

The Grapevine

Ohio Living Vineyard on Catawba Resident Newsletter | March 2019

Welcome Spring!

As we move into the transition month from winter to spring, let's hope we get more spring-like weather than winter weather. Thank you for your patience and understanding with getting the streets, parking lots and walks cleaned up from the challenging weather over the last month. As I am writing this, I am seeing spring flowers peeking out of the mulch... a sure sign that spring is on the way.

Lenten season begins on March 6th and our annual Wednesday services throughout Lent are planned and ready. I hope all are able to attend if you so desire.

On March 19th at 1:00 p.m., an Audiologist from Beltone Hearing Care Center in Sandusky will be here to present on *Hearing and Your Health*. I hope you are able to come and ask any questions you may have.

The warmer weather and spring season will afford us the opportunity to clean up the campus and get ready for new growth. Please understand this process can take a significant amount of time and work. We appreciate your patience.

For your safety and that of your neighbors, please let us know in the office if you plan to be away from the community for more than 24 hours. When we know you are away from your home, we can keep an eye on things. Also, in the event of an emergency, we would not be putting emergency personnel or anyone else in harm's way searching for you.

Please be mindful of the 15 MPH speed limit here on the Vineyard Campus and remind any visitors you have of the speed limit as well. Safety is important to all.

If you are interested in volunteering your time on one of our many committees that help provide great programs for Vineyard residents, occasionally answering phones in the office, or just spending some time visiting with other residents that would enjoy the company, please inquire at the office regarding volunteer opportunities.

Have a Great Month!

Paul



FAITH + COMPASSION + COMMUNITY



Campus Activities: March 2019

Bible Study

Vineyard resident Dennis Smith is leading a Bible Study, *Understanding Your Bible*, in the Community Center on Mondays at 10:00 a.m.

For additional information, please contact Dennis at 419.573.6214.

Health Screenings

Tuesdays at 11:00 a.m.

FREE blood pressure and blood sugar screenings in The Gathering Room of the Concord Apartments by an Ohio Living nurse.

Refreshments, too!

Catholic Communion Service

Commissioned Communion Ministers from Immaculate Conception parish conduct a Catholic Communion Service on Tuesdays at 2:45 p.m. in The Gathering Room of the Concord Apartments.

All residents and guests are invited; however, if you are not Catholic and not united with the Catholic Church you are asked to not receive Holy Communion.

The Catholic Communion service continues at the Chalet at 3:30 p.m. every Tuesday.

Vineyard Voices

Tuesday, March 5th at 10:00 a.m.
in the Community Center

The Vineyard Voices meeting is our monthly resident meeting open to anybody who lives at Ohio Living Vineyard on Catawba.



Yoga with Donna

* Chair-based;
All levels of ability welcome!

* Tuesdays at 3:00 p.m. in the Community Center; lasts about an hour

The cost of Yoga with Donna is:

\$5.00

Lenten Services

* Each Wednesday during Lent

*Please watch your mailbox for a "Celebrate the Holy Season" flyer with all of the details!

Bible Study 10:30 | Lunch 12:00 | Worship Service 12:30

Campus Activities continued...

Arts and Crafts

Decorative Coasters

Friday, March 8th at 1:30 p.m.
at the Chalet.

**Please sign up in the office by
noon on Tuesday, March 5th.**

There is no charge for this activity.

Book Club

The next meeting is on Monday, March 11th
at 1:00 p.m. in the Community Center.

This month's selection is:
Small Great Things
by Jodi Picoult

Extra copies of this book are available on the
counter in the library
of the Community Center.

Music Memories

Please join us in the Community Center
on Thursday, March 14th at 11:00 a.m.
for some wonderful live music.

This month's theme is:

Luck of the Irish



Bake Sale at The Vineyard Shop

There will be a bake sale at The Vineyard
Shop in The Gathering Room
of the Concord Apartments
(benefiting the Vineyard Shop)
on Thursday, March 7th, from 2-4 p.m.

Donations (of baked goods) Appreciated!

