

# The Grapevine

Ohio Living Vineyard on Catawba Resident Newsletter | April 2019

## **Hello, Sunshine!**

The slow transition to spring continues to build anticipation of the beauty our Vineyard campus will start to show including beautiful color in the flower beds and lawns. Please be aware that with the warmer days that are on the way, more outdoor activity throughout the campus will be the norm, with contractors working and residents/neighbors walking to enjoy the spring weather and the flowers peaking out. Please be patient through this busy time.

The annual weekly Lenten services are underway. Each Wednesday, Bible Study begins at 10:30, followed by lunch at noon, and a short worship service after lunch is complete. The cost of lunch is \$6 and reservations are not required. These weekly services are a great way to prepare for Easter and all are invited.

As we move into more spring-like weather, please be mindful of the **15 MPH speed limit** here on the Vineyard Campus and remind any visitors you may have of the speed limit as well. Safety is important to all.

Our Vineyard Health & Wellness Committee, in conjunction with Magruder Hospital, will have Dr. Brad Buck M.D., a Urologist, here on Thursday April 18th at 1:00 p.m. for a presentation. Please plan to attend.

For your safety and your neighbors, please let us know in the office if you plan to be away from the community for more than 24hrs. When we know you are away from your home, we can keep an eye on things. Also, in the event of an emergency, we would not be putting emergency personnel or anyone else in harm's way searching for you.

If you are interested in volunteering some time on one of our many committees that help provide great programs for Vineyard residents, occasionally answering phones in the office, or just spending some time visiting with other residents that would enjoy the company, please inquire at the office regarding volunteer opportunities.

## ***Blessings for the Spring Season!*** **Paul**



FAITH + COMPASSION + COMMUNITY



# Campus Activities: April 2019

## Bible Study

*Understanding Your Bible*

Monday, April 1st at 10:00 a.m.  
in the Community Center

This is the last session of the series.

For additional information, please contact  
Dennis at 419.573.6214.

## Health Screenings

**Tuesdays at 11:00 a.m.**

FREE blood pressure and blood sugar  
screenings in The Gathering Room  
of the Concord Apartments  
by an Ohio Living nurse.

*Refreshments, too!*

## Catholic Communion Service

Commissioned Communion Ministers from  
Immaculate Conception parish conduct a  
Catholic Communion Service on Tuesdays at  
2:45 p.m. in The Gathering Room  
of the Concord Apartments.

All residents and guests are invited;  
however, if you are not Catholic and not  
united with the Catholic Church you are  
asked to not receive Holy Communion.

The Catholic Communion service continues  
at the Chalet at 3:30 p.m. every Tuesday.

## Vineyard Voices

Want to know what is happening on our  
lovely campus? Come to the next  
Vineyard Voices meeting!

Tuesday, April 2nd at 10:00 a.m.  
in the Community Center

The Vineyard Voices meeting is our  
monthly resident meeting  
open to anybody who lives at  
Ohio Living  
Vineyard on Catawba.



## Just Us Girls

Tuesday, April 2nd at 5:30

Friends, Food, Fashion & Fun!

**THIS EVENT IS  
SOLD OUT**

## Lenten Services

Each Wednesday during Lent

- Lunch is \$6.00
- Reservations Not Required

Bible Study 10:30 | Lunch 12:00 | Worship Service 12:30

## Campus Activities continued...

### Book Club

The next meeting is on Monday, April 8th at 1:00 p.m. in the Community Center.

This month's selection is:  
**Virgil Wander**  
by Leif Enger

Extra copies of this book are available on the counter in the library of the Community Center.

### Technical Support

\* 2:15 p.m. on Monday, April 8th in the Community Center.

\* Bring your Smartphone/Tablet/Laptop etc. and their chargers.

\* There is a sign-up sheet on the counter of the library in the Community Center.



### Yoga with Donna

\* Chair-based;  
All levels of ability welcome!

