

Weekly Buzz

September
18, 2026



Mary Ellen's Corner -

Hello Friends -

We are in FULL swing for the BAZAAR!! If you have not heard that September 25 is Dolly Parton Day – 9/25 like 9 to 5 - her famous movie! It is also the first day of the Bazaar. So how do we celebrate? Wear bright pink and other bold colors, sparkly rhinestones, butterflies or classic western cowboy boots and hat. But the best thing you can wear to celebrate Dolly is a big smile on your face. Then remember to spread love and kindness to all you encounter. Have a cheerful week!

Joyfully,

Mary Ellen Layman, Director of Activities

Tuesday Evening Programs -

Please call the signup line if you need transportation by the Monday before the program. Bus pickup starts at 6:15 p.m. for GW and 6:30 p.m. for main campus. All Programs start at 7 p.m. in the PAC

10/6 Jim Sweeney - Author
10/13 OPUS 216
10/20 Aaron Dussing - Polka
10/27 Halloween Party
with RCD Trio

BVTV 1855 is Back at Grace Woods

We wish we knew why it disappeared in the first place, but what matters is it is back on. At 10:00 a.m. Monday through Saturday you can tune into Channel 1855, also known as BVTV and do a morning workout. Enjoy!!

Trip Pickups

10/16 Sweets & Treats Trip 11:15 a.m.

Bazaar Donation Drop-offs-

Bazaar donations are Monday-Friday in the PAC now through Tuesday September 22, 2026. Please place your donations in the designated area of the Smith Performing Arts Center only. There are signs to help you know where to place them.

Banned Book Week -

Library Talk, Brown Bagged Lunch and a Movie

Monday, October 5

Bus Pick-up 10:30 a.m.

Presentation 11 a.m.

Movie starts after talk, approximately 12:15 p.m.

In honor of Banned Books Week, please join Michelle Hudson from Willoughby-Eastlake libraries for a talk about the top 10 banned books.

After her talk, we will show the Emmy winning movie documentary *The Librarians*. **Synopsis** - Librarians emerge as first responders in the fight for democracy and our First Amendment Rights. As they well know, controlling the flow of ideas means control over communities. In Texas, the Krause List targets 850 books focused on race and LGBTQia+ stories – triggering sweeping book bans across the U.S. at an unprecedented rate. As tensions escalate, librarians connect the dots from heated school and library board meetings nationwide to lay bare the underpinnings of extremism fueling the censorship efforts. Despite facing harassment, threats, and laws aimed at criminalizing their work – the librarians' rallying cry for freedom to read is a chilling cautionary tale.

Please feel free to come to either one or both. Don't forget to bring your bagged lunch!

Reservations recommended, transportation available by calling the sign-up line.

Wii Bowling Season 31

Don't forget, Season 31 of Wii Bowling starts on the week of October 4th! Send your tea forms to Olivia Misco at IL Activities by October 11th.

New Classes, Events & Trips -

Non-Death Loss Support Group

Wednesday, September 23
1-2 p.m.

Grace Woods Reserve Community Room
Cost: No Charge

Loss is any experience where it is not possible to return to life as it once was. Non-death losses are commonly misunderstood and by others; yet a difficult process of adjustment can become less painful and isolating when we collectively acknowledge grief. This group is an opportunity for connection and support for residents experiencing non-death losses, such as retirement from driving, moving, estrangement, or decline in health and functioning. Please call Rebecca Kilkenney at 440.954.8341 to sign up.

Aging Well Presents -

Tea, Grit and Grace

Monday, September 28

Bus Pickup 1:30 p.m.

Class 2 p.m.

Smith Performing Arts Center

Cost: No Charge

Join Karen Hadden, The Helicopter Daughter, and discover how heart surgery, a tea ritual and a mindset shift changed everything. As a certified health coach and certified self-care coach, she brings both professional training and lived in experience to the work she does. **Reservations required, transportation available by calling the sign-up line. Space is limited.**

University Hospitals Presents -

Dr. Robyn Strosaker

Thursday, October 1

Bus Pickup 12:30 p.m.

