

# The Grapevine

Ohio Living Vineyard on Catawba Resident Newsletter | February 2019

## *The New Year is Underway*

The New Year is underway and winter is finally in full swing. Please be extremely careful when you have to go out and be ever mindful of the potential for icy, slippery and/or extremely cold conditions. If you are scheduled to get somewhere and the weather does not appear the best, you can call the office and ask us how the roads are before venturing out. On the brighter side, each day we are getting a couple more minutes of daylight which is a sign that spring is just around the corner. Hopefully the groundhog (Punxsutawney Phil) will tell us that spring is not far off.

We have some new residents to welcome to our Vineyard community. Please welcome Craig Taylor in apartment 20, Kathy Ryan in condo 583, and Mr. & Mrs. Glenn (Connie) Kluding in condo 3863.

Here are some basic procedures or reminders for snow removal. Anytime snow is predicted, Concord Apartment residents need to move their cars to the top (North side) of the lot so that the snow can be cleaned up along the sidewalks and parking spaces as efficiently as possible. When that is complete, cars can be moved back. Snow removal will begin when accumulation has reached 2" or when a storm is done. Please be patient and wait for snow to be removed and ice-melter put down. If condo residents have an appointment and need to get out, please let us know so that we can make sure your drive is cleared in time. Always be safe.

For your safety and your neighbors, please let us know in the office if you plan to be away from the community for more than 24 hrs. When we know you are away from your home, we can keep an eye on things and in the event of an emergency; we would not be putting emergency personnel or anyone else in harm's way searching for you.

Please be mindful of the 15 MPH speed limit here on the Vineyard Campus and remind any visitors you have of the speed limit as well. Safety is important to all.

If you are interested in volunteering some time on one of our many committees that help provide great programs for Vineyard residents, answering phones in the office from time to time, or just spending some time visiting with some other residents that would enjoy some company, please inquire at the office regarding volunteer opportunities.

*Blessings for the New Year!*

*Paul*



FAITH + COMPASSION + COMMUNITY

# Campus Activities: February 2019

## Vineyard Voices

Tuesday, February 5th at 10:00 a.m.  
in the Community Center

The Vineyard Voices meeting is our monthly resident meeting open to anybody who lives at Ohio Living Vineyard on Catawba.

## Health Screenings

**Tuesdays at 11:00 a.m.**

FREE blood pressure and blood sugar screenings in The Gathering Room of the Concord Apartments by an Ohio Living nurse.

*Refreshments, too!*

## Catholic Communion Service

Commissioned Communion Ministers from Immaculate Conception parish conduct a Catholic Communion Service on Tuesdays at 2:45 p.m. in The Gathering Room of the Concord Apartments.

All residents and guests are invited; however, if you are not Catholic and not united with the Catholic Church you are asked to not receive Holy Communion.

The Catholic Communion service continues at the Chalet at 3:30 p.m. every Tuesday.

## Yoga with Donna

\* Chair-based;  
All levels of ability welcome!

\* Tuesdays at 3:00 p.m. in the Community Center; lasts about an hour

The cost of Yoga with Donna is:

**\$5.00**



There will be a bake sale at The Vineyard Shop in The Gathering Room of the Concord Apartments (benefiting the Vineyard Shop) on Thursday, February 7th, from 2-4 p.m.

***Donations (of baked goods) Appreciated!***

## Campus Activities continued...

### Bible Study

Resident Dennis Smith is leading a Bible Study, *Understanding Your Bible*, in the Community Center on Mondays at 10:00 a.m.

For additional information, please contact Dennis at 419.573.6214.

**Reservations for Bible Study are not required. Also, there will be no meeting on Monday, February 4th.**

### Technical Support

\* 2:15 p.m. on Monday, February 11th in the Community Center

\* Bring your Smartphone/Tablet/Laptop etc. and their chargers

\* There is a sign-up sheet on the counter of the library in the Community Center.



### Mobility Management Program

On Wednesday, February 13th, at 1:00 p.m. Great Lakes Community Action Partnership, (formerly known as WSOS) will be here in the Community Center presenting on **Mobility Management**.

This will include information on OCTA (Ottawa County Transportation Agency), ride schedules, fares, rules, wheelchair and other mobility device usage and other travel needs and concerns.

Reservations are not required.

### Arts and Crafts

#### *Painting with Pencils*

Come see what cool project Sherrie has created for this month!

