

Commitment to Community



**OHIO PRESBYTERIAN
RETIREMENT SERVICES**

OPPRS

*Community
Benefit Report
Fiscal Year 2011*

**In affiliation with LeadingAge's
Quality First standards, OPRS:**

- Welcomes and actively supports volunteer involvement in our organization,
- Has social accountability programs that benefit the local community, thus continuing a tradition that enhances the quality of life of the individuals we serve,
- Demonstrates good citizenship by serving as a catalyst, convener, facilitator and sustainer of community efforts, and
- Is actively involved and keeps abreast of public policy issues important to our organization and the people we serve.



Commitment to Community

“A community needs a soul if it is to become a true home for human beings.” These words from Pope John Paul II speak to what we at OPRS strive to do every day.

This year’s theme for our community benefit report, *Commitment to Community*, shows our dedication to those we serve – the residents of our communities, our home and community based services clients, our more than 3,000 employees, countless volunteers and the greater community.

Whether it is a group of employees preparing and serving dinner to families at the Ronald McDonald House®, or more than 100 people from a community lifting their voices in song to raise money for a local food pantry, good works are being performed every day within the OPRS family. Some actions are small and silent, while others exhibit a bold commitment to our mission. Whatever the deed, we take pride in what we do and we are proud to tell our stories.

Serving those in the greater community is OPRS’ way of giving back and showing that we are worthy of the public’s confidence in us as a not-for-profit, faith-based organization. We appreciate your trust in us, and hope that you will see our “soul” in action through the stories shared in this report.

A stylized graphic of a house with an orange roof and yellow accents, partially visible on the left side of the page.

Our mission
is to provide
older adults
with caring and quality services
toward the enhancement of
physical,
mental
and spiritual
well-being
consistent with
the Christian Gospel.



David J. Kaasa President/CEO



Board Chair **Donald L. Malone**



Breckenridge Village



Caring for a seriously ill child not only puts a financial strain on the parents of the child, but an emotional strain on all family members involved. During these hard times, any extra comfort that can be provided to the child and their family, no matter how small, is greatly appreciated.

This year, Breckenridge Village staff teamed up with The Ronald McDonald House® of Cleveland to make the lives of sick children and their families a little brighter. The Ronald McDonald House® supports families whose children receive treatment at area medical centers by providing a home away from home, as well as essential resources and services for families who need to stay close to their hospitalized child.

Breckenridge provided the supplies, licensed kitchen space and labor to feed approximately 60 family members staying at The Ronald McDonald House®. The smiles on the faces of the children and their families were almost as big as those from the Breckenridge team!

Other Contributions

- Hosted United Way's Leadership Initiative
- Held Veterans' recognition and fundraiser
- Provided AARP tax services

Cancer is the leading cause of death by disease among U.S. children between infancy and age 15. Approximately 11,210 new cases of pediatric cancer are expected to be diagnosed in children 0-14 years of age in 2011.
~National Cancer Institute



Greater Cleveland Region

During difficult times, people often find strength and comfort from their spirituality and faith communities. OPRS understands this and works with area congregations to provide programs and services that continue to cultivate this connection.

Senior Independence in the Greater Cleveland Region has a unique link to six local congregations statewide through the Parish Nurse collaborative program, which promotes the holistic health of each faith community by incorporating the physical, psychological, social and spiritual dimensions of their wellness. Although the role of each Parish Nurse is individualized to their parish, they all offer monthly blood pressure screenings, health consultations and home visitations. They also write educational material for church publications.

Other Contributions

- Organized arthritis exercise program at local senior living buildings
- Provided flu shots
- Volunteered with Meals on Wheels program





