

# November 2024 ~ Independent Living Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>OCP – Osborne Community Plaza</b> <i>Includes:</i> AR - MCA Art Room GS - Gathering Space MCAT - MCA Theater MR - MCA Music Room PAC – Smith Performing Arts Center SB - Schell's Bistro <b>SSH – Shafer/ Schweitzer House</b> <i>Includes:</i> CP - SSH Creative Place SDR - SSH Dining Room <b>Chapel</b> <i>Includes:</i> LC – Lyons Chapel</p>	<p><b>BRN – Brownstone</b> <i>Includes:</i> BR - Brownstone Comm. Room BRP - Brownstone Pub</p> <p><b>WC – Veale Wellness &amp; Aquatic Center</b></p> <p><b>BVN – Breckenridge North</b> <i>Includes:</i> CWS-Craft/Woodshop N - North Apartments NCFR - North Conference Room NPD - North Private Dining Room NL - North Lobby NCFR – North Community Room</p>	<p><b>GW - Grace Woods</b> <i>Includes:</i> GDR – Gullybrook Dining Room LCR – Landing Community Room RS - Reserve Community Rm REP - River's Edge Pub</p> <p><b>Other:</b> BVTV - Channel 1855 CW – Campus Wide LDL-Long Distance Learning PPL – Patterson Parking Lot SG – Shady Grove TEP – Tuesday Evening Program</p>			<p>1 <b>All Saints Day</b> <b>Diwali</b> 10:00 Exercise w/ Mike BVTV 10:00 Chair Exercise RS 11:00 Science Friday w/Joe PAC 1:00 NO Bell Choir Rehearsal LC 1:30 Chapel Choir Rehearsal LC 2:00 North Pantry Open 2:00 Chair Exercise BR 2:30 Chapel Service LC 7:00 BRN Movie BR</p>	<p>2 <b>All Souls Day</b> <b>Dia de los Muertos</b> <i>(Day of the Dead)</i> 10:00 Exercise w/ Mike BVTV  7:00 BVN Movie NCMR</p> <p><b>Remember to set you clocks back one hour before you go to bed tonight...FALL BACK</b></p>
<p>3 <b>Daylight Savings Ends</b> 9:00 Rosary NCMR 9:15 Communion NCMR 9:30 Communion CP 6:30 Hymn Sing NL 7:00 Ice Cream on the Parlor BR</p>	<p>4 10:00 Exercise w/ Mike BVTV 10:00 Chair Yoga NCMR 10:00 Chair Exercise RS 10:30 BP Checks RS 11:00 Brain Games WR 12:30 North Pantry Open 1:00 SSH Pantry Open <b>1:00 Doc of Rock Program RS</b> 2:00 BP Checks AR 2:30 Chosen #4 NPD 6:00 Mindfulness w/ Jen NCMR 7:00 Mindfulness w/ Jen GDR</p>	<p>5 <b>Election Day</b> 9:30 Scribblers NCR 9:30 Painting with Kathy AR 10:00 Exercise w/ Mike BVTV 10:00 Rosary CP 10:45 Chair Yoga RS 11:00 Trivia BR 1:00 First Pres. Bible Study NCR 1:00 Bridge – LCR 1:00 Chair Exercise NCMR 2:00 Trivia NCMR 2:00 Trains Running TR <b>7:00 TEP Synergy PAC</b></p>	<p>6 10:00 Exercise w/ Mike BVTV 10:00 Chair Yoga NCMR 10:00 Care Cards RS 10:30 Scripture Meditation LCR 11:00 LDL Art Museum PAC 12:30 North Pantry Open 1:00 SSH Pantry Open 1:00 Bridge BRP &amp; REP 1:00 Coloring Fun NPD <b>1:00 Curana Wellness Talk PAC</b> 2:00 Chair Exercise BR 4:00 Bible Discussion LCR 7:00 North Bingo NCMR</p>	<p>7 10:00 Exercise w/ Mike BVTV 10:00 Care Cards NCMR 10:30 BP Checks N <b>1:00 Chautauqua Series RS</b> 1:00 Care Cards AR 