Event 1 p.m.

Smith Performing Arts Center

Cost: No Charge

Join Dr. Robyn Strosaker as she discusses new programs and improvements at Lake West and Tri-Point Medical Centers.

Reservations recommended and transportation available by calling the sign-up line.

Special Tuesday Evening Program -

Author Jim Sweeney

Tuesday, October 6

Bus Pick-up 6:30 p.m.

Presentation 7 p.m.

Smith Performing Arts Center

Cost: New book \$18. Former book \$17.

Jim Sweeney gave a talk at Breckenridge several years ago about his book, ***What's the Deal With Dead Man's Curve and Other Really Good Questions About Cleveland***. He had a new book come out this month called ***Cleveland's Naughty Parts: True Tales of Vice, Sin and Bad Behavior***. It's a light-hearted look at everything from Prohibition rumrunning to cheating in walleye tournaments, from political corruption to poetry bans. As with the first book, he has prepared a talk that highlights some of the most amusing stories in the book. Please join us with this wonderful author. Both books will be available for purchase and able to be autographed at the end of the program. You can purchase with cash, check or put on your OLBV account. **Reservations recommended, transportation available by calling the sign-up line by Monday, October 5 at 5 p.m.**

Cleveland Museum of Art Presents-

Women in Art

Wednesday, October 7

Bus Pickup 10:30 a.m.

Class 11 a.m.

Smith Performing Arts Center

Cost: \$5

This virtual program considers highlights from the museum's collection created by women artists from the 17th through the 21st century. Artists discussed include Edmonia Lewis, Berthe Morisot, Georgia O'Keeffe, Simone Leigh, and Lee Krasner.

Reservations recommended, transportation available by calling the sign-up line.

Lake Metro Parks Presents -

Apollo, Bald Eagle

Thursday, October 8

Bus Pickup 12:30 p.m.

Event 1 p.m.

Smith Performing Arts Center

Cost: No Charge

Animal Ambassador Apollo is the resident bald eagle ambassador for Lake Metroparks.

Found in Perry, he arrived at the Kevin P. Clinton Wildlife Center in June 2011 as a juvenile with an injured wing. Come learn more about Apollo and see this magnificent bird up close. **Reservations**

recommended, transportation available by calling the sign-up line.

Chautauqua Talks Presents -

On a Life of Relearning

Wednesday, October 14

Bus pickup 1 p.m.

Sessions 1:30 p.m.

Smith Performing Arts Center

Cost: No Charge

Come and enjoy Henry Louis Gates Jr., Harvard's head of the Black Studies Department, as he reveals how the popular PBS program he narrates, ***Finding Your Roots***, came to be. Over its 20 years the studies have revealed a deeper understanding of the who "WE", the people of the United States of America, are. In the course of revealing ancestry of many celebrities, some surprises have emerged. **Reservations recommended, transportation available by calling the sign-up line.**

Travels with Marilyn Presents -

The Arctic

Tuesday, October 20

Bus Pickup 12:30 p.m.

Class 1 p.m.

Gathering Space at OCP

Cost: No Charge

Our first trip is to the Arctic! We will visit the Svalbard's. The home of polar bears, walruses, seals and Arctic birds. You will see breathtaking scenery! Hope to see you there!

Reservations recommended, transportation available by calling the sign-up line.

Campus Happenings -

The Resident Academy Presents -

Understanding Use of Force

Tuesday, September 29

Bus Pickup 12:30 p.m.

Class 1-2:30 p.m.

Smith Performing Arts Center

Cost: \$5 per class

Due to the August Residents Academy having to be canceled, we will be doing that program for September. Officer Shirey will present a program on Understanding the Use of Force.