Miami Valley Region

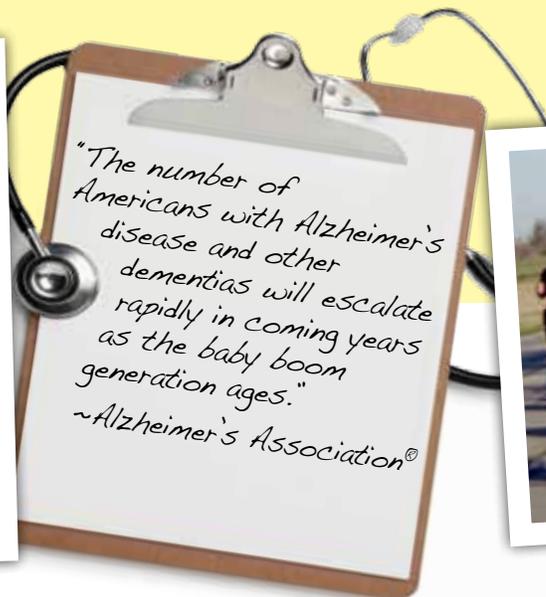
It's important to keep up with the latest research that could benefit the health of the communities we serve; however, this can sometimes be difficult. OPRS works hard to bring pertinent information to those it serves.

Senior Independence in the Miami Valley Region goes out of its way to make information accessible to those in the surrounding community. Throughout the year, education classes on numerous nutritional issues are taught in HUD buildings within their service area, helping to spread education to others.



Other Contributions

- Conducted numerous wellness clinics at multiple locations
- Provided exercise classes
- Hosted wellness education programs



Dorothy Love Retirement Community

Alzheimer's disease is affecting more and more Americans each year. In 2011, 5.4 million reported having the disease and of that, 5.2 million were 65 or older. Unfortunately, a cure has yet to be found.

On October 16, 2010, Dorothy Love Retirement Community in Sidney hosted their first annual "A Run to Remember" 5K Run/Walk. On the cool, sunny morning of the race, the 208 registered participants ran and walked the course that wound through the streets of Dorothy Love. Thirty-five volunteers directed runners throughout the course, and residents came out of their houses to cheer on the participants. The event was a tremendous success, raising \$1,520 to benefit the Alzheimer's Association® - Miami Valley Chapter.

Other Contributions

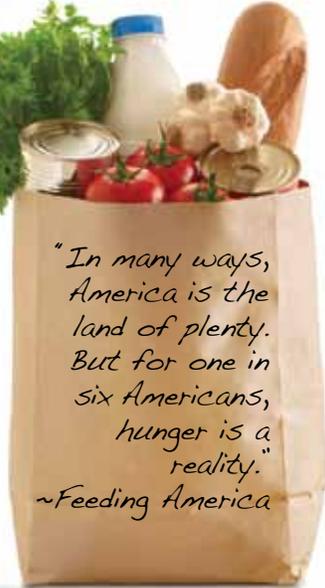
- Formed a Fibromyalgia support group
- Held a retired teachers' luncheon where school supplies were donated benefiting the Salvation Army
- Participated in Shelby County's Senior Citizens' Day



Cape May Retirement Village

While the economy continues to struggle, the number of people facing hunger continues to rise as well. Throughout the year, OPRS holds multiple food drives and raises funds for local food pantries.

In November 2010, Cape May Retirement Village in Wilmington sponsored and took part in a very special event – The Church Music Celebration. Held at the historic Murphy Theatre in Wilmington, nine churches, with a combined total of 112 participants from numerous denominations, came together to praise God through music and raise money for Sugartree Ministries, the main meal provider for people in Clinton County. With the economic downturn and massive job losses in the area, Sugartree's demand has been soaring. Thanks to the efforts of all involved, a total of \$2,270 was raised for a wonderful cause.



*"In many ways,
America is the
land of plenty.
But for one in
six Americans,
hunger is a
reality."
~Feeding America*

Other Contributions

- Provided Turning the Corner bereavement group
- Hosted Wilmington College's Lifelong Learning
- Held fall prevention program provided by physical therapist



Mount Pleasant Retirement Village

OPRS knows that growing and maintaining relationships with local churches is important not only to the congregations, but also to its residents and clients.

Mount Pleasant Retirement Village in Monroe wanted to plan something inspirational and entertaining for the local churches. So, they decided to host the Spring Fling Tea on May 4, 2011. Church Relations Director Sara Smith worked with the nearby congregations to plan the event. Senior and women's groups were invited to Mount Pleasant for a fun luncheon where they came together to visit, eat and enjoy a gardening talk by the The Garden Girlz, a local garden business. Chaplain Karen Fleming also gave an inspirational presentation entitled, "Bloom Where You are Planted."