1:30 Grief Share NPD 2:00 Chair Exercise NCMR 2:30 Chair Volleyball WC 4:00 Bible Discussion GS 6:00 Game Night NCFR</p>	<p>8 10:00 Exercise w/ Mike BVTV <b>10:00 Campus Corner PAC</b> 10:00 Chair Exercise RS <b>11:00 Campus Corner RS</b> <b>1:00 Campus Corner NCMR</b> 1:00 NO Bell Choir Rehearsal LC 1:30 Chapel Choir Rehearsal LC <b>2:00 Veterans Day Program PAC</b> 2:00 North Pantry Open 2:00 Chair Exercise BR 2:30 Chapel Service LC 7:00 BRN Movie BR</p>	<p>9 10:00 Exercise w/ Mike BVTV  7:00 BVN Movie NCMR</p>
<p>10 9:00 Rosary NCMR 9:15 Communion NCMR 9:30 Communion CP 6:30 Hymn Sing NL 7:00 Ice Cream on the Parlor BR</p>	<p>11 <b>Veterans Day</b> 10:00 Exercise w/ Mike BVTV 10:00 Chair Yoga NCMR 10:00 Chair Exercise RS 10:00 Fiber Arts Group AR 10:30 BP Checks RS 11:00 Brain Games WR 12:30 North Pantry Open 1:00 SSH Pantry Open <b>1:30 Resident Forum NCMR</b> 2:00 BP Checks AR 6:00 SSH Bingo PAC 6:00 Mindfulness w/ Jen NCMR 7:00 Mindfulness w/ Jen MR</p>	<p>12 9:30 BRN Coffee BR 9:30 Painting with Kathy AR 10:00 Exercise w/ Mike BVTV 10:00 Rosary CP 10:45 Chair Yoga RS 11:00 NO Trivia BR <b>11:30 Volunteer Lunch PAC</b> 1:00 First Pres. Bible Study NCFR 1:00 BV Book Club AR 1:00 Bridge – LCR 1:00 Chair Exercise NCMR 2:00 NO Trivia NCMR 2:00 Trains Running TR 2:30 GW Bookies RS <b>7:00 NO TEP</b></p>	<p>13 10:00 Exercise w/ Mike BVTV 10:00 Chair Yoga NCMR 10:00 Care Cards RS 10:30 Scripture Meditation LCR 12:30 North Pantry Open 1:00 SSH Pantry Open 1:00 Bridge BRP &amp; REP 1:00 Coloring Fun NPD <b>1:00 AOA Choir Performs NMCR</b> 1:00 Spiritual Life Comm. LC 1:30 Hearing Loss Group 2:00 Chair Exercise BR 3:00 Ranch Social Comm R48 4:00 Bible Discussion LCR <b>6:00 Some Like It Hot Pick ups</b></p>	<p>14 10:00 Exercise w/ Mike BVTV 10:00 Care Cards NCMR <b>10:00 Town Hall w/ Kara PAC</b> 10:30 BP Checks N 1:30 Grief Share NPD 2:00 Chair Exercise NCMR 2:30 Chair Volleyball WC 4:00 Bible Discussion GS 6:00 BIG BINGO PAC</p>	<p>15 10:00 Exercise w/ Mike BVTV 10:00 Chair Exercise RS 12:30 North Pantry Open 1:00 NO Bell Choir Rehearsal LC 1:30 Chapel Choir Rehearsal LC 2:00 Chair Exercise BR <b>2:30 Remembrance Service LC</b> 7:00 BRN Movie BR</p>	<p>16 10:00 Exercise w/ Mike BVTV  7:00 BVN Movie NCMR</p>

<p>17 9:00 Rosary NCMR 9:15 Communion NCMR 9:30 Communion CP 6:30 Hymn Sing NL 7:00 Ice Cream on the Parlor BR</p>	<p>18 10:00 Exercise w/ Mike BVTV 10:00 Chair Yoga NCMR 10:00 Chair Exercise RS 10:30 BP Checks RS 11:00 Brain Games WR 12:30 North Pantry Open 1:00 SSH Pantry Open <b>1:00 Movie: Varsity in Mariachi PAC</b> 1:30 Care Partners OCP 2:00 BP Checks AR 6:00 Mindfulness w/ Jen NCMR 7:00 Mindfulness w/ Jen GDR</p>	<p>19 9:30 Scribblers NCR 9:30 Painting with Kathy AR 10:00 Exercise w/ Mike BVTV 10:00 Rosary CP 10:45 Chair Yoga RS 11:00 Trivia BR 