

The Grapevine

Ohio Living Vineyard on Catawba Resident Newsletter | July 2018

Letter from the Administrator



I hope you are enjoying the summer weather. Please be mindful of the heat, humidity and sunshine as you are outdoors enjoying our beautiful campus. Always stay hydrated.

There is more great news regarding our fitness studio. Thanks to the generosity of many of you and the Harry Stensen Memorial Fund, we have purchased the two new recumbent exercise machines for the Fitness Studio in the Community Center. The second one has been ordered and will arrive soon. Enjoy!

Thank you to all who donated and/or attended dinner in support of the men and women of the Catawba Island Volunteer Fire and EMS Department. At the appreciation dinner, I had the privilege of presenting the department with a donation of \$2,107.00 on your behalf to help them purchase equipment and supplies to continue providing excellent service to our community and Catawba Island Township.

The summer season usually has lots of work taking place throughout our community. This summer will be extremely busy with unit turnover work along with some planned asphalt work. Any work that will potentially cause minor inconvenience to you will be communicated in a timely manner.

For your safety and your neighbors, we ask that you please let us know in the office if you plan to be away from the community for more than 24 hrs. When we know you are away from your home, we can keep an eye on things and in the event of an emergency;

we would not be putting emergency personnel or anyone else in harm's way searching for you if you are away.

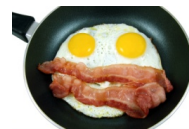
Please be mindful of the 15 MPH speed limit here on the Vineyard campus and remind any visitors you have of the speed limit as well. Safety is important to all.

If you are interested in volunteering some time on one of our many committees that help provide great programs for Vineyard residents, answering phones in the office from time to time, or just spending some time visiting with other residents that would enjoy a visit, please inquire at the office regarding volunteer opportunities.

Enjoy the Summer!

Paul

Breakfast Bunch



The Breakfast Bunch is open to any male resident of our Ohio Living Vineyard on Catawba community. This group meets on Mondays at 8:30 and carpools to a local restaurant where they discuss items in the news and things of interest while enjoying their bacon and eggs. Individuals each pay for their own breakfast. New faces are always welcome. Anyone new interested in attending is asked to call Bruce Waters at 419.967.9107.



each. There is a charge of \$3 per person per class. Please give it a try!

Bible Study/Fellowship



This group gathers on Monday mornings at 10:00 a.m. in our Community Center (except for the second Monday of the month). This is a group of residents who meet to discuss and study the Christian gospel. This group is led by a resident. Everyone is welcome to attend.

Catholic Communion Service



Commissioned Communion Ministers from Immaculate Conception parish will conduct a Catholic Communion Service on: Tuesdays, 2:45 p.m. in the Gathering Room at the Concord Apartments.

*Prayers, Scripture reading with reflection and Holy Communion.

*All residents and guests are invited--- however, if you are not Catholic and not united with the Catholic Church, you are still invited to attend and join us in prayer but asked not to receive Holy Communion.

*The Catholic Communion service continues at the Chalet, 3:30 p.m. every Tuesday.

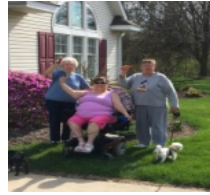
Please consider this an invitation and a warm welcome.

Yoga with Donna



Yoga classes are held on Tuesdays beginning at 3:00 p.m. in the Community Center. Classes are led by Certified Yoga Instructor, Donna Lueke. Most of the exercises and movements are performed while sitting in a chair. Those attending will receive instruction on stretching, posture, range of motion, balance, and breathing. Each exercise can be adapted for your ability. Classes last approximately 1 hour

Willy Wonka Wednesdays



All Ohio Living Vineyard on Catawba residents and guests are welcome to participate in Willy Wonka Wednesdays. Simply stop in to the office on Wednesdays between the hours of 9:00 a.m. and 3:00 p.m., say "Willy Wonka Wednesday!" to either Kara or Sherrie, and you will receive a FREE candy bar. Limit one per person each week.

Pinochle



Ohio Living Vineyard on Catawba residents get together to play pinochle on Wednesday evenings at 6:30 in the Gathering Room of the Concord Apartments. Everyone is welcome.

Billiards



Did you know that the log cabin adjacent to our campus belongs to Ohio Living Vineyard on Catawba? Did you know that there is a beautiful pool table right in the middle of the living room for all of you to enjoy? Although you are welcome to enjoy the Cabin Club at any time, we will have 'Billiards' on Thursday afternoons at 1:00. Everyone is welcome! You do not have to be a pool shark or know much about the game to have a good time. Come! Enjoy the fun!

Communion Service



at the Community Center on the second Thursday of each month at 2:00 p.m. All who have been baptized and believe that the Bread and Wine we receive is the Actual Body and Blood of our Lord and Savior Jesus Christ are invited to attend.