Technical Support

- * 2:15 p.m. on Monday, March 11th
in the Community Center.
- * Bring your Smartphone/Tablet/Laptop
etc. and their chargers.
- * There is a sign-up sheet on the counter of
the library in the Community Center.



Communion Service

- * In the Community Center on the second
Thursday of each month at 2:00 p.m.
- * If you are unable to attend, Communion
can be brought to your home.
- * Please call Marlene Carpenter at
419.797.6402 with any questions.

Campus Activities continued...

Movie Afternoon

Friday, March 15th at 1:30 p.m.
in the Community Center.



Bel Canto

starring Julianne Moore.

Rated NR (not yet rated);
1 hour, 42 minutes

THE PLOT: Based on Ann Patchett's best-selling novel, BEL CANTO is a dramatic love story that follows a famous soprano (Julianne Moore) who travels to a military dictatorship in South America to give a private concert at a party for a wealthy Japanese industrialist. Just as the glittering gathering of diplomats and politicians convenes, the mansion is taken over by a guerrilla rebel group demanding the release of their imprisoned comrades.

Threats are made, lives are lost, a tense negotiation begins, and a month long standoff ensues. While they are confined to the house, the hostages and their captors, who speak different languages, are forced to find ways to communicate. Music, especially the beautiful arias performed by Moore's character, a songbird in captivity, sparks a shared sense of comradeship and even love, uniting the disparate housemates as they form unexpected bonds, overcome their differences and discover their shared humanity.

Free!
Refreshments Provided!

Potluck Party



It's back!

Kara will have the Corned Beef and Cabbage cooking in the Community Center on **Thursday, March 14th at 5:00 p.m.**

Sign up in the office by noon on Monday, March 11th to bring your favorite Irish dish, dessert or beverage to share.

If you'd rather not bring something, you can always sign up and pay \$8.00 in the office. (by noon on 3/11)



Hearing and Your Health

On Tuesday, March 19th at 1:00 an audiologist and practitioner from Beltone Hearing Care Center in Sandusky will be in the Community Center talking about the importance of hearing and health. They will also clean hearing aids and answer any questions that you may have.

Reservations are not required.



Coffee with the Administrator

Join our Campus Administrator, Paul Shaw, on Thursday, March 21st at 10:00 a.m. in the Community Center for coffee and conversation.



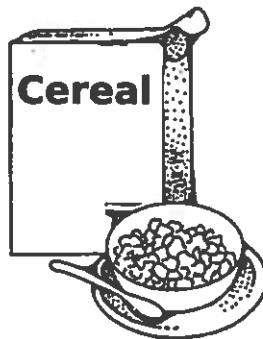


NATIONAL CEREAL DAY WORD SEARCH



WORD LIST

- RAISIN BRAN®
- LUCKY CHARMS®
- CHEERIOS®
- CHEX®
- CAP'N CRUNCH®
- FROSTED FLAKES®
- GRANOLA®
- GRAPE-NUTS®
- APPLE JACKS®
- KIX®
- RICE KRISPIES®
- LIFE®
- FROOT LOOPS®
- COCOA PUFFS®
- SHREDDED WHEAT®



Out & About

Ladies Lunch

BISTRO 163: TAKE II

(the weather was not favorable for our February date)

We have made reservations with Chef Stacy Maple of Bistro 163 to have lunch there on Tuesday, March 12th. We will leave the Vineyard around 11:30 that day.

Bistro 163 is a "Pay it Forward" restaurant (with delicious food!) and as their website says, "A place of welcome, a good meal, nurture for body and spirit, Bistro 163 is a fresh concept uniting people together around the table."

Please sign up in the office by noon on Friday, March 8th if you would like to go and if you would like a ride or can drive.

Breakfast Bunch

- * Open to any male resident in our Ohio Living Vineyard on Catawba community.
- * Carpool leaves every Monday morning around 8:00 a.m. to meet at a local restaurant.
- * Questions? Please call Bruce Waters at 419.967.9107.

The Catawba Island Club Dinner

Thursday, March 21st at 5:00 p.m.
at the CIC.

The cost is \$17.00.