Other Contributions

- Held caregiver support group
- Provided use of activity building for Maddie's Hope Auctions benefiting cancer research
- Planned fashion show and fundraiser with proceeds going to the Alzheimer's Association®



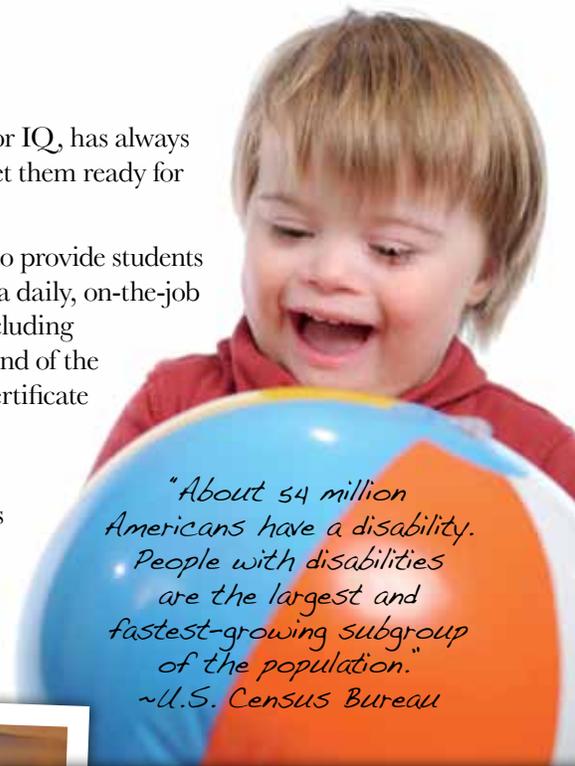
Lake Vista of Cortland

Preparing today's youth for the workforce, no matter what their socioeconomic class or IQ, has always been of great importance. OPRS often partners with students from local schools to get them ready for that upcoming transition.

Lake Vista of Cortland teamed up with the Trumbull Career and Technical Center to provide students with special needs invaluable work experience. Twelve students were invited to fulfill a daily, on-the-job work program for one year. They were paired up with mentors in numerous areas including culinary and nutritional services, maintenance and the activity departments. At the end of the year, a congratulatory brunch was held for the students where they each received a certificate of accomplishment, lapel pin and Lake Vista shirt.

Other Contributions

- Hosted an appreciation pancake breakfast for local firefighters and police officers
- Gave canned goods to Cortland Area Cares food pantry
- Presented free Concert on the Lawn for the community



The Vineyard on Catawba



The holidays are meant to be times of joy and merriment where families gather to celebrate their thankfulness and spend time together. OPRS helps to make the holidays special in many ways.

The Vineyard on Catawba once again held its annual Holiday Tour of Lights to help get everyone into the holiday spirit. Horse-drawn carriages gave rides through the beautifully decorated campus, and when riders returned they were greeted with hot chocolate and cookies. Santa even made an appearance to hand out treats and listen to wish lists. This intergenerational event invites the public to come to The Vineyard to share in a night of fun festivities, and in return, it was asked that everyone bring a non-perishable food item. Several boxes of donations were collected and split between Firelands Presbyterian Church Food Bank and the Catawba Island Holiday Bureau.

Other Contributions

- Hosted a Bible study group
- Conducted an eyeglasses collection for underserved countries
- Held monthly wellness programs

Llanfair Retirement Community

OPRS tries to help enrich children's educational experiences in any way possible. Numerous partnerships and programs are formed between schools and OPRS for just that reason.

Llanfair Retirement Community in Cincinnati connected with local school children and took part in the Boys Hope Girls Hope program. For two months, children from fourth through eighth grade visited residents at Llanfair's Living Center. Students were selected based on both academic and social need. The theme of this summer's session was "Around the World," and each child worked one-on-one with a resident to complete a creative project.