\* Tuesdays at 3:00 p.m. in the Community Center; lasts about an hour

The cost of Yoga with Donna is:

**\$5.00**

**PLEASE NOTE: THERE WILL BE NO YOGA ON TUESDAY, APRIL 2nd.**

### Bake Sale at The Vineyard Shop

There will be a bake sale at The Vineyard Shop in The Gathering Room of the Concord Apartments (benefiting the Vineyard Shop) on Thursday, April 7th, from 2-4 p.m.

*Donations (of baked goods) Appreciated!*

### Music Memories

*We could all use a little nostalgia in our lives every once in awhile.*

Please join the very talented and personable **Ohio Living Home Health & Hospice Pastor Bruce Rodgers**

on Thursday, April 11th at 11:00 a.m. as he fills the Community Center with beautiful live music played on the keyboard.

It is such an enjoyable hour of entertainment... don't miss it! Everybody who comes here for Music Memories leaves in such a good mood and always comments on how the songs really "take them back."

This month's theme is:

### **Country Favorites**



### Communion Service

\* In the Community Center on the second Thursday of each month at 2:00 p.m.

\* If you are unable to attend, Communion can be brought to your home.

\* Please call Marlene Carpenter at 419.797.6402 with any questions.

## Campus Activities continued...

### Arts and Crafts

#### ***Beaded Bracelets***

Friday, April 12th at 1:30 p.m.  
at the Chalet.

**Please sign up in the office by  
noon on Monday, April 8th.**

There is no charge for this activity.

### Coffee with the Administrator

Join our Campus Administrator, Paul Shaw, on Thursday, April 18th at 10:00 a.m. in the Community Center for coffee and conversation.



### Health & Wellness Program

**Brad Buck, M.D.**  
Urologist

On Thursday, April 18th at 1:00 in the Community Center, Urologist Dr. Buck will be here to present

## **“Stop the Go.”**



Reservations are not required.

### Potluck Party

## **SPRING FLING!**



Let's gather and celebrate spring being in full swing! We'll have shredded chicken from Roots Poultry and you can bring your favorite spring beverage, side and/or dessert to share.

A few suggestions of items to share are fruits, veggies, pasta salads, deviled eggs...  
**think light and fresh, think SPRING!**

Please sign up in the office  
by noon on Monday, April 8th.

If you'd rather not bring something, you can sign up and pay \$8.00 in the office.  
(by noon on 4/8)