Please sign up and pay in the office no later than noon on Tuesday, March 19th.

The entrée choices are Fried Perch or Petite Grilled Sirloin.



Vineyard Night Out

Waldo Peppers



On Thursday, March 28th we will be going to Waldo Peppers for dinner. We'll leave here at 4:30 for a fun night of good food and LIVE ENTERTAINMENT!

The Island Boys (Ron Howard and Mark Wilkins) will be performing at Waldo Peppers that night from 5:00 - 8:00. They performed on our campus last year at the Luau and are a lot of fun to listen to!



Please RSVP to the office by noon on Tuesday, March 26th and let us know if you can drive or if you would like to ride along with someone.



March Word Pictures Rob Clagett

YOU NEED TO THINK LITERALLY TO SOLVE THESE WORD PICTURES.

1.

THE GUARD
THE GUARD
THE GUARD
THE GUARD

2.



3.

DEFENSE
— RECEIVER

4.

10AC TUXEDO

5.



6.

HANDED
COMPLIMENT

7.



8.

AgNNIVERSARY

9.



10.



11.

TsOtUaCyH

12.



Recipe of the Month for March 2019



Sausage and Rice Pot

Al and Judi Stoss

Ingredients:

- 1/8 cup of onion, chopped or diced**
- 1 package of Smoked Beef Sausage (Eckrich or Hillshire)**
- 1 can of Petite Diced Tomatoes (undrained)**
- 1 package of Minute Rice (cooked)**
- 1 can of chicken broth**
- Small amount of white wine**

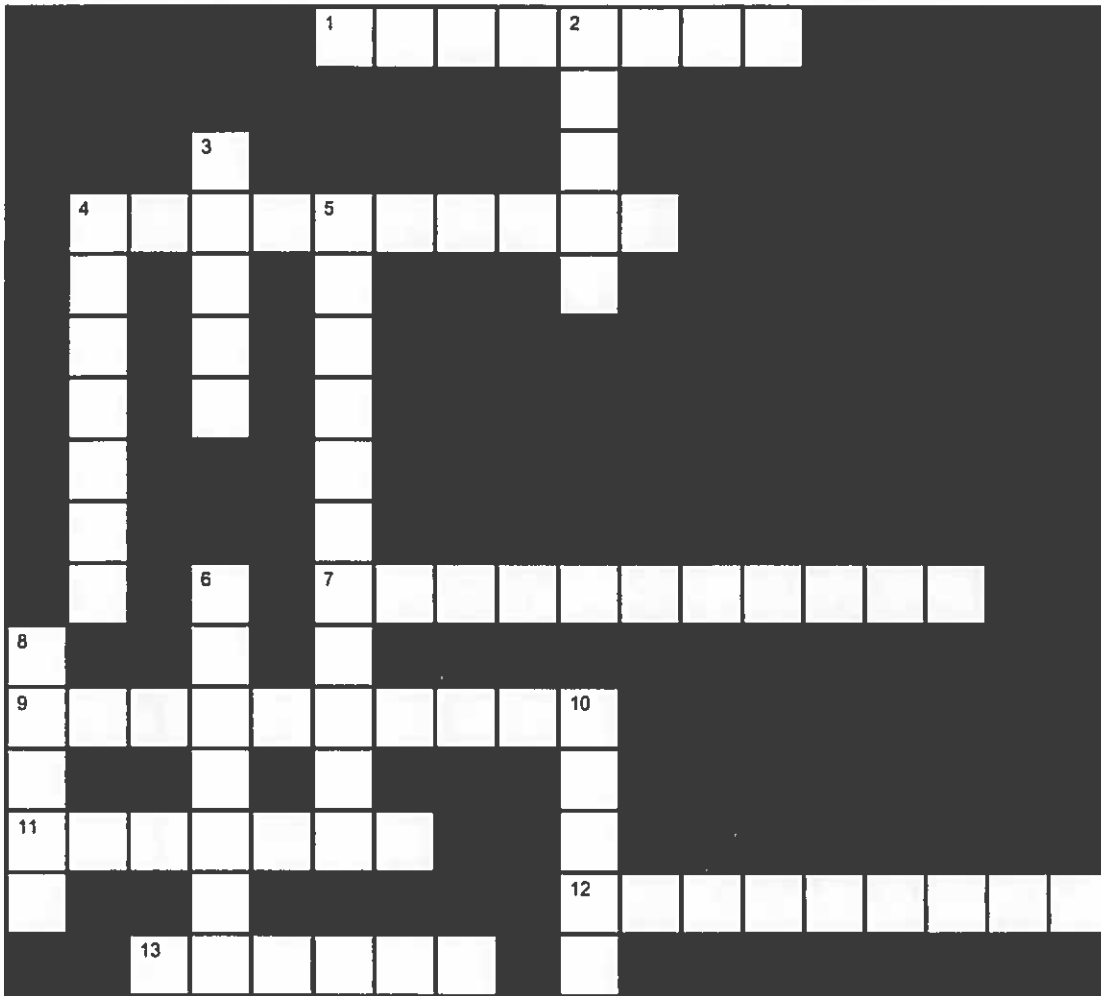
Directions:

