

Weekly Buzz

October 9,
2026



Mary Ellen's Corner -

Hello Friends -

Again, I am asking for donations.... but it is **CANDY** this time. At every front desk around campus, we will be collecting Halloween candy for **BooVille**. This event takes place Thursday, October 22 from 6-8. We invite residents and staff families to trick or treat at BV North, VWAC, Fairmount Health Center lobby, SSH Lobby and in the Performing Arts Center. Residents who do not live in these areas are more than welcome to join us at any of these locations. There will be a hay wagon to transport folks around campus to trick or treat in all participated buildings. Have a spook-tacular week!

Joyfully,

Mary Ellen Layman, Director of Activities

Listening Session at Grace Woods -

Hello, Everyone!

It's a new season and time for some more music! **The next session is on Monday evening, October 12, in the Reserve Community Room beginning at 7pm.** The pieces for that evening are a very late piano sonata by Franz Schubert, performed by Mitsuko Uchida, and Dvořák's "American" Quartet, written in 1893 while he was sojourning in Spillville, Iowa. Hope you'll be there to hear them!

Update on Apollo from Lake Metro

Parks -

Traci from Metro Parks sent the following message – “All is good here- We got Apollo back to the center, and he did have a broken blood feather – this is a new growth feather that is filled with blood while it is growing. Unfortunately, when he hit the door to the kennel and he likely cracked it which created the bleeding. We removed the whole feather. It's a bit painful when removed. He recovered quickly, jumped in his pool and ate a fish!”

Mahan Art Gallery Proudly Presents -

We 3 Quilt Show and Art Reception

Art Show – Now through end of December

Art Reception – Wednesday, October 21

Bus Pickup – 12:45 p.m.

Event – 1 p.m. – 3 p.m.

MCAT and Art Gallery

We are so pleased to feature the We 3 Art Show featuring the beautiful quilting from Brownstone resident, Judy Smith and her two friends Carole and Sharon. The installation is open now through the end of December, with an Artist Reception on Thursday from 1-3 p.m. Light refreshments will be served. **Reservations REQUIRED for the reception, transportation for the reception available by calling the sign-up line.**

Campus Happenings -

Chautauqua Talks Presents -

On a Life of Relearning

Wednesday, October 14

Bus pickup 1 p.m.

Sessions 1:30 p.m.

Smith Performing Arts Center

Cost: No Charge

Come and enjoy Henry Louis Gates Jr., Harvard's head of the Black Studies Department, as he reveals how the popular PBS program he narrates, ***Finding Your Roots***, came to be. Over its 20 years the studies have revealed a deeper understanding of the who “WE”, the people of the United States of America, are. In the course of revealing ancestry of many celebrities, some surprises have emerged. Reservations recommended, transportation available by calling the sign-up line.

Trip Pickups

10/16 Sweets & Treats Trip 11:15 a.m.

Tech Concierge

Monday, October 19

10 a.m. – 12 p.m. – North

12:30 p.m. – 2:30 p.m. GS at OCP

Monday October 26

10 a.m. – 12 p.m. North

Monday November 2

10 a.m. – 12 p.m. North

Tech Concierge is BACK! Please call or go to the front desk of the building that you want to attend to sign up for a 15-minute time slot.

Travels with Marilyn Presents -

The Arctic

Tuesday, October 20

Bus Pickup 12:30 p.m.

Class 1 p.m.

Gathering Space at OCP

Cost: No Charge

Our first trip is to the Arctic! We will visit the Svalbard's. The home of polar bears, walruses, seals and Arctic birds. You will see breathtaking scenery! Hope to see you there!

Reservations recommended, transportation available by calling the sign-up line.

New Classes, Events & Trips -

Booville-

Thursday, October 22

6p.m. - 8p.m.

North Lobby

Veale Wellness Center

Fairmount Lobby

Shafer/Sweitzer Lobby

Smith Performing Arts Center

Grab your ghosts, goblins, princesses and knights and bring them to Booville! A fun filled night throughout the campus with games, crafts, and treats galore to be had! Start at any spot on the campus listed above and travel throughout campus for all the fun! If your little witches and bats feet get tired, jump on the hayride to travel to each spot in style. Don't forget to bring a treat bag for some great Trick-or-Treating! All residents, their friends and families and staff families are invited to attend.

Want to help with the festivities? Call the sign-up line to volunteer.

