



# Joint Replacement and Customized Recovery

## Hospital to Home

Discharge planning process

- Coordinates DME needs in the home prior to discharge
- Assures warm handoff to home care team

## Home to Outpatient Therapy

Initiates care within 24 hours of hospital discharge

### Physical Therapy

- Determines individualized orthopedic clinical care pathways including intensity and frequency of therapy
- Implements evidence-based “front-loading”
- Integrates orthopedic physician protocols into the patient care plan
- Provides regular reports to orthopedic physician
- Facilitates warm handoff from home physical therapist to hospital outpatient therapy department

### Occupational Therapy

- Reinforces safety in the home
- Promotes independence with activities of daily living
- Supports caregiver involvement in recovery process

### Skilled Nursing

- Assesses and manages clinical conditions
- Performs medication reconciliation
- Manages pain
- Performs INR testing using CoaguChek XS system
- Monitors for infection of surgical site
- Provides regular progress reports to orthopedic and primary care physician

## Additional Benefits

- Proven expertise in hospital readmission reduction
- Optional “pre-hab” program
  - Assessment of home safety needs including DME
  - Establishment of baseline functional issues
  - Implementation of pre-surgical strengthening program



## Committed to Excellent Outcomes

Ohio Living Home Health and Hospice continues to achieve outstanding outcomes in the orthopedic setting and continues to provide exceptional care to the orthopedic patients we serve.

### Ohio Living Home Health and Hospice hip/knee overall outcomes:

- 96.7% of patients had home care and therapy initiated within 24 hours of hospital discharge
- 1.98% readmission rate
- 20 days average length of services
- Average Number of visits:
  - Physical Therapy: 9
  - Occupational Therapy: 2.2
  - Skilled Nursing: 4.6

Our partners at Progressive Therapy provide an optional pre-surgical home assessment to patients before their scheduled surgery. This assessment provides patients a clear understanding of how they will safely manage at home after surgery.

### Prehab outcomes:

- 0% readmission rate
- 100% of patients who completed the pre-surgical assessment who went home after surgery
- 100% of patients who had home care and therapy initiated within 24 hours of hospital discharge
- 14.5 days average length of services

Call or visit our website to learn more about how we can benefit your patients and help keep Medicare costs low.



**Ohio Living**  
Home Health & Hospice

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