- 1. In a 10 – 12 inch skillet, saute onions in small amount of the chicken broth over medium heat.**
- 2. Slice the sausage and add to the onions to brown for about 10 minutes.**
- 3. Add the can of diced tomatoes with juice and a small amount of white wine and cook for 4 minutes.**
- 4. Add the cooked rice to the mixture in the skillet and add a small amount of chicken broth and white wine and cook 5 minutes over medium low heat.**
- 5. Remove the skillet from the stove and let stand for 2 minutes.**
- 6. Salt and pepper to taste.**
- 7. Stir and Enjoy!!**

*****Word here at The Vineyard is that Al and Judi are our resident gourmet cooks!***

I made this recipe and it was delicious! My advice is to make sure you brown the sausage well and drink more wine – I mean add more wine! And it was even more delicious the next day! Submitted by: Sarah Tighe

WORLD POETRY DAY CROSSWORD PUZZLE



ACROSS

1. "TEARS IDLE TEARS" ALFRED, LORD _____
4. "I WANDERED LONELY AS A CLOUD" WILLIAM _____
7. "A FAIRY SONG" WILLIAM _____
9. "THE DAY IS DONE" HENRY WADSWORTH _____
11. "IF" RUDYARD _____
12. "I'M NOBODY! WHO ARE YOU?" EMILY _____
13. "STILL HERE" LANGSTON _____

DOWN

2. "WHEN YOU ARE OLD" WILLIAM BUTLER _____
3. "THE ROAD NOT TAKEN" ROBERT _____
4. "O CAPTAIN! MY CAPTAIN!" WALT _____
5. "I CANNOT GO TO SCHOOL TODAY!" SHEL _____
6. "STILL I RISE" MAYA _____
8. "LOVE'S SECRET" WILLIAM _____
10. "IN THE FOREST" OSCAR _____



WORD LIST: ANGELOU, BLAKE, DICKINSON, FROST,
HUGHES, KIPLING, LONGFELLOW, SHAKESPEARE,
SILVERSTEIN, TENNYSON, WHITMAN, WILDE,
WORDSWORTH, YEATS





MARCH



Named for the Roman god of war, Mars. This was the time of year to resume military campaigns that had been interrupted by winter.



PUZZLE OF THE MONTH

I am composed of 4 letters.

My first's in a fish, but not in an owl.

My second's in shad, but not in a fowl.

My third's in a crab, but not in a quail.

My fourth's in a mackerel, but not in its tail.

My whole is a thing that it pays to hoe well.

ST. PATRICK'S DAY

Who Was Saint Patrick?

Was there really a St. Patrick? Definitely. Did he really drive the snakes out of Ireland? Probably not, since snakes weren't native to Ireland.