Chautauqua Talks Presents -

Loneliness with Vivek Murthy

Monday, October 26

Bus Pick-up 1 p.m.

Class 1:30 p.m.

Cost: No Charge

The Surgeon General through two recent administrations, learned early on that medical school doesn't prepare medical doctors well with the feelings of isolation the his patients experienced when faced with uncertain medical outcomes. As he prepared for his first assignment as Surgeon General, he became aware that this feeling of isolation is also pervasive outside the hospital setting. He has studied this loneliness extensively since and suggests ways we can all address it in ourselves and others. Reservations recommended, transportation available by calling the sign-up line.

Special Tuesday Evening Program -

Halloween Party with RCD Trio!

Tuesday, October 27

Bus Pickup 6:30 p.m.

Event 7 p.m.

Smith Performing Arts Center

Join us for a spookish night of fun and entertainment with one of our favorite bands RCD Trio leading the way for dancing, snacks, and a costume contest. So dress up as much (or as little) as you want and enjoy the night with us. **Reservations REQUIRED, transportation available by calling the sign-up line.**

Non-Death Loss Support Group

Wednesday, October 28

1-2 p.m.

Grace Woods Reserve Community Room

Cost: No Charge

Loss is any experience where it is not possible to return to life as it once was. Non-death losses are commonly misunderstood and by others; yet a difficult process of adjustment can become less painful and isolating when we collectively acknowledge grief. This group is an opportunity for connection and support for residents experiencing non-death losses, such as retirement from driving, moving, estrangement, or decline in health and functioning. **Please call Rebecca Kilkenney at 440.954.8341 to sign up.**

Science Friday with Joe Presents -
A GUIDE TO EVOLUTION - Week
Three: Natural Selection and
Macroevolution

Friday, November 6
 Bus Pickup 10:30 a.m.
 Class 11 a.m.
 Smith Performing Arts Center
Cost: No Charge

What can wisdom teeth, hand sanitizers, and blue-footed boobies tell us about how evolution works? See how antibiotics can actually help certain bad bacteria to thrive. How exactly does natural selection operate on different critters? Join us and have some fun while learning some good biology! Reservations recommended and transportation available by calling the signup line.

Cleveland Museum of Art Presents-
Have a Seat! Chairs from the
Museum's Collection

Wednesday, November 4
 Bus Pickup 10:30 a.m.
 Class 11 a.m.
 Smith Performing Arts Center
 Cost: \$5

This session will focus on the often overlooked but essential form of decorative art: chairs! Although we think of chairs as functional items, they are also appreciated for their beauty and style. Throughout history and across cultures, they have also been seen as symbols of prestige and power. Chairs and stools are found all over the museum's collection: Ancient Egypt, Renaissance Italy, Ming Dynasty China, 19th century Angola, colonial America, and more. Select examples from the museum's collection take us throughout the world, and through ancient to modern times. Reservations recommended, transportation available by calling the sign-up line.

Wii Bowling Season 31

Week 1 - 10/4 - 10/10
Week 2 - 10/11 - 10/17
Week 3 - 10/18 - 10/24

Send your game sheets with the date you bowled to Olivia Misco at IL Activities. If you need score sheets, please ask your front desk.

Campus Movies -
North

Saturday, October 3
 6:30 p.m. - NCMR

A Beautiful Life (2023)

Elliott, a young fisherman with an extraordinary voice, gets the chance of a lifetime when he is discovered by the successful high-profile music manager, Suzanne. Suzanne soon pairs Elliott with her estranged daughter and music producer, Lilly. On his way to becoming a star, struggles from the past threaten not only his big breakthrough, but also the budding love with Lilly.

Tuesday Evening Programs -

Please call the signup line if you need transportation by the Monday before the program. Bus pickup starts at 6:15 p.m. for GW and 6:30 p.m. for main campus. All Programs start at 7 p.m. in the PAC

10/13 OPUS 216
10/20 Aaron Dussing - Polka
10/27 Halloween Party
with RCD Trio

Veale Wellness & Aquatic Center

It is officially autumn. Here are some class highlights to bring you into the VWAC to grow stronger as the days get shorter.

Senior Pilates Floor Class - 9 a.m.
Fridays.

This class trains deep supporting muscles for core stability. A great class for improved posture alignment, flexibility, and coordination. Please note this is a floor class and mats are provided.

Stamina & Strength - 11 a.m. Fridays.