Friday, February 8th at 1:30 p.m.  
at the Chalet

**Please sign up in the office by 4:00 p.m. on Tuesday, February 5th.**

There is no charge for this activity.



### Book Club

The next meeting is on Monday, February 11th at 1:00 p.m. in the Community Center.

The group is led by Mary Braymeier from Ida Rupp Public Library. To begin, Mary fills everybody in on local events in the area.

The book of the month is then discussed. These discussions are lively, yet informal. To end the hour, Mary tells the group a little about the book that has been chosen for the next month's discussion.

This month's selection is:  
*The Woman in the Window*  
by A.J. Finn.

Extra copies of this book are available on the counter in the library of the Community Center.



## Campus Activities continued...

### Communion Service

- \* In the Community Center on the second Thursday of each month at 2:00 p.m.
- \* If you are unable to attend, Communion can be brought to your home.
- \* Please call Marlene Carpenter at 419.797.6402 with any questions.

### Movie Afternoon

*You asked and we listened!*

Friday, February 15th at 1:30 p.m.

We're throwing it back to 1990 with the action-comedy

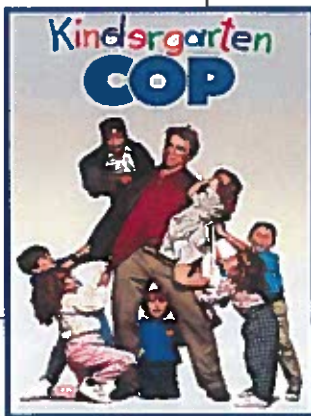
### **Kindergarten Cop**

starring Arnold Schwarzenegger.

**THE PLOT:** In this action-comedy, unusual circumstances find big, brawny cop John Kimble (Arnold Schwarzenegger) posing as a kindergarten teacher in order to apprehend major drug lord Cullen Crisp (Richard Tyson), as well as his ruthless accomplice and mother, Eleanor (Carroll Baker). While pretending to be a kid-friendly instructor, Kimble falls for pretty fellow teacher Joyce Palmieri (Penelope Ann Miller) as he battles both unruly children and dangerous bad guys.

Rated PG-13;  
1 hour, 51 minutes

*Free!*  
*Refreshments Provided!*

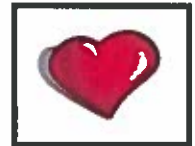


### Music Memories

Please join us in the Community Center on Thursday, February 14th at 11:00 a.m. for some wonderful live music.

This month's theme is:

**Love Songs**



### Potluck Party

Our January Potluck Party was lots of fun. **Thank you** to everybody who participated! We had nine varieties of soup, a big salad, bread with honey butter as well as many decadent desserts.

There is no Potluck Party in February, but it'll be back in March with an Irish theme.



### Avery's Valentine Dinner

On Friday, February 15th at 5:00 p.m. Avery's is having a special dinner in the Community Center.

The cost is \$15.00 per person.

**THE MENU:** a shrimp cocktail appetizer, 6 ounce filet mignon, twice-baked potato, asparagus and cherry cheesecake.

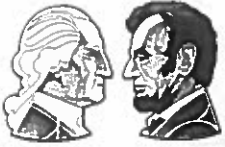
Please sign up and pay in the office no later than noon on Friday, February 8th.