St. Patrick was born in Britain as Maewyn Succat. At age 16 (around AD 400), he was kidnapped from his home on the west coast and carried off to Ireland to become a slave who worked as a shepherd. After six years, he escaped; upon returning home, he received his call (in a dream) to preach the Gospel. He spent the next 15 or so years in a monastery, preparing for his missionary work. When he became a priest, his name was changed to Patricius, and eventually, Patrick. Although some Christians lived in Ireland at the time, it was Patrick who spread Christianity throughout the land and brought an organized church into existence.

The Shamrock

We wear a shamrock on St. Patrick's Day because, legend says, St. Patrick used its three leaves to explain the Holy Trinity. [The Trinity is the Father, the Son, and the Spirit as three divine persons who are one divine being (God).] The truth of the St. Patrick legend, however, is in question, as there is no direct record that the saint actually used the shamrock as a teaching tool.

St. Patrick's Day Facts, Fun, and Folklore

Blue was the color originally associated with St. Patrick, but green is now favored.

St. Patrick's Day is the traditional day for planting peas.

Cabbage seeds are often planted today, too, and old-time farmers believed that to make them grow well, you needed to plant them while wearing your nightclothes!

DAYLIGHT SAVING TIME

In March, we spring forward. How did this practice of Daylight Saving Time (DST) begin?
The Old Farmer's Almanac (around since 1792) answers your questions.

What Is Daylight Saving Time?

Daylight Saving Time is the practice of changing the clocks forward one hour from standard time during the summer months, and changing them back again in the fall. The general idea is that this allows us all to make better use of natural daylight; however, DST has many detractors.

Note that it's called "Daylight Saving" (not "Savings"). OK, now that that's out of the way ...

When Is Daylight Saving Time 2019?

When do we set our clocks forward?

Daylight Saving Time begins on Sunday, March 10, at 2:00 a.m. Remember to "spring ahead" and set your clocks forward 1 hour (i.e., losing 1 hour). (We do this on Saturday night when we go to bed.)

When Do We Set Our Clocks Back?

Daylight Saving Time ends on Sunday, November 3, at 2:00 a.m. Now, we "fall back" by setting our clocks back 1 hour (i.e., regaining 1 hour).

(The exceptions to DST are American Samoa, most of Arizona, Guam, Hawaii, Northern Mariana Islands, Puerto Rico, and the U.S. Virgin Islands.)

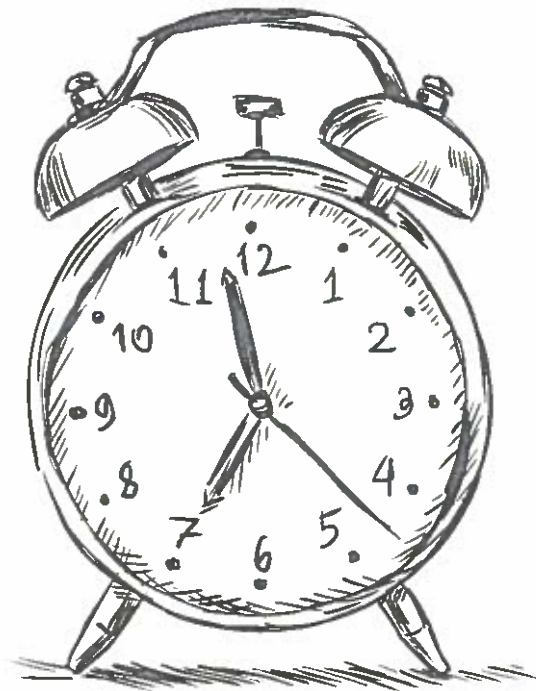
Why Is There Daylight Saving Time?

Here's the short history of this phenomenon ...

Credit for Daylight Saving Time is often attributed to Benjamin Franklin, who suggested the idea in 1784 as a joke. British-born New Zealander George Hudson proposed the concept in 1885 but was ridiculed. The idea was revived in 1907, when William Willett, an Englishman, proposed a system in the pamphlet *The Waste of Daylight*.

The Germans were the first to officially adopt the light-extending system in 1915 as a fuel-saving measure during World War I. The British switched one year later, and the United States followed in 1918, when Congress passed the Standard Time Act, which established our time zones. This experiment lasted only until 1920, when the law was repealed due to opposition from dairy farmers (cows don't pay attention to clocks).