### Movie Afternoon

Friday, April 19th at 1:30  
in the Community Center



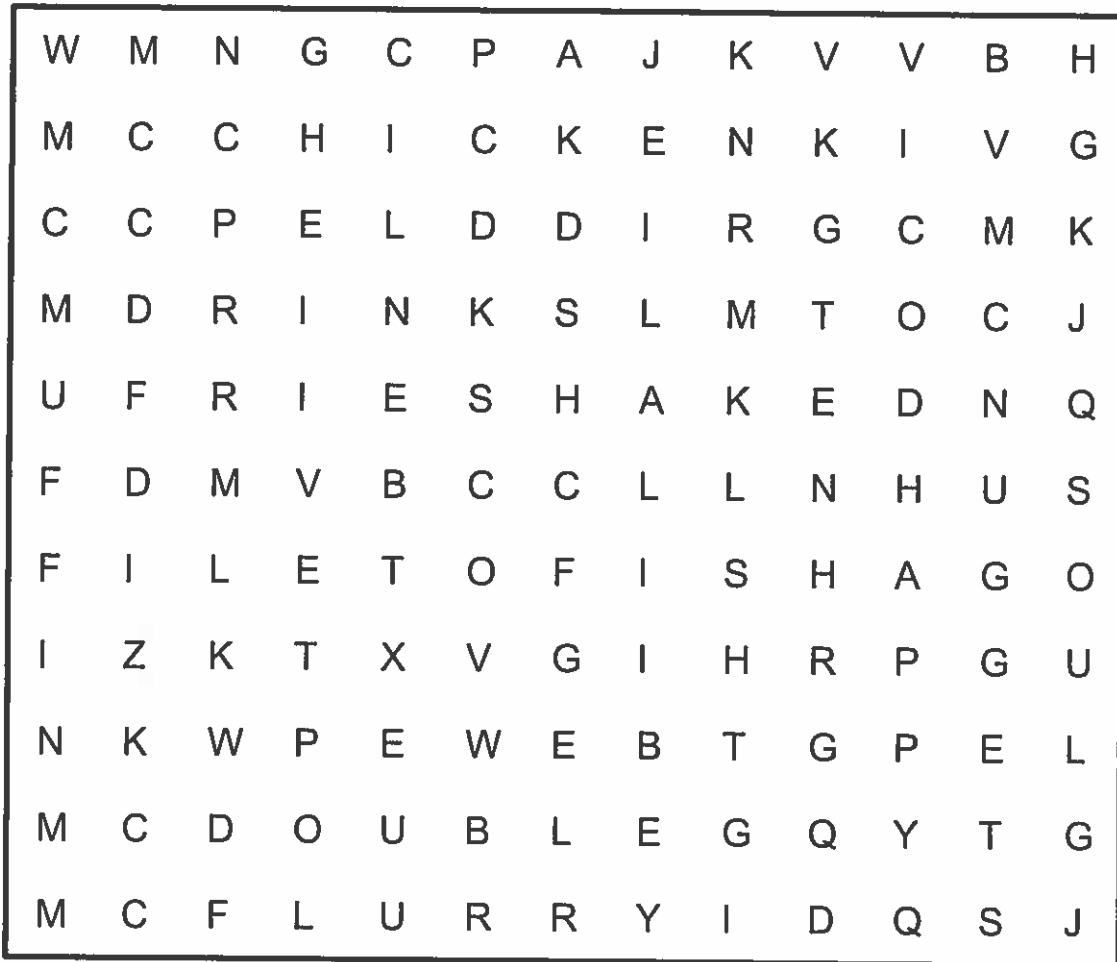
Starring John Travolta and Olivia Newton-John  
(Rated PG-13; 1 hour, 50 minutes)

Can Danny and Sandy rekindle their summer romance at Rydell High in this timeless movie musical set in the 1950's???

Come to Movie Afternoon dressed as a  
**“Pink Lady”** or **“Greaser”**  
and get a special treat!

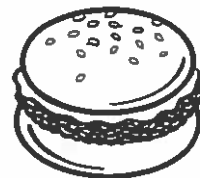
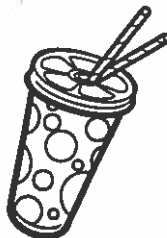
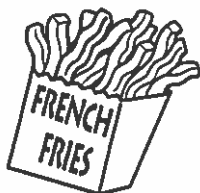


# McDONALD'S MENU ITEMS WORD SEARCH



## WORD LIST

- **BIG MAC®**
- **DRINKS**
- **FILET-O-FISH®**
- **FRIES**
- **HAPPY MEAL®**
- **McCHICKEN®**
- **McDOUBLE®**
- **McFLURRY®**
- **McGRIDDLE®**
- **McMUFFIN®**
- **McNUGGETS®**
- **McRIB®**
- **PIE**
- **QUARTER POUNDER®**
- **SHAKE**



## Out & About



### Ladies Lunch

*(The guys are going to be so jealous!)*

Who is ready for some DELICIOUS hand-washed, hand-cut French fries and homemade pies???



On Tuesday, April 9th, we have reservations for noon at **Berardi's Family Kitchen** on W. Perkins Ave. in Sandusky. We will leave our campus at 11:30 that day. Please sign up in the office by noon on Friday, April 5th if you would like to attend and let us know if you can drive or would like to ride along with someone.



### Breakfast Bunch

- \* Open to any male resident in our Ohio Living Vineyard on Catawba community.
- \* Carpool leaves every Monday morning around 8:00 a.m. to meet at a local restaurant.
- \* Questions? Please call Bruce Waters at 419.967.9107.