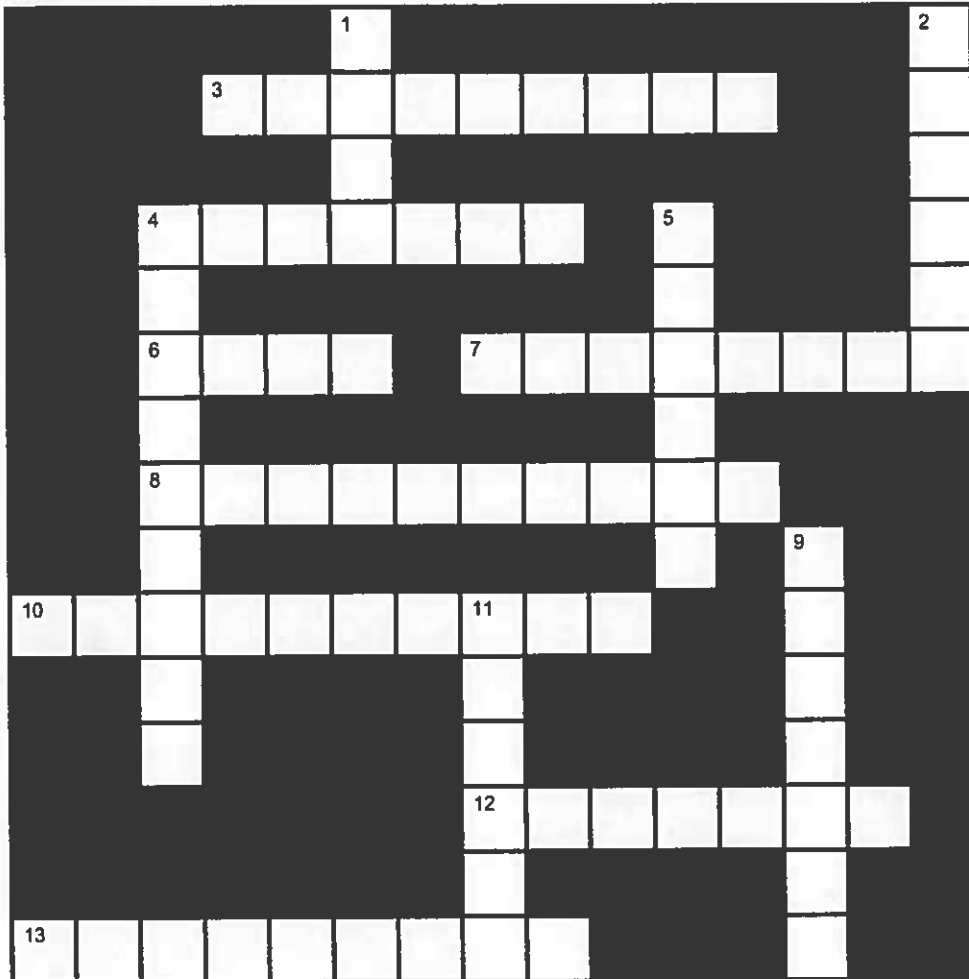
### Coffee with the Administrator

Join our Campus Administrator, Paul Shaw, on Thursday, February 21st at 10:00 a.m. in the Community Center for coffee and conversation.

No topic is off-limits



# PRESIDENTS' DAY TRIVIA CROSSWORD PUZZLE



## ACROSS

3. WHICH PRESIDENT COINED THE PHRASE, "SPEAK SOFTLY AND CARRY A BIG STICK"? THEODORE \_\_\_\_\_
4. THIS PRESIDENT FROM THE 1800S HAD AS HIS SLOGAN, "LET THE PEOPLE RULE." ANDREW \_\_\_\_\_
6. WHO WAS PRESIDENT DURING THE NATION'S BICENTENNIAL CELEBRATION IN 1976? GERALD \_\_\_\_\_
7. HE REFERRED TO THE WHITE HOUSE AS "MY JAIL." BENJAMIN \_\_\_\_\_
8. HE WAS SUPREME COMMANDER OF ALLIED FORCES IN WORLD WAR II. DWIGHT \_\_\_\_\_
10. WHO WAS THE ONLY PRESIDENT NOT TO LIVE IN THE WHITE HOUSE? GEORGE \_\_\_\_\_
12. ABRAHAM LINCOLN WAS OUR TALLEST PRESIDENT AT 6'4". WHO WAS THE SHORTEST AT 5'4"? JAMES \_\_\_\_\_
13. HE OFFICIALLY DEDICATED THE STATUE OF LIBERTY IN 1886. GROVER \_\_\_\_\_

## DOWN

1. WHO WAS THE FIRST PRESIDENT TO BE PHOTOGRAPHED? JAMES \_\_\_\_\_
2. WHO WAS SHOT IN THE CHEST ONLY TWO MONTHS AFTER TAKING OFFICE? RONALD \_\_\_\_\_
4. WHOSE PICTURE IS ON THE \$2.00 BILL? THOMAS \_\_\_\_\_
5. WHOSE CAMPAIGN LOGO WAS A PEANUT WITH A TOOTHY GRIN? JIMMY \_\_\_\_\_
9. WHOSE SPEECH BEGAN, "FOUR SCORE AND SEVEN YEARS AGO..."? ABRAHAM \_\_\_\_\_
11. WHO TOLD REPORTERS "PRAY FOR ME, BOYS" WHEN HE BECAME PRESIDENT IN 1945? HARRY \_\_\_\_\_