A high energy 40-minute class of standing weight and cardio work.

Interval walking and exercise - 1p.m.
Mondays

Work at your own pace to achieve greater cardiovascular health, strength and calorie burning.

In Home Fitness with Ray will continue through Autumn. Please call Kimberly at 440.942.8031 for information and an appointment.

Reminders

Mindfulness with Jen

Wednesday Evenings

2nd at 6:30 p.m. in the BVN Community
4th at 6:30 p.m. in the GW Reserve
Community Room

This is a perfect way to end your day with mindfulness practices provided by Jen Bradac, OT. Everyone is welcome, no reservation required. Transportation **not** provided.

Music and Meditation with Catherine

The 1st and 3rd Thursday of the month
Class 3 p.m.

1st Thursday at GW Riveredge East Pub
3rd Thursday at BVN Community Room

Cost: No Charge

This late afternoon program will combine live music and meditation practices provided by Catherine Otto-Hadley, MT-BC. **Everyone is welcome.** Transportation **not** provided.

Music with Catherine

The 2nd and 4th Thursdays of the month
Class 2:30 p.m.

Shafer-Schweitzer House Dining Room

Cost: No Charge

Join us for this new music group led by Catherine Hadley, MT-BC, where we sing your favorite songs, play some new instruments and share some stories. This group is for you if you enjoy music, want to connect with others and have some fun. This program is made possible by a generous donation to the Ohio Living Fund. Everyone is welcome. Transportation is **not** provided.

Life Loop -

LifeLoop is an interactive wellness platform that you can engage with right in the comfort of your own home. All Ohio Living Breckenridge Village residents have this free service to take advantage of. You can find instructions on how to use this on the Portal under the IL Activities Tab. It was designed for seniors and is very user friendly.

The Diversity and Social Justice

Library -

The Breckenridge Pathways to Diversity Taskforce reminds campus staff and residents that a Diversity and Social Justice Library is in the Music Room in Osborne, and it offers more than 80 books and periodicals discussing multiple issues of diversity for both children and adults. The library is on the left as you enter the Music Room and we invite you to browse and to borrow!

Puzzle Packets -

Did you know that the IL Activities Team provides a monthly puzzle packet to those who would like one? Included are cross words, word searches, brain games and coloring pages. Keep your mind busy and your brains learning. If you would like to start receiving a puzzle packet, please call the sign-up line and let us know, along with your building and apartment/house number. Thank you!

OCP Parking -

Please refrain from parking in the two "future new resident" parking spots in front of the OCP. We want to make sure we provide a warm welcome to the increased prospect site tours. Thank you!

This includes after hours and weekends due to tours.

Specialty Recycling -

If you have used batteries, hearing aids, or eyeglasses, residents can send them through campus mail to Ken Jones or Susanne Carter. You can also drop them off at Ranch 171 or the Grace Woods front desk.

Brain Games at Grace Woods -

Brain Games meets from 11:00 to 12:00 every Monday in the Woodland Ridge Community Room at Grace Woods. Open to the entire campus. Call transportation directly at 440-954-8343 if you need a ride.

Sweets and Treats Trip

Friday, October 16
Bus Pickup 11:15 a.m.
Trip 12 p.m.

Trip level 4

Stop 1 – Jeff's Candy, Stop 2 - lunch,
Stop 3 - Patterson's Farm Market
Cost: \$5 Plus lunch and purchases on your own.

Trip is full. Please call the sign-up line to be put on the waitlist.

TRIP LEVELS

To clarify questions about trips we have provided a guideline to the amount of walking and standing during a trip.

The guidelines are:

Level 1- **NO** walking/ all riding

Level 2-**Minimal** walking

Level 3-**Extensive** walking and/or stairs

Level 4-**Strenuous**-long periods of walking

Hearing Loss Support Group -

Do you feel isolated due to hearing loss? Do you wish you could connect with others who understand what you're going through? If so, you are welcome to join our Hearing Loss Support Group, which takes place on the second Wednesday of each month, 1-2 p.m. in the BV North Conference Room. If you have any questions, please contact Rebecca Kilkenney, LISW-S, 440.954.8341 or rkilkenney@ohioliving.org.

Vision Loss Support Group -

If you are experiencing vision loss and want to connect with others for emotional support and to share ideas, please come to our vision loss support group. The group takes place on the third Wednesday of each month in the North Community Room at the North Apartments, 1-2p.m.