Other Contributions

- Held Laughter Yoga and Matter of Balance classes in the community
- Recycled pop can tabs for the Ronald McDonald House®
- Provided a Life Line Screening® mobile van on campus



Llanfair Executive Director Sheena Parton was awarded the 2010 Josh Weiser Community Service Award for outstanding volunteer leadership in College Hill. She received this award for building strong relationships with city and state officials for the betterment of the community, and turning Llanfair into one of the most community-conscious, generous organizations in the area.



Southwest Ohio Region

Being a caregiver to a family member or friend can be a tiring, difficult and sometimes thankless job. At OPRS, we make it our goal to care for the caregiver, helping to answer questions they may have and bring a little extra cheer to their lives.

A unique program was started three years ago by Senior Independence's Southwest Ohio Region – and it involves something as simple as teacups. Volunteers gather donated teacups then fill and wrap them. The teacups are then delivered by the hospice team to doctors, administrators, grandchildren, spouses and anyone who needs a "thank you" or some encouragement to stay strong as caregivers, and to remind them to also care for themselves. Since the program's inception, more than 200 teacups have been given away to grateful people caring for elderly in the community.

Other Contributions

- Offered blood pressure clinics and screenings
- Provided education on Parkinson's disease with the Epilepsy Foundation®
- Took part in Wish Tree Program, a gift-giving program during the holidays

"More than 65 million people, 29 percent of the U.S. population, provide care for a chronically ill, disabled or aged family member or friend during the year and spend an average of 20 hours per week providing care for their loved one."

~National Family Caregivers Association

Park Vista of Youngstown

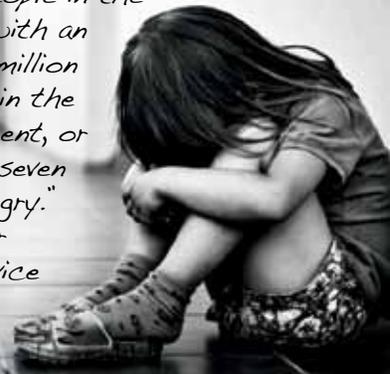
Poverty, the number one cause of hunger, continues to be a problem worldwide. OPRS puts forth great effort to contribute to the eradication of poverty.

For the past two years, Park Vista of Youngstown has hosted the area's CROP Hunger Walk, a community-wide event sponsored by Church World Service and organized by local congregations or groups to raise funds to end hunger at home and around the world. The nearly 200 walkers met at Park Vista prior to the five-mile walk. Upon their return, Park Vista provided light food and refreshments to everyone. This year, the walk raised \$16,156.

Other Contributions

- Provided Kent State University students certified occupational therapy assistant training
- Held Parkinson's support group
- Participated in Mahoning County's Alzheimer's Association® Memory Walk

*"In round numbers there are 7 billion people in the world. Thus, with an estimated 925 million hungry people in the world, 13.1 percent, or almost one in seven people are hungry."
~World Hunger Education Service*



Mahoning Valley Region

The holiday season and giving go hand-in-hand. OPRS gives back to the community and those in need year-round, but especially during the holidays.

Senior Independence's Mahoning Valley Region put on a lovely Christmas celebration at a local adult day care center. Nearly 80 people attended the event to partake in good food, entertainment, exciting giveaways, a 50/50 raffle and a Chinese auction. Each attendee brought a non-perishable item that was donated to the local food pantry.

Other Contributions

- Provided caregiver support program
- Recycled aluminum cans for Habitat for Humanity®
- Offered exercise, yoga and tai chi classes in the community

Rockynol

Nearly every day we hear the message to “go green” and are given multiple ways in which to achieve this goal. Whether it’s by recycling or using eco-friendly products, it’s our responsibility to help save and protect our planet.

Residents and staff at Rockynol in Akron have partnered with the Summit/Akron Solid Waste Management Authority in its “B the 1” recycling program. This program allows Rockynol to have its recycling picked up for free. The campus is now recycling glass, plastic and aluminum cans. Staff at Rockynol are also working with Summit county on the “Lights Out Program” and “Go Green Spot.”