**WORD LIST:** CARTER, CLEVELAND, EISENHOWER, FORD, HARRISON, JACKSON, JEFFERSON, LINCOLN, MADISON, POLK, REAGAN, ROOSEVELT, TRUMAN, WASHINGTON

## ***Out & About***

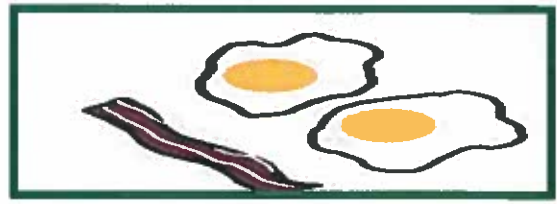
### **Ladies Lunch**

We have made reservations with Chef Stacy Maple of Bistro 163 in the Sutton Center. We will leave the Vineyard at 11:45 a.m. that day.

Bistro 163 is a "Pay it Forward" restaurant (with delicious food!) and as their website says, "A place of welcome, a good meal, nurture for body and spirit, Bistro 163 is a fresh concept uniting people together around the table."

If you are not already familiar with what a "Pay it Forward" restaurant is, contact Kara for additional information.

Please sign up in the office by noon on Friday, February 8th if you would like to go and if you would like a ride or can drive.



### **Breakfast Bunch**

- \* Open to any male resident in our Ohio Living Vineyard on Catawba community.
- \* Carpool leaves every Monday morning around 8:00 a.m. to meet at a local restaurant.
- \* Questions? Please call Bruce Waters at 419.967.9107.

### **The Catawba Island Club Dinner**

*It's back!*

Thursday, February 21st at 5:00 p.m. the CIC.

The cost is \$17.00.

Please sign up and pay in the office no later than noon on Tuesday, February 19th.

The entrée choices are Fried Perch or Petite Grilled Sirloin.

### **Vineyard Night Out**

## **Nagoya**

Japanese Steakhouse & Sushi

Thursday, February 28th

Meet at the Community Center  
at 4:30p.m.

Please RSVP to the office by noon on Tuesday, February 26th and let us know if you can drive or if you would like to ride along with someone.

# Fun & Games

## Dominoes

Mondays at 6:30 p.m.  
in The Gathering Room  
of the Concord Apartments.

*New faces always welcome!*

## Texas Hold'em

Wednesdays at 7:00 p.m.  
in the Community Center.

## Mid-Winter Golf Event

Monday, February 4th.

Match times will vary.

Spectators welcome!



## Pinochle

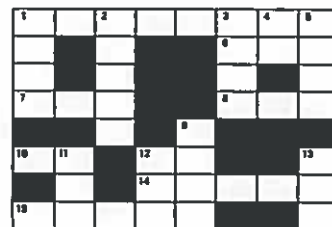
Wednesdays at 6:30 p.m.  
in The Gathering Room.

## Billiards

Thursdays at 1:00 p.m.  
in the Log Cabin.



*If you would like a copy of the answer key(s) for last month's puzzle(s), please see Kara in the office.*



## RECIPE OF THE MONTH FOR FEBRUARY 2019

*In the cold of February most of us crave Comfort Food.  
So here is a healthier version of one of our most beloved comfort  
foods for us to try!*



### *Vegan Mac and NO Cheese*



*From Tim and Pam Green*

- |                    |  |
|--------------------|--|
| 8 – 10 OZ.         | Elbow Macaroni (fettuccine also works well)      |
| 1                  | Medium-sized Head of Cauliflower                 |
| 2                  | Cloves of Garlic                                 |
| ½ Cup              | Vegetable Broth                                  |
| ¼ Cup              | Unsweetened Almond Milk                          |
| ** ½ tsp. of each: | Salt, Dried Oregano, and Dried Cilantro          |
| ** ¼ tsp. of each: | Dried Basil, Dried Rosemary, Ground Black Pepper |

Cook pasta according to package directions. Drain. Set aside.

Steam cauliflower and garlic until very tender.

Transfer the cauliflower and garlic to a blender. Add broth, milk, and spices.

Blend until very smooth and creamy.

Place the pasta in a casserole dish. Pour the sauce over the pasta and stir to coat.

*Top with Italian Bread Crumbs: recipe follows*

Bake at 350° for 30 minutes. Serve and enjoy.

