 Grief Share NPD 2:00 Chair Exercise NCMR 2:30 Chair Volleyball WC 6:15 Simon & Garfunkel PickUps	10:00 Exercise on BVTV 10:00 Chair Exercise RS 10:30 Laughter Exercise WC 12:30 North Pantry Open 1:00 NO Bell Rehearsal LC 1:30 Chapel Choir Rehearsal LC 1:30 Monthly Birthday Mixer PAC 2:00 Chair Exercise BR 2:30 Chapel Service NSDR 7:00 BRN Movie BR	10:00 Exercise on BVTV 7:00 BVN Movie NCMR
9:00 Rosary NCMR 9:15 Communion NCMR 9:30 Communion CP 6:30 Hymn Sing NL 7:00 Ice Cream Social BR	10:00 Exercise on BVTV 10:00 Chair Yoga NCMR 10:00 Chair Exercise RS 10:30 BP Checks RS 11:00 Brain Games WR 11:00 BP Checks AR 12:30 North Pantry Open 1:00 SSH Pantry Open 1:30 NO Catholic Mass LC 2:00 Aging Well Talk PAC 2:30 Bible Recap Mtg. NPD 6:00 SSH Bingo SDR	9:30 BRN Coffee BR 9:30 Painting with Kathy AR 10:00 Rosary CP 10:00 Exercise on BVTV 11:00 Trivia BR 11:30 Chair Yoga RS 1:00 1st Pres. Bible Study NCFR 1:00 Bridge – LCR 1:00 Chair Exercise NCMR 2:00 Trivia NCMR 2:00 Trains Running TR 2:00 Pathways to Diversity PAC 7:00 TEP Mike & Molly PAC	10:00 Exercise on BVTV 10:00 Chair Yoga NCMR 10:00 Care Cards RS 10:00 Curana Event PAC 10:30 Scripture Meditation LCR 12:30 North Pantry Open 1:00 Chautauqua Talk PAC 1:00 SSH Pantry Open 1:00 Bridge BRP & REP 1:00 Coloring Fun NPD 2:00 Chair Exercise BR 2:00 Classic Book Club MCAT 3:00 Chair Exercise SDR 6:30 Mindfulness w/Jen NCMR	10:00 Exercise on BVTV 10:30 BP Checks N 10:30 Bookworms NPD 1:00 Women in History PAC 1:30 Grief Share NPD 2:00 Chair Exercise NCMR 2:30 Chair Volleyball WC 6:00 Movie MCAT	10:00 Exercise on BVTV 10:00 Campus Corner PAC 10:00 Chair Exercise RS 11:00 Campus Corner RS 1:00 Campus Corner NCMR 1:00 NO Bell Rehearsal LC 1:30 Chapel Choir Rehearsal LC 2:00 North Pantry Open 2:00 Chair Exercise BR 2:30 Chapel Service NSDR 7:00 BRN Movie BR	10:00 Exercise on BVTV 7:00 BVN Movie NCMR
9:00 Rosary NCMR 9:15 Communion NCMR 9:30 Communion CP 10:00 NO Wick. Pres. Service 6:30 Hymn Sing NL 7:00 Ice Cream Social BR	31 10:00 Exercise on BVTV 10:00 Chair Yoga NCMR 10:00 Chair Exercise RS 10:30 BP Checks RS 11:00 Brain Games WR 11:00 BP Checks AR 12:30 North Pantry Open 1:00 SSH Pantry Open			BRN - Brownstone Includes: BR - Brownstone Community Room BRP - Brownstone Pub  Chapel Includes: LC - Lyons Chapel NSDR - Nason Skyview Dining Room  GW - Grace Woods Includes: LCR - GW Landing Comm. Rm GDR - Gullybrook Dining Rm GWW - RE/RS Walkway RS - Reserve Community Rm REP - River's Edge Pub RVC-Riverview Cafe WR - Woodland Ridge Community Room	BVN -North Includes: CWS-Craft/Woodshop N - North Apartments NCFR - North Conference Room NPD - North Private Dining Room NL - North Lobby NCMR - North Community Room  OCP - Osborne Community Plaza Includes: AR - MCA Art Room GS - Gathering Space MCAT - MCA Theater MR - MCA Music Room PAC - Smith Performing Arts Center SB - Schell's Bistro	SSH – Shafer/ Schweitzer House Includes: CP - SSH Creative Place SDR - SSH Dining Room  WC – Veale Wellness & Aquatic Center  Other: BVTV - Channel 1855 LDL-Long Distance Learning NC – Nason Center PPL – Patterson Parking Lot SG – Shady Grove TEP – Tuesday Evening Program