Other Contributions

- Worked on building homes with Habitat for Humanity®
- Continued “Project Linus” where no-sew blankets are made and donated to hospitalized children
- Donated clothing to local women’s shelter



Akron/Canton Region

It’s important to spread your knowledge to others who could benefit from your experience. As the largest and most experienced not-for-profit provider of continuing care retirement communities and services in Ohio, OPRS routinely shares its expertise with those in the local community and around the country.

In May 2011, Senior Independence’s Akron/Canton Region offered a “Hospice 101” program for area funeral directors and embalmers. The 22 attendees learned about important topics including hospice eligibility, how hospice is paid for, and benefits provided to hospice patients and their families. The presentation and discussion was successful in bringing needed information to people who frequently deal with families struggling with knowing where to turn in the face of life-limiting illness and grief.

Other Contributions

- Held educational talks on preventative care at senior buildings
- Collaborated with children at local YMCA on different activities
- Provided a support group for early stage Alzheimer’s disease

Swan Creek Retirement Village

It's important to foster intergenerational connections between children and their elders. There is much that can be learned on both ends, and a camaraderie that can be like no other. OPRS provides numerous intergenerational programs and activities throughout the year.



Swan Creek Retirement Village in Toledo has connected with a local Girl Scout troop to provide a great intergenerational connection between its residents and the girls. The Girl Scouts come to Swan Creek regularly to earn their badges, and the campus allows the girls to use their facilities for badge ceremonies. With Swan Creek's addition of a multi-purpose space and café, the Girl Scouts and residents are planning a late-night get-together where they'll enjoy movies, pizza and games with one another.

Other Contributions

- Raised money for and participated in Alzheimer's Association Memory Walk®
- Donated clothing and towels to area shelters
- Made or donated goods for mitten tree to benefit inner city school

"The focus of intergenerational programming is to teach the young to respect and learn from their elders as well as provide service to them, while giving seniors the opportunity to enjoy the younger generation and share their wisdom and life-coping experience." ~New York City Department for the Aging



Greater Toledo Region

In a day and age where children and parents are busier than ever, it's sometimes difficult for families to spend a day or evening together. OPRS often hosts events that are geared toward families, helping to give them an opportunity to spend some quality time with one another.

For the past three years, Senior Independence's Greater Toledo Region has been invited to participate in a Family Affair at Wolf Creek. As a participant, Senior Independence was asked to bring a family-friendly, intergenerational activity. This year, Senior Independence staff chose the theme of "Blow the Whistle on Bullies," and they handed out whistles, as well as information on what a bully is and what can be done about bullying. More than 1,000 parents and their children attended the event, enjoying an afternoon of learning and fun.

Other Contributions

- Held Ohio Senior Health Insurance Information Program to help seniors understand Medicare
- Provided hospice memorial services
- Coordinated the Solid Steps falls prevention program



Westminster-Thurber Community

Have you ever wondered how a hobby of yours could be used toward the betterment of others? Every day, residents and clients at OPRS find ways to use their time and talents to help those around them.

Each week, a group of about 20 women residents at Westminster-Thurber Community in Columbus gather to crochet. Together, they create beanie hats that they then donate to multiple charities such as the YWCA and the American Red Cross. This club began when professional soccer player Steven Lenhart from the Columbus Crew partnered with the ladies, and together they produced hats for his charity, Homiez Hats, which benefits the needy and homeless. While Lenhart has since been traded to another team, the crochet club has continued making the hats, often sewing with his friends still on the Columbus Crew. This past year, the club has crocheted and donated more than 215 hats.

Other Contributions

- Worked with nursing students from Mt. Carmel School of Nursing and Columbus State Community College
- Held “Caring for the Caregiver” workshop
- Provided space for a voting site on election day



“The simplest, but not always the easiest, way is to talk about end-of-life care before an illness. Discussing your thoughts, values and desires will help people who are close to you to know what end-of-life care you want.”
~National Institute on Aging.

Central Ohio Region

Though it may be difficult, it’s valuable to have discussions with your loved ones about what their choices are for end-of-life care. OPRS tries to make these conversations easier by providing needed information and tips from our experts.

Senior Independence’s Central Ohio Region has presented “Hoping for the Best, Planning for the Rest” multiple times this year.