### The Catawba Island Club Dinner

Thursday, April 18th at 5:00 p.m.  
at the CIC.

The cost is \$17.00.

Please sign up and pay in the office no later than noon on Monday, April 15th.

The entrée choices are Fried Perch or Chicken Florentine.  
(chicken with a creamy sauce and spinach)

### Vineyard Night Out

Thursday, April 25th

at local favorite



### Crosswinds Restaurant & Bar!

Crosswinds Restaurant & Bar is a nice, locally owned and operated sit down restaurant with a wide variety of yummy options on their menu. We will leave campus at 4:30 that day. Please RSVP to the office by noon on Tuesday, April 23rd if you would like to attend. Also, please let us know if you can drive or if you would like to ride with someone. We have really been having a lot of fun going out on the town each month and **the more the merrier!**





# April Word Pictures Rob Clagett

*YOU NEED TO THINK LITERALLY TO SOLVE THESE WORD PICTURES.*

1.



2.

DDUOMWPNS

3.

Cabbage  
Cherry  
Chicken  
Chestnuts  
Croissant

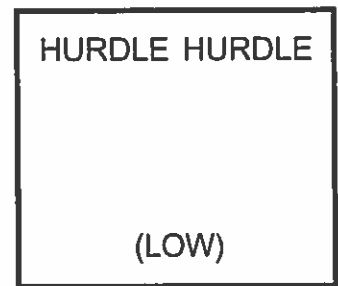
4.



5.

BAD  DAY

6.



7.

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8.



9.

PERSONALITIES  
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**PERSONALITIES**

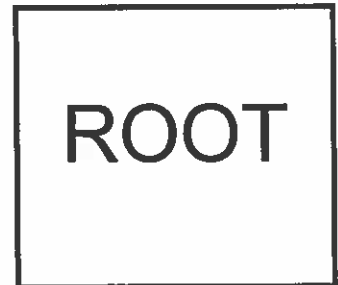
10.

WIRE  
- INTERNET

11.



12.



# Recipe of the Month for April 2019

*Okay, Vineyard, this looks YUMMY!*

*Here is a fresh, light, Spring salad!*



## **LaDonna Nicholson's Mandarin Orange Salad**

<b>1/4 cup of sliced almonds</b>	<b>1/4 cup of vegetable oil</b>
<b>1 TBSP. plus 1 tsp. sugar</b>	<b>2 TBSP. vinegar</b>
<b>1/2 head Iceberg Lettuce</b>	<b>2 TBSP. sugar</b>
<b>1/2 head Romaine Lettuce</b>	<b>1 TBSP snipped parsley</b>
<b>1 cup of chopped celery</b>	<b>1/2 tsp. salt</b>
<b>3 green onions, thinly sliced</b>	<b>Dash of Pepper</b>
<b>1 11 oz. can Mandarin Orange Segments, drained</b>	<b>Dash of Tabasco</b>

- 1. Shake oil, vinegar, sugar, parsley, salt, pepper, & Tabasco In tightly covered jar; refrigerate at least one hour.**
- 2. Cook and stir almonds and sugar in skillet over low heat until sugar is melted and nuts are coated. Cool, break apart; reserve.**
- 3. Tear Iceberg and Romaine into bite sized pieces. Place greens in plastic bag; add celery and onions. Fasten bag securely; refrigerate.**
- 4. Pour dressing into bag 5 minutes before serving; add oranges; fasten bag securely, shake until greens and oranges are well coated. Add almonds and sugar.**