If you have any questions, please contact Rebecca Kilkenney, LISW-S at 440.954.8341 or rkilkenney@ohioliving.org

Questions about the Resident

Portal/Icon?

Contact Pam Bruck, Executive Assistant at 440.942.4342 ext. 1502

Schell's Bistro

The Schell's Bistro will be closed until further notice.

Knife Sharpening

The Craft and Wood Shop has a new service!

We have purchased a professional knife sharpener and are prepared to put a nice sharp edge on your knives!

Label each handle with your name, unit and phone number on a tape. Drop them off at in the container by the entrance to the wood shop which is in the NE corner of the North Garage.

We will sharpen them and call you to arrange a time for you to pick them up. The cost is \$3.00 each and a \$5.00 minimum.

****We are not able to do serrated blades**
If you have questions call Cal Hunter at 440-527-8233 or email:

cwhuntersr@aol.com

Spiritual Life -

Weekly Scripture Verse and Prayer from Chaplain Bev...

For Strength and Courage:
**I can do all things through Christ who
strengthens me. (Philippians 4:13)**

Prayer: Dear God, I confess that my own strength is limited. When tasks feel too heavy, pour your power into my spirit. Let me face every challenge today knowing that you are working through me. Amen.

Semiannual Resident Remembrance Service

**Friday, November 6 at 2:30 Lyons
Chapel**

All are invited to attend this special service to remember and honor our OLBV friends who have passed on. Refreshments will be served.

Weekly Traditional Worship Schedule

Held every Friday from 2:30-3:30 p.m. in the Lyons Chapel. Open to all campus residents, family and friends. Come worship with great music and an engaging message. A Breckenridge bus comes each week from North Apartments. Others can call for transportation.

October 2 – Rev. Bev Wrobel w/communion
October 9 – Rev. Michael Howard
(Federated Church)

October 16 – Pastor Wayne DeMarco
October 23 – Rev. Cassie Wolfe
October 30 – Rev. Barbara Holzhauser

Volunteers Needed -

Fridays at 2:00 to transport FHC and Nason residents to and from chapel worship. Please call Cheryl Manos at 440-954-8361 for more information or just show up.

Chapel Choir Singers -

The choir is growing! Please join us if you enjoy singing! Chapel Choir Singers practice on Fridays at 1:30 in the Lyons Chapel and sing each week in the worship service at 2:30 p.m. Contact Marcine Petrea at 216.261.6117 or mrcine@aol.com for more information.

36851 Ridge Rd. | Willoughby, OH 44094

The Chosen Bible Series

Seasons 1 and 2

In preparation for the release of Season 6 in May 2027, Chaplain Bev & Steve Wrobel will be offering a viewing of previous seasons starting with Season 1 and 2 on Mondays from 10:00 am to Noon beginning October 12–November 30 in the Nason Skyview TV Lounge. This is an opportunity to view this incredible series on the life of Jesus and the disciples for the first time or to re-view it as a refresher. IL residents are welcome. Contact Chaplain Bev at 440-954-8373 for more information.

Visitation Team -

Next Visitation Team meeting is October 14 at 1:00. Please attend if you are interested in making friendly visits to residents in various areas throughout the campus

Prayer Chain -

If you have a prayer request or would like to join the Prayer Team to pray for others, please call Cheryl Manos at 440-954-8361 to be added to the prayer chain. The Prayer Team is here to pray for you.

Prayer Shawl Ministry -

Meets on the third Monday of every month from 1-2 p.m. in the Nason Center upper-level lobby outside the Lyons Chapel balcony. This is a social time to knit or crochet together. Prayer shawls are available in the Spiritual Care Office and can be given to residents, family and friends who need support and encouragement.

Monthly Catholic Mass -

October 26, the fourth Monday of each month from 1:30-2:00 in the Lyons Chapel. Provided by Immaculate Conception Church

Monthly Sunday Worship -

For ALL Independent Living Residents
October 25, the last Sunday of each month from 10-11a.m. in the Lyons Chapel. Please join us if you do not have a church home.

Lectio Divina -

Wednesdays from 10:30 - 11:30 a.m. in the Community Room at The Landing at Grace Woods. Weekly Scripture Meditation meets on Wednesdays. Led by Chaplain Bev. Come as you can. No prior reading or preparation is required.

Sign-up Line 440.953.1375