This informational program touched on topics including how to avoid typical mistakes often made in estate planning, elder law issues and the importance of making your wishes known. Attendees participated in roundtable discussions and were more than grateful for the knowledge that was shared with them at the session.

Other Contributions

- Held falls assessment screenings
- Hosted multiple health and wellness clinics
- Worked with numerous nursing and medical students

The OPRS Statewide Impact

OPRS Corporate

The employees of the OPRS corporate office believe in reaching out to others. Two events they were a part of this year included the annual bell ringing for the Salvation Army, which raised \$982, as well as collecting toys for a local charity.

At the annual Christmas luncheon, employees were asked to bring a toy that would be donated to the local firefighters' "Toys for Tots" drive. As the adjacent picture shows, there were a lot of toys, which provided countless hours of joy to many children throughout central Ohio. It is but one way the OPRS corporate office gives back to the communities we serve.



Church Relations

Church Relations is OPRS' external program that provides support and resources to more than 276 churches throughout Ohio. During fiscal year 2011, the team of Church Relations Directors made more than 900 visits to churches and organized 142 events on a variety of topics. Some of the topics included, "Six Dimensions of Wellness" and "From Cleopatra to Christ," as well as an overview of our hospice program given to area funeral directors in several different regions that we serve. OPRS is proud of this outreach. The ongoing Speakers' Bureau contains a variety of topics and educational events that provide valuable resources to churches, helping them "navigate the waters" for the members of their congregations. This is a commitment to community that shows the OPRS mission in action.



OPRS Foundation

The OPRS Foundation raises and manages charitable funds that support OPRS retirement communities and Senior Independence regions throughout the state. In fiscal year 2011, the OPRS Foundation raised a total of \$6.7 million in support of those served by OPRS.



The Financial Impact of Our Community Benefit

Our social accountability is best depicted in the stories and activities of the lives touched described in the fiscal year 2011 OPRS Community Benefit Report, *Commitment to Community*. In addition to this human impact, there is also financial measure of our efforts.

The following chart illustrates the total financial impact of OPRS' community benefit. The dollars represent OPRS' commitment to each of the communities it serves. Below is a description of each item in the chart:

Honorable Service Grants – OPRS has instituted a program to honor the service of long standing church workers and those with military service. This program provides significant discounts on fees for apartments and homes at OPRS Communities.

Health Care & Assisted Living Medicaid Charity – Medicaid is the state of Ohio's health care funding source for low-income individuals. The dollars in this line item represent the difference between the cost of care at OPRS health care and assisted living centers, and the Medicaid or Medicaid Waiver reimbursement for that care.

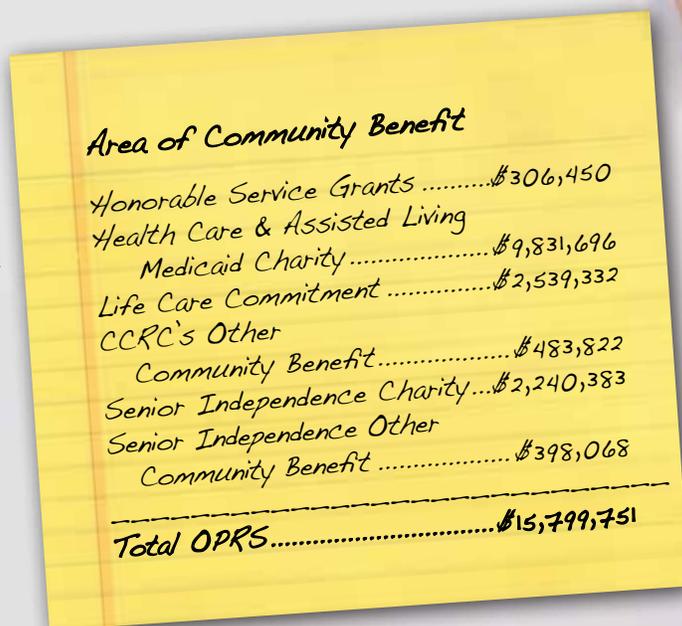
Life Care Commitment – The Life Care Commitment, backed by OPRS with the help of charitable support, helps assure all OPRS residents that they will always have a home even if – in good faith – they run out of the funds meant to see them through.