The presentation will cover Case Law and legal standards, use of force continuum, use of force examples, de-escalation tactics and less lethal tools. **Reservations**

REQUIRED, transportation available by calling the signup line.

Science Friday with Joe Presents -

A GUIDE TO EVOLUTION - Week

Two: Darwin's Voyage and Insight

Friday, October 2

Bus Pickup 10:30 a.m.

Class 11 a.m.

Smith Performing Arts Center

Cost: No Charge

Ahoy! Climb aboard the HMS Beagle with a then-unknown naturalist, Charles Darwin, for a trip around the world in 1836. Unlike him, bring your seasick pills. What exactly did he observe that inspired him to write the books that brought such meaning and unity to the study of living things?

Suggested text: Evolution: The Triumph of an Idea by Carl Zimmer, available online for less than \$10.

Reservations recommended and transportation available by calling the signup line.

Schell's Bistro

The Schell's Bistro will be closed until further notice. Thank you.

Juggler

Tuesday, October 6

Bus Pickup 10:30 a.m.

Event 11 a.m.

Smith Performing Arts Center

Cost: No Charge

David Cain is a world champion and Guinness World Record holding professional juggler who has appeared on America's Got Talent and the Today Show. He will be in our area doing some evening shows and reached out to see if we wanted him to perform during the day. We gave him a resounding YES!! We hope you can juggle your schedule enough to see this program. Reservations recommended and transportation available by calling the sign-up line.

Trips -

Sweets and Treats Trip

Friday, October 16

Bus Pickup 11:15 a.m.

Trip 12 p.m.

Trip level 4

Stop 1 – Jeff's Candy, Stop 2 - lunch,

Stop 3 - Patterson's Farm Market

Cost: \$5 Plus lunch and purchases on your own.

Join us on a fun filled Fall afternoon with our Sweets and Treats Trip. Our first stop will be to Jeff's Candy Shoppe, with an old-fashioned candy making demonstration and tour. Our second stop will be lunch at a local eatery (TBD) with our final stop at Patterson Farm Market. **Cost is \$5 plus your merchandise and lunch purchases. Transportation included. Space is limited. Reservations REQUIRED by calling the sign-up line**

A Note from the Diversity Task Force

National Hispanic Heritage Month -

National Hispanic Heritage Month (September 15-October 15) honors the history, cultural diversity, and extensive contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean, and Central and South America. Within its 30 days are anniversaries of the independence of several Latin American countries.

If you would like to know more about the month, please visit the Resident Portal/IL Activities/Off Campus Events page. If you are a member of the Pathways to Diversity Task Force and on their group page, you can see more information there as well.

36851 Ridge Rd. | Willoughby, OH 44094

Campus Movies -

North

Saturday, September 19

6:30 p.m. - NCMR

Brooklyn

Young Irish immigrant Eilis Lacey navigates her way through 1950's Brooklyn. Lured by the promise of America, Eilis departs Ireland and the comfort of her mother's home for the shores of New York City.

Grace Woods Movie

No Movie This Week

Osborne Community Plaza

No Movie This Week

Reminders -

Mindfulness with Jen

Wednesday Evenings

2nd at 6:30 p.m. in the BVN Community

4th at 6:30 p.m. in the GW Reserve

Community Room

This is a perfect way to end your day with mindfulness practices provided by Jen Bradac, OT. Everyone is welcome, no reservation required. Transportation **not** provided.

Music and Meditation with Catherine

The 1st and 3rd Thursday of the month

Class 3 p.m.

1st Thursday at GW Riveredge East Pub

3rd Thursday at BVN Community Room

Cost: No Charge

This late afternoon program will combine live music and meditation practices provided by Catherine Otto-Hadley, MT-BC. **Everyone is welcome.** Transportation **not** provided.

Music with Catherine

The 2nd and 4th Thursdays of the month

Class 2:30 p.m.