**Per LaDonna, add chunks of chicken, if desired.**



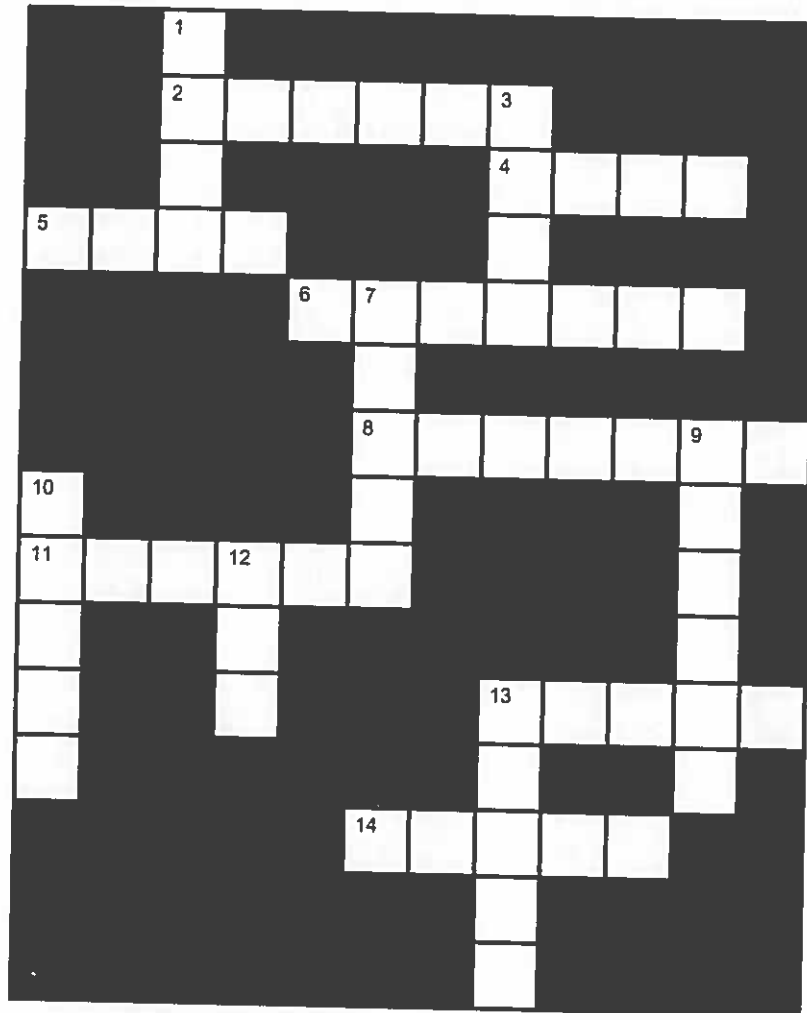
**I liked the "shaker bag" method for this salad!**

**Submitted by: Sarah Tighe**





# "TREES" POEM CROSSWORD PUZZLE

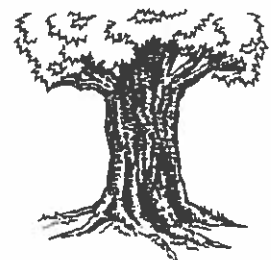


## TREES

Joyce Kilmer



I 10 DOWN that I shall never see  
 A 5 ACROSS lovely as a 1 DOWN.  
 A tree whose 11 ACROSS mouth is prest  
8 ACROSS the earth's sweet 6 ACROSS breast;  
 A tree that 13 DOWN at God all day,  
 And lifts her 7 DOWN arms to pray;  
 A tree that may in 9 DOWN wear  
 A 4 ACROSS of 2 ACROSS in her hair;  
 Upon whose bosom 3 DOWN has lain;  
 Who intimately 13 ACROSS with rain.  
 Poems are made by 14 ACROSS like me,  
 But only 12 DOWN can make a tree.



**WORD LIST:** AGAINST, FLOWING, FOOLS, GOD, HUNGRY, LEAFY, LIVES, LOOKS, NEST, POEM, ROBINS, SNOW, SUMMER, THINK, TREE



# APRIL



*From the Latin word aperio, “to open” (bud), because plants begin to grow during this month.*



## PUZZLE OF THE MONTH

A motorcar is three times as old as its tires were when it was as old as the tires are now. When its tires are as old as the car is now, the car will be a year older than the tires are now. What are the present ages of car and tires?

## GARDENING TIPS

April showers bring May flowers. You are likely anxious to get in the garden and start planting. Using these planning tips will help extend your gardening season.