CCRC Other Community Benefit – This number represents goods and services provided to the greater community by OPRS Communities and corporate office at no cost or at a discounted rate. Numbers in this table are not reflected in any of the above line items.

Senior Independence Charity – Senior Independence offers a number of home and community based services to older adults in the greater community. Senior Independence works with Passport, local levies, Title XX, the United Way, Title III and numerous other funding sources in order to make services available to people of all incomes. The dollars depicted in this line represent the difference between the cost of providing these services and the reimbursement received for them.

Senior Independence Other Community Benefit – This number represents goods and services provided to the greater community at no cost or at a discounted rate. Numbers in this table are not reflected in any of the above line items.

The total number represents OPRS' total community benefit dollars – the sum of the above community benefit activities.



Area of Community Benefit	
Honorable Service Grants	\$306,450
Health Care & Assisted Living Medicaid Charity	\$9,831,696
Life Care Commitment	\$2,539,332
CCRC's Other Community Benefit	\$483,822
Senior Independence Charity	\$2,240,383
Senior Independence Other Community Benefit	\$398,068
<hr/>	
Total OPRS	\$15,799,751



Commitment to Community





OHIO PRESBYTERIAN RETIREMENT SERVICES

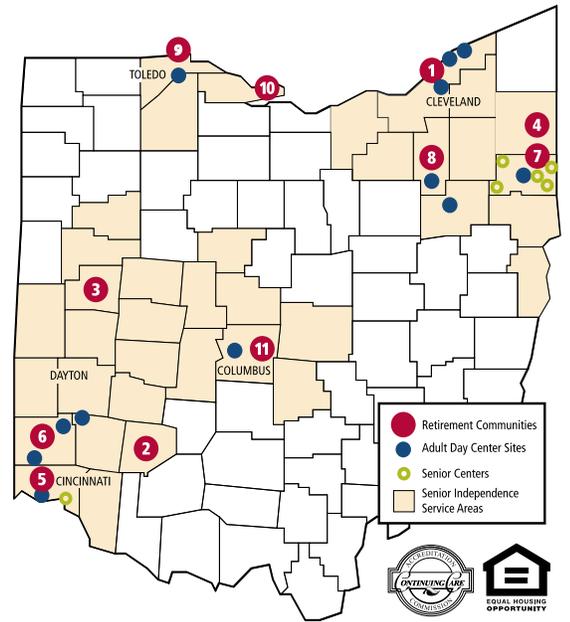
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SCAN CODE WITH
SMARTPHONE

OPRS is the largest and most experienced not-for-profit provider of continuing care retirement communities and services in Ohio. A faith-based organization with headquarters in Columbus, Ohio, OPRS serves more than 95,000 people in 38 Ohio counties annually through its wholly owned subsidiaries:

- Ohio Presbyterian Retirement Services (www.oprs.org)
- OPRS Communities (www.oprscommunities.org)
- Senior Independence (www.seniorindependence.org)
- OPRS Foundation (www.oprsfoundation.org)



OPRS Communities & Service Locations



1 Breckenridge Village*
Willoughby
440-942-4342



7 Park Vista of Youngstown*
Youngstown
330-746-2944



2 Cape May Retirement Village
Wilmington
937-382-2995



8 Rockynol*
Akron
330-867-2150



3 Dorothy Love Retirement Community*
Sidney
937-498-2391



9 Swan Creek Retirement Village*
Toledo
419-865-4445



4 Lake Vista of Cortland*
Cortland
330-638-2420



10 The Vineyard on Catawba
Port Clinton
419-797-3100



5 Llanfair Retirement Community*
Cincinnati
513-681-4230



11 Westminster-Thurber Community*
Columbus
614-228-8888



6 Mount Pleasant Retirement Village*
Monroe
513-539-7391

SENIOR INDEPENDENCE

Akron/Canton Region 330-873-3468

Central Ohio Region 614-433-0031

Greater Cleveland Region 440-953-1256

Mahoning Valley Region 330-533-4350

Miami Valley Region 937-415-5666

Southwest Ohio Area Region 513-681-8174

Greater Toledo Region 419-865-1499

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