During World War II, Daylight Saving Time was imposed once again (this time year-round) to save fuel. Since then, Daylight Saving Time has been used on and off, with different start and end dates. Currently, Daylight Saving Time begins at 2:00 a.m. on the second Sunday of March and ends at 2:00 a.m. on the first Sunday in November.







The Life Care Commitment

As an Ohio Living resident, you've heard of the Life Care Commitment. But did you know that this crucial program has played an important role in our organization's history?

Since 1922, the Life Care Commitment, backed by Ohio Living with the help of charitable support, has been helping residents stay in their homes, even if – in good faith – they run out of the funds meant to see them through.

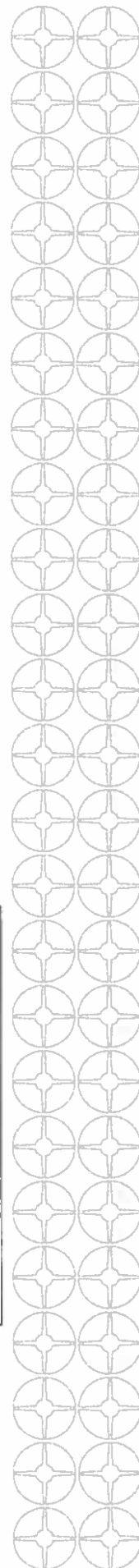
Sometimes residents need full support. Many times, however, they just need partial help to cover the cost of their housing or care. Whatever the need, Ohio Living has been there to help its residents, and so have donors.

Many people, including residents like you, believe so strongly in the peace of mind Life Care provides that they make charitable donations to the program. Watch your mailbox this spring for the upcoming Life Care appeal for your opportunity to support your neighbors in need or contact the gift officer below to make a gift today.

Quick Facts About Life Care

- Life Care is confidential. The residents who rely on its support are able to maintain their dignity without their neighbors knowing about their financial circumstances.
- Last fiscal year, residents throughout the state benefited from more than \$3.4 million in Life Care assistance.
- Donor support typically covers the majority of the Life Care need.

To learn more about giving to Ohio Living Vineyard on Catawba in support of Life Care, call your local gift planning director, Nancy Hamilton, at 419-707-4099.



March 2019



Ohio Living Vineyard on Catawba 419.797.3100

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Breakfast Bunch 8:00 Bible Study 10:00 Dominoes 6:30	5 Vineyard Voices 10:00 Health Screenings 11:00 Catholic Service 2:45 Yoga 3:00	6 Lenten Services 10:30 Pinochle 6:30 Texas Hold'em 7:00	7 Billiards 1:00 Bake Sale 2:00 - 4:00	8 Arts & Crafts 1:30	9
10	11 Breakfast Bunch 8:00 Bible Study 10:00 Book Club 1:00 Technical Support 2:15 Dominoes 6:30	12 Health Screenings 11:00 Ladies Lunch 11:30 Catholic Service 2:45 Yoga 3:00	13 Lenten Services 10:30 Pinochle 6:30 Texas Hold'em 7:00	14 Music Memories 11:00 Billiards 1:00 Communion 2:00 Potluck Party 5:00	15 Movie Afternoon 1:30	16
17	18 Breakfast Bunch 8:00 Bible Study 10:00 Dominoes 6:30	19 Health Screenings 11:00 Hearing & Your Health 1:00 Catholic Service 2:45 Yoga 3:00	20 Lenten Services 10:30 Pinochle 6:30 Texas Hold'em 7:00	21 Coffee with the Administrator 10:00 Billiards 1:00 CIC Dinner 5:00	22	23
24	25 Breakfast Bunch 8:00 Bible Study 10:00 Dominoes 6:30	26 Health Screenings 11:00 Catholic Service 2:45 Yoga 3:00	27 Lenten Services 10:30 Pinochle 6:30 Texas Hold'em 7:00	28 Billiards 1:00 Night Out 4:30	29	30
31						