### **Designing Your Garden to Reduce Frost**

Here are different ways through which you can reduce the amount of cooling in and around your garden.

Your garden will warm up more during the day if it slopes toward the Sun. Residual heat in plants and soil may determine whether your garden sustains frost damage during the night. Cool air, which is dense and heavy, will flow away from plants growing on a slope—what the experts call “drainage.”

A garden on a south-facing slope offers two advantages: more exposure to the Sun, and better drainage of cold air. In deep valleys, nighttime temperatures may be as much as 18°F lower than the temperature on the surrounding hills.

Trees surrounding your garden act like a blanket and reduce the amount of heat radiating from the soil, perhaps keeping the temperature high enough to protect your plants from early fall frosts.

A stone wall benefits the garden by acting as a heat sink, absorbing warmth from the Sun during the day and radiating it slowly at night. The water in a nearby lake or pond (if it is one acre or larger) does the same.

Moisture is also a player in determining whether frost will nip your tomatoes. When moisture in the air condenses on plants and soil, heat is produced, sometimes raising the temperature enough to save the plants. On the other hand, if the air is dry, moisture in the soil will evaporate, removing some heat.

Good soil, full of organic matter, retains moisture, reducing the rate of evaporation. Mulch also helps prevent evaporation.

Plants themselves can modify cooling. Dark ones with a maroon or bronze cast may absorb more heat during the day. And those that have been planted close together create a canopy that entraps heat from the soil. More important, a plant's cold-hardiness determines its ability to withstand colder temperatures.

## EASTER FUN FACTS

*What is the true meaning of Easter Sunday? Why does the date of Easter change every year? How is Easter calculated? Why are eggs associated with Easter? Here are some answers from The Old Farmer's Almanac.*

### **What Is Easter Sunday?**

Easter is the most important holiday on the Christian calendar—and has been regularly observed from the earliest days of the Church.

Easter Sunday celebrates Christ's resurrection from the dead, following crucifixion. It marks the end of Holy Week, the end of Lent, and the last day of the Easter Triduum (Holy Thursday, Good Friday, and Easter Sunday), as well as the beginning of the Easter season of the liturgical year.

The resurrection represents the triumph of good over evil, sin, death, and the physical body.

### **When Is Easter Sunday?**

Easter is a "movable feast" and does not have a fixed date; however, it is always on a Sunday.

### **How Is the Date of Easter Determined?**

Would you believe that the date of Easter is related to the full Moon? Specifically, Easter is celebrated on the first Sunday after the paschal full Moon on or just after the vernal equinox.

For simplicity, the equinox is considered to be March 21 (a fixed spring date set by the Church), although in astronomy, it's not always that day. The paschal full Moon always falls on the 14th day of a lunar month; because ancient calculations (made in AD 325) did not take into account certain lunar motions, it may differ from the actual full Moon date by a day or so.

Easter always falls on a Sunday between March 22 and April 25.

### **What Folklore Is Associated with Easter?**

Eggs, traditionally forbidden during Lent, symbolize new life.

The Easter Bunny recalls the hare, the Egyptian symbol of fertility.