Shafer-Schweitzer House Dining Room

Cost: No Charge

Join us for this new music group led by Catherine Hadley, MT-BC, where we sing your favorite songs, play some new instruments and share some stories. This group is for you if you enjoy music, want to nect with others and have some fun. This program is made possible by a generous donation to the Ohio Living Fund. Everyone is welcome. Transportation is **not** provided.

Sign-up Line 440.953.1375

Spiritual Life -

Weekly Scripture Verse and Devotional from Chaplain Bev...

Your love for one another will prove to the world that you are my disciples. (John 13:35)

Loving others doesn't mean we allow ourselves to be mistreated, nor does it mean we have to agree with someone else's lifestyle or worldview. It does mean that we need to use every opportunity to love others the way God loves them. So, when we have an opportunity to give someone a second chance, we do so in love. Or when we have the chance to help someone in need, we do so cheerfully. If we fail to love those around us, we also fail to show them the love of God.

Weekly Traditional Worship Schedule

Held every Friday from 2:30-3:30 p.m. in the Lyons Chapel. Open to all campus residents, family and friends. Come and worship with great music and an engaging message. A Breckenridge bus comes each week from North Apartments. Others can call for transportation.

September 18 – Pastor Wayne DeMarco
September 25 – Rev. Cassie Wolfe
October 2 – Rev. Bev Wrobel w/communion
October 9 – Rev. Eric Leissa
October 16 – Pastor Wayne DeMarco
October 23 – Rev. Cassie Wolfe
October 30 – Rev. Barbara Holzhauser

Volunteers Needed -

Fridays at 2:00 to transport FHC and Nason residents to and from chapel worship. Please call Cheryl Manos at 440-954-8361 for more information or just show up.

Chapel Choir Singers -

The choir is growing! Please join us if you enjoy singing! Chapel Choir Singers practice on Fridays at 1:30 in the Lyons Chapel and sing each week in the worship service at 2:30 p.m. Contact Marcine Petrea at 216.261.6117 or mrcine@aol.com for more information.

Spiritual Care/Visitation Team -

Meetings alternate on the second Wednesdays of the month from 1-2 p.m. in the Lyons Chapel. The Spiritual Care Team meets on odd months (Jan, Mar, May, Jul, Sept, Nov) and the Visitation Team meets on even months (Feb, Apr, Jun, Aug, Oct, Dec). Please attend if you are interested in learning more about these impactful ministries. For more information contact Chaplain Bev Wrobel at 440-954-8373 or bwrobel@ohioliving.org. Next Spiritual Care Team meeting is September 9 at 1p.m.

Grief Support

GriefShare starts on Thursdays, September 3rd, from 1:30-3:30 p.m. in the Private Dining Room at North Apartments. GriefShare has helped many on the grief journey. Contact Chaplain Bev Wrobel at 440-954-8373 or bwrobel@ohioliving.org for more information.

Prayer Chain -

If you have a prayer request or would like to join the Prayer Team to pray for others, please call Cheryl Manos at 440-954-8361 to be added to the prayer chain. The Prayer Team is here to pray for you.

Prayer Shawl Ministry -

Meets on the third Monday of every month from 1-2 p.m. in the Nason Center upper-level lobby outside the Lyons Chapel balcony. This is a social time to knit or crochet together. Prayer shawls are available in the Spiritual Care Office and can be given to residents, family and friends who need support and encouragement.

Monthly Catholic Mass -

September 28, the fourth Monday of each month from 1:30-2:00 in the Lyons Chapel. Provided by Immaculate Conception Church

Monthly Sunday Worship -

For ALL Independent Living Residents **September 27**, the last Sunday of each month from 10-11a.m. in the Lyons Chapel. Please join us if you do not have a church home.

Lectio Divina -

Wednesdays from 10:30 - 11:30 a.m. in the Community Room at The Landing at Grace Woods. Weekly Scripture Meditation meets on Wednesdays. Led by Chaplain Bev. Come as you can. No prior reading or preparation is required.