1:00 First Pres. Bible Study NCR 1:00 Bridge – LCR 1:00 Chair Exercise NCMR 1:30 Travels w/Marilyn GS 2:00 Trivia NCMR 2:00 Trains Running TR 2:00 GW Writers Group RS#304 <b>7:00 TEP Arts Connect PAC</b></p>	<p>20 10:00 Exercise w/ Mike BVTV 10:00 Chair Yoga NCMR 10:00 BRN Social Committee BR 10:00 Care Cards RS 10:30 Scripture Meditation LCR 12:30 North Pantry Open 1:00 SSH Pantry Open <b>1:00 Chautauqua Series PAC</b> 1:00 Bridge BRP &amp; REP 1:00 Coloring Fun NPD 1:00 Vision Loss Support NCMR 2:00 Chair Exercise BR 4:00 Bible Discussion LCR 7:00 North Bingo NCMR</p>	<p>21 10:00 Exercise w/ Mike BVTV 10:00 Care Cards NCMR <b>10:00 ShopFest PAC</b> 10:30 BP Checks N 1:00 Care Cards AR 1:30 Grief Share NPD 2:00 Chair Exercise NCMR 2:30 Chair Volleyball WC 4:00 Bible Discussion GS 6:00 Game Night RS</p> <p style="text-align: center;"><b>ShopFest TODAY</b> <b>10:00 to 3:00</b> <b>OCP-PAC</b></p>	<p>22 10:00 Exercise w/ Mike BVTV <b>10:00 Campus Corner PAC</b> 10:00 Chair Exercise RS <b>11:00 Campus Corner RS</b> <b>1:00 Campus Corner NCMR</b> 1:00 Bell Choir Rehearsal LC 1:30 Chapel Choir Rehearsal LC 2:00 North Pantry Open 2:00 Chair Exercise BR 2:30 Chapel Service LC 7:00 BRN Movie BR</p>	<p>23 10:00 Exercise w/ Mike BVTV</p> <p>7:00 BVN Movie NCMR</p>
<p>24 9:00 Rosary NCMR 9:15 Communion NCMR 9:30 Communion CP 10:00 Wick. Pres. Service LC 6:30 Hymn Sing NL 7:00 Ice Cream on the Parlor BR</p>	<p>25 10:00 Exercise w/ Mike BVTV 10:00 Chair Yoga NCMR 10:00 Chair Exercise RS 10:30 BP Checks RS 11:00 Brain Games WR 12:30 North Pantry Open 1:00 SSH Pantry Open 1:00 Prayer Shawl Mtg. LC 1:00 Virtual Reality RS 1:30 Catholic Mass LC 2:00 BP Checks AR 6:00 SSH Bingo PAC 6:00 NO Mindfulness w/ Jen NCMR 7:00 NO Mindfulness w/ Jen MCAT</p>	<p>26 9:30 BRN Coffee BR 10:00 Rosary CP 10:00 Exercise w/ Mike BVTV 10:45 Chair Yoga RS 11:00 Trivia BR 12:30 Group Reiki MCAT 1:00 First Pres. Bible Study NCR 1:00 Bridge – LCR 1:00 Chair Exercise NCMR 2:00 Trivia NCMR 2:00 Trains Running TR 2:00 Pathways to Diversity <b>7:00 NO TEP</b></p>	<p>27 10:00 Exercise w/ Mike BVTV 10:00 Chair Yoga NCMR 10:00 Care Cards RS 10:30 Scripture Meditation LCR 12:30 North Pantry Open 1:00 SSH Pantry Open 1:00 Bridge BRP &amp; REP 1:00 Coloring Fun NPD 2:00 Chair Exercise BR 2:00 Classic Book Club AR</p>	<p>28</p> <p style="text-align: center;"><i><b>Thanksgiving</b></i></p> <p>10:00 Exercise w/ Mike BVTV</p> <p style="text-align: center;"><i><b>Happy Thanksgiving</b></i> <i>Most offices are closed for the holiday.</i></p>	<p>29 10:00 Exercise w/ Mike BVTV 10:00 Chair Exercise RS 12:30 North Pantry Open 1:00 Bell Choir Rehearsal LC 1:30 Chapel Choir Rehearsal LC 2:00 NO Chair Exercise BR 2:30 Chapel Service LC 7:00 BRN Movie BR</p>	<p>30 10:00 Exercise w/ Mike BVTV</p> <p>7:00 BVN Movie NCMR</p>