*For Homemade Italian Bread Crumbs:*

*8-10 pieces of Wasa Bread, any flavor, or 1 cup plain, dried bread cubes*

*½ tsp. each: salt, dried parsley flakes, black pepper, garlic powder*

*¼ tsp. each: onion powder, dried oregano, dried basil*

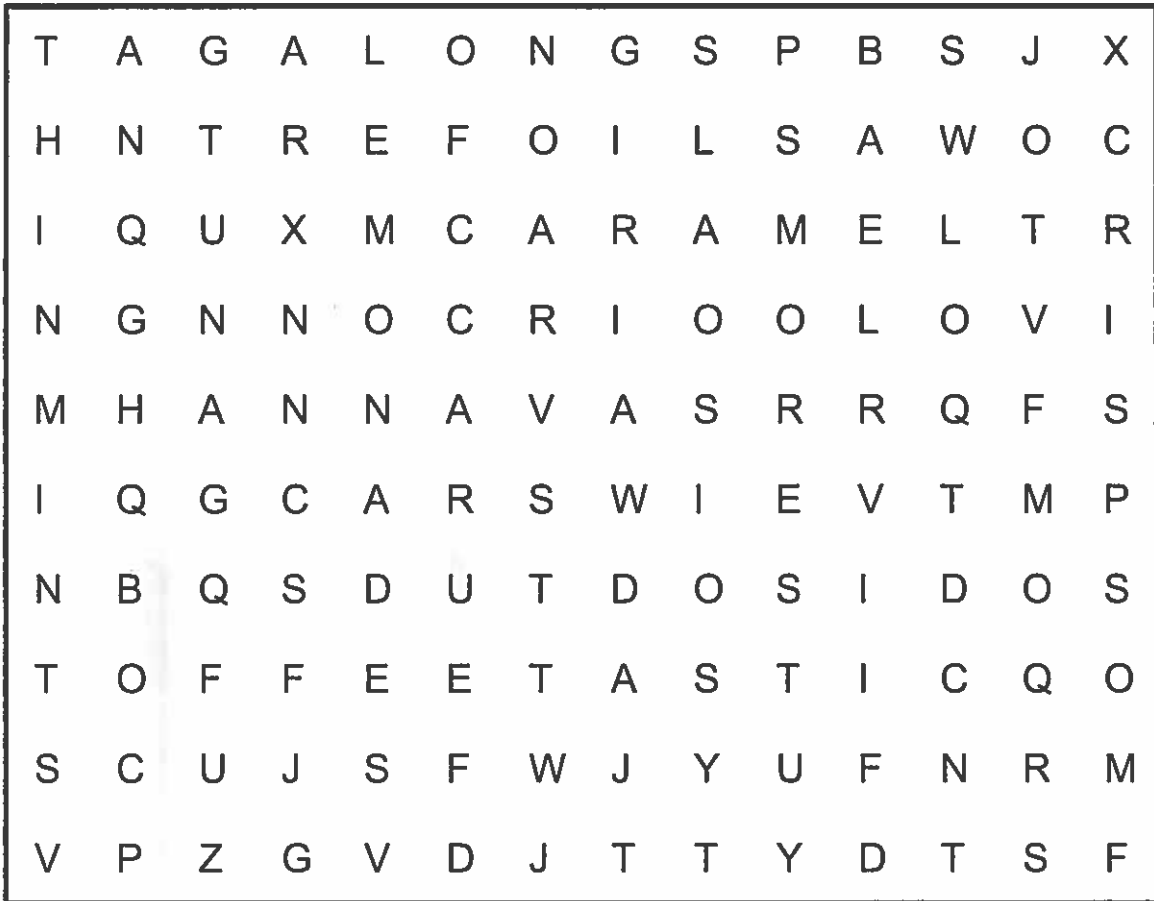
*Combine all ingredients in a blender and blend until thoroughly mixed and to the desired consistency. Store in airtight container and use in any recipe calling for Italian Bread Crumbs.*

*\*\*Sounds delicious! I know I'll be trying this dish. \*\*Until next Month: Sarah Tighe*





# GIRL SCOUT COOKIES WORD SEARCH



## WORD LIST

- CARAMEL CHOCOLATE CHIP
- CRANBERRY CITRUS CRISPS
- DO-SI-DOS
- LEMONADES
- RAH-RAH-RAISINS
- SAMOAS (CARAMEL DELITES)
- SAVANNAH SMILES
- S'MORES
- TAGALONGS
- THIN MINTS
- TOFFEE-TASTIC
- SHORTBREAD TREFOILS





# Resident Spotlight



## Getting to Know Gloria & Sophie

If you live