### **Where Did the Word "Easter" Come From?**

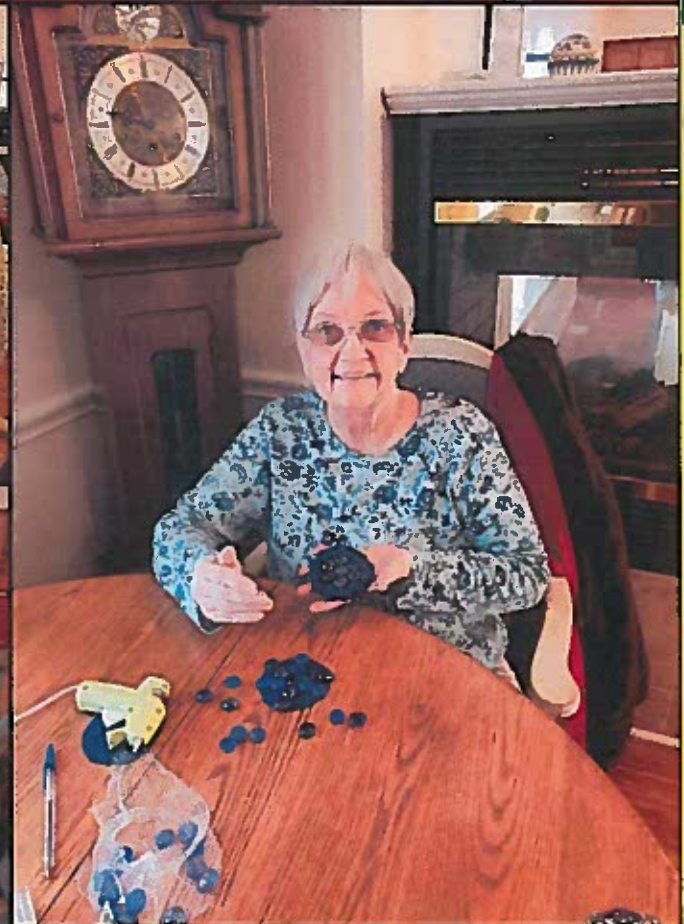
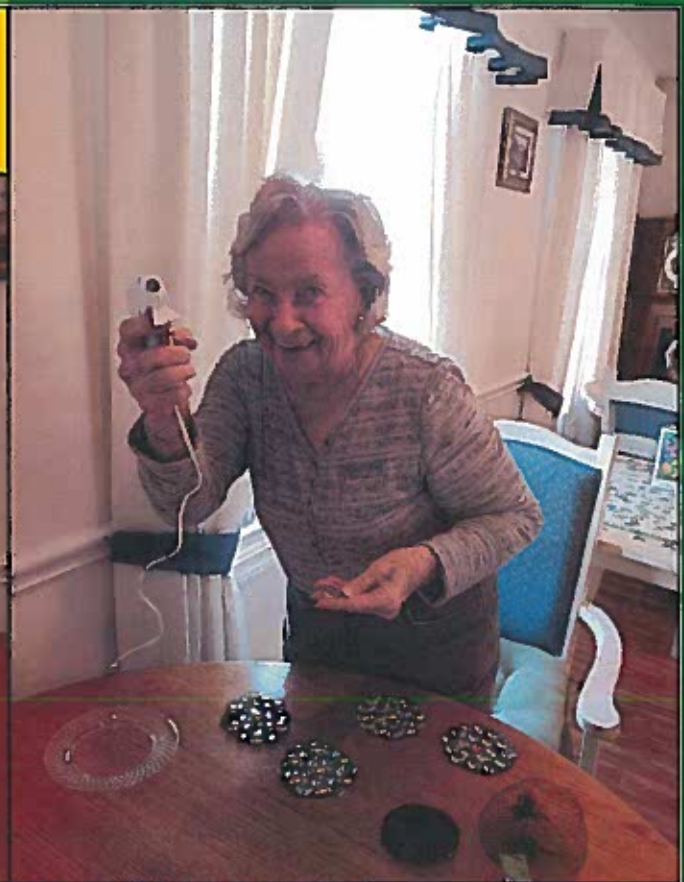
The origin of the word "Easter" is unclear.

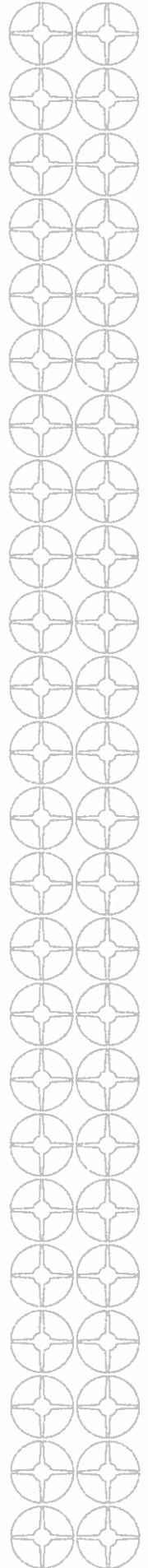
It may have derived its name from the Anglo-Saxon dawn goddess Eostre, whose feast was celebrated each spring at about this time.