If you are unable to attend, communion can be brought to your home. Please call Marlene Carpenter (419.797.6402) by Wednesday noon if you would like to attend or to schedule a time for her to come to your home.

Health Screening



On Thursdays, beginning at 3:00 in the afternoon, FREE blood pressure and blood sugar screenings are offered in the Gathering Room of the Concord Apartments. The tests are performed by a nurse from Ohio Living. Testing can be conducted in a private setting. Refreshments are served. Why not take advantage of this wonderful opportunity to take charge of your health?

Vineyard Voices



The Vineyard Voices is comprised of all residents of Ohio Living Vineyard on Catawba. If you are a resident, you are a member of the Vineyard Voices. The Vineyard Voices meet on the first Tuesday of each month in the Community Center. Coffee, juice, and donuts are served. Representatives from each of the activity groups, as well as staff members, report on what is happening with their group or department. This is a great opportunity to learn more about Ohio Living Vineyard on Catawba, be involved in your community, and hear about major projects, upcoming events and what is new. Please plan to join us. The next Vineyard Voices meeting will take place Tuesday, July 3rd. The meeting will begin at 10:00 a.m.

Bingo with Sherrie



All Ohio Living Vineyard on Catawba residents and guests are invited to the Community Center on Friday, July 6th at 1:30 p.m. to play Bingo with Sherrie. Refreshments will be served. There will be a cost of \$1 per card. Please note that it is NOT \$1 per card per game. For \$1, you can play the same card all afternoon (or as long as we play). This month we are playing for

cash! We will also have a 50/50 raffle. Reservations are not required. Join the fun! See how lucky you are!

Book Club



NEW TIME! Our Book Club will now meet on the **second Monday of each month in the Community Center at 1:00 p.m.** This month, they will meet on Monday, July 9th. Book Club is led by a representative from Ida Rupp Public Library. She chooses a book and distributes them at the meeting. Residents then have until the next club meeting to enjoy the selection. Books are returned at the meeting when they are discussed. Participants share their thoughts, feelings, and opinions of the content, characters, and plot. Everyone is welcome. This month's discussion will be on *Me Before You* by JoJo Moyes. Extra copies of the book are available on the counter in the library of the Community Center if you would like to participate.

Tablet/Smartphone Support



Mary Braymeier, from Ida Rupp Public Library, has offered to stay after Book Club on Monday afternoon and help anybody who has a question about their Tablet and/or Smartphone. Please bring your question(s) and device(s) to the Community Center at 2:00 p.m. on Monday, July 9th for Mary's assistance.

Ladies Lunch



The ladies of Ohio Living Vineyard on Catawba are invited to enjoy lunch at Crabby Joe's on Tuesday, July 10th. We will all meet at the Community Center at 11:30 a.m. and carpool to the restaurant. Everyone will order off the menu and pay for their own lunch. Reservations are required. Please sign up in the office before noon on July 6th. When you sign up, please be sure to let us know if you need a ride or if you are willing to drive.



Music Memories

Please join us Thursday, July 12th at 11:00 in the Community Center for some wonderful, live patriotic music.

Chalet. We will be making flip flop door signs. All of the supplies will be provided for you and

your creation will then be yours to keep. There is no charge. Reservations are required. Please call Kara or Sherrie before noon on July 9th to RSVP.

Cookbook Dinner



Do you enjoy trying out new recipes? We have the perfect opportunity for you. Whether you like to try preparing new recipes or enjoy tasting new recipes, Cookbook Dinner is for you.

Generally, a well-known chef is chosen, such as Rachel Ray or Martha Stewart. Then, those wishing to cook, choose a recipe from the specified chef, and prepare the recipe to share with everyone. If you do not want to try your hand in the kitchen, you are still welcome to attend. Those who prefer only the tasting end of new dishes simply pay \$8 and enjoy all the creations. This month's theme will be summer soups and salads. The Cookbook Dinner will be held on Thursday, July 12th. Dinner will begin at 5:00. Reservations are required. Whether you are cooking or tasting, please be sure to sign up in the office before noon on July 9th.

Health and Wellness Program



"Healthy Eating for Diabetes" is the topic for this health and wellness program on Tuesday, July 17th, presented by Tracy Stadler, Director of Nutritional Services at Magruder Hospital. The presentation is free and will start at 1:00 in our Community Center. Reservations are not required.

CIC Dinner



Each month, residents of Ohio Living Vineyard on Catawba have the opportunity to enjoy a private dinner at the Catawba Island Club. Those wishing to attend simply notify the Vineyard office that they would like to be included. They choose either Fried Perch or Steak for their entrée. All dinners include a salad, meat, potato, vegetable, and dessert. Meals also include water and coffee. The cost is \$17 per meal payable to Ohio Living and collected when you sign up. This month, CIC Dinner will be held on Tuesday, July 17th and it will begin at 5:00 p.m. Those wishing to attend need to make their reservation to the Vineyard office, 419.797.3100, before noon on Friday, July 13th.

Volunteers Needed

We are looking for 4-5 people to help pack lunches for the United Way Summer Lunch and Fun Program for local children. Our date is Friday, July 13th. Volunteers meet at Firelands Presbyterian Church at 9:00 a.m. for about 35-45 minutes of making sandwiches and packing sack lunches. For more information or to sign up to help, see Kara in the office.

Arts & Crafts



All Ohio Living Vineyard on Catawba residents are invited to join Sherrie and Amy for some fun on Friday, July 13th at 1:30 p.m. at the

Cornhole, Music & Food



Join us on July 10th and July 24th from 6-8 p.m. for cornhole, music and fun. Even if you do not want to play, come on out and watch, listen to music, visit with other residents and have a light meal. We will be gathering outside on the north side of the Community Center and if it is bad weather we will bring it inside. There is no actual cost for this event, but donations would

be appreciated. Please sign up in the office, (419.797.3100) by the Friday before each event.

Local History



Richard Norgard, local historian and author of the book *Lights at the Portage*, will be here on Wednesday, July 25th at 1:30 to present on the history of the Port Clinton Lighthouse. He will be in the Community Center. Mr. Norgard, a member of the Port Clinton Lighthouse Conservancy, will also talk about the upcoming Lighthouse Festival that is being planned for August. This program is free and reservations are not required. Mr. Norgard will have his book here available for purchase for \$10, with all proceeds benefiting the Port Clinton Lighthouse Conservancy.

Coffee with Paul (formerly known as Town Hall)



Please join Administrator Paul Shaw in the Community Center on Friday, July 20th beginning at 10:00 a.m. for Coffee with the Paul, a less formal version of Town Hall.

Support for Our Troops



We continue to accept donations for packages to be mailed to American soldiers overseas. There is a basket in Paul's office where you can donate items. Monetary donations to help offset the cost of postage are also accepted. Thank you for your support of this very worthy cause.

Fitness Studio



Ohio Living Vineyard on Catawba's Fitness Studio is located within the Community Center. The Fitness Studio is open for anyone to use during normal business hours and is open to residents anytime. There is a variety of equipment that is easy and convenient to use. Please remember to sign in on the clipboard

located on the wall each time that you work out. Also, there is a waiver that needs to be signed by each person who uses the fitness studio. The forms are available in the office. Anyone wishing to receive instruction on any of the equipment in the Fitness Studio is encouraged to request instruction from our Administrator, Paul Shaw. Remember, all workouts can be customized to meet your abilities.

Library



Ohio Living Vineyard on Catawba is fortunate to have two libraries right here on campus. One is located in the Community Center, the other is located in the Gathering Room of the Concord Apartments. The books at the Community Center are all hard cover books, while those at the Gathering Room are all paper backs. All of the books in both libraries have been donated and we continue to accept donations. Library cards are not required. Simply choose your books, enjoy them, and return them to the library you got them from when you are finished reading them. In addition, daily newspapers are also available in both libraries for all to enjoy. The Toledo Blade is delivered daily to the Community Center and the News Herald is delivered daily to the Gathering Room. We do ask that you enjoy these newspapers in the common areas and not take them back to your home.

From the Maintenance Dept



Work orders should be completed when you require maintenance and/or repair to your home. Work orders can be found in the Gathering Room of the Concord Apartments and in the Library of the Community Center. If you are not able to get to either of these places, simply contact the office by calling 419.797.3100 and we will complete a work order for you.

Emergency Maintenance



In the event that you have maintenance *emergency* that *requires immediate assistance* during non-business hours,

Maintenance staff can be reached by calling 419.341.1145. Please leave a message if no one answers so that your concern can be addressed as soon as possible.

Beauty Shop



Did you know that you can get your hair done right here? Shannon Smith is providing a variety of hair services at The Concord Salon. She is here each Monday. Appointments must be made by calling Shannon directly at 419.320.7025. She asks that you leave a message with your phone number if you get her answering machine and she will call you back.

Golf News



Keep an eye on the “Golf Central” bulletin board in the Fitness Studio for match updates and results.

Office Closed

Our Office will be closed on Wednesday, July 4th, in observation of Independence Day.



The Vineyard Shop



The Vineyard Shop is open on Mondays and Thursdays from 2:00 to 4:00 p.m. We appreciate your business and want to

continue to serve your needs as fully as possible. Thank you for being our customers!

Old Eyeglasses



Our local Lions Club continues to collect old eyeglasses and sunglasses. Collection boxes are located in the library of the

Community Center and in the laundry room at the Concord Apartments.

Old Medication



Anyone wishing to get rid of old medication can bring it to the Vineyard Voices meeting and place it in the jar labeled “Old

Medication.” This container will then be taken to the designated location and disposed of properly. Old medications can only be accepted during the Vineyard Voices meetings. Please do not bring them to the office at other times.

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Ohio Living
Vineyard on Catawba

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