Or, it may have derived from words meaning "rising," "dawn," or "east."



**Arts & Crafts at The Chalet**  
**Decorative Coasters**  
**3.8.2019**





## **DID YOU KNOW?**

### **Your Generosity Can Last Forever!**

Each year, Ohio Living Vineyard on Catawba relies on the generous support of residents and community members to provide lifesaving and life enhancing services.

But did you know that you can support Ohio Living Vineyard on Catawba even after your lifetime? You can leave a legacy – by making an endowed gift as an enduring statement of your support.

#### **HOW IT WORKS**

When you make an endowed gift, your contribution is invested and becomes part of our larger endowment. Each year a distribution is made for the purpose you designate. And because the principal is invested to remain intact and grow over time, the fund will generate support in perpetuity.

You can use cash, securities or other assets to contribute to an already established endowment. Or, with a minimum gift of \$5,000, you can work with the Ohio Living Foundation to create your own endowment.

#### **EXAMPLE**

Let's say you want to make sure Ohio Living Vineyard on Catawba receives \$1,000 every year after your lifetime. Our Foundation board of directors has approved a 4% distribution policy, so Ohio Living Vineyard on Catawba receives 4% annually and any earnings above that are reinvested to ensure future growth.

To calculate the amount needed to perpetuate this gift, divide the annual gift amount (\$1,000) by the amount called for in the spending policy (4%), and you get \$25,000. So, contributing \$25,000 can fund your \$1,000 gift forever!

#### **FOR MORE INFORMATION**

To learn more about how endowed gifts support Ohio Living Vineyard on Catawba after your lifetime – and how an endowed gift can earn you membership in our Named Endowment Circle – call Nancy Hamilton, gift planning director, at 419.707.4099.

*This information is not intended as legal, tax or investment advice.  
For such advice, please consult an attorney, tax professional or investment professional.*



**April 2019**

**Ohio Living Vineyard on Catawba 419.797.3100**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Breakfast Bunch 8:00 Bible Study 10:00 Dominoes 6:30	2 Vineyard Voices 10:00 Health Screenings 11:00 Catholic Service 2:45 Just Us Girls 5:30	3 Lenten Services 10:30 Pinochle 6:30 Texas Hold'em 7:00	4 Billiards 1:00 Bake Sale 2:00 - 4:00	5	6
7	8 Breakfast Bunch 8:00 Book Club 1:00 Technical Support 2:15 Dominoes 6:30	9 Health Screenings 11:00 Ladies Lunch 11:30 Catholic Service 2:45 Yoga 3:00	10 Lenten Services 10:30 Pinochle 6:30 Texas Hold'em 7:00	11 Music Memories 11:00 Billiards 1:00 Communion 2:00 Potluck Party 5:00	12 Arts & Crafts 1:30	13
14	15 Breakfast Bunch 8:00 Dominoes 6:30	16 Health Screenings 11:00 Catholic Service 2:45 Yoga 3:00	17 Lenten Services 10:30 Pinochle 6:30 Texas Hold'em 7:00	18 Coffee with the Administrator 10:00 Billiards 1:00 Health & Wellness 1:00 CIC Dinner 5:00	19 Movie Afternoon 1:30	20
21	22 Breakfast Bunch 8:00 Dominoes 6:30	23 Health Screenings 11:00 Catholic Service 2:45 Yoga 3:00	24 Pinochle 6:30 Texas Hold'em 7:00	25 Billiards 1:00 Night Out 4:30	26	27
28	29 Breakfast Bunch 8:00 Dominoes 6:30	30 Health Screenings 11:00 Catholic Service 2:45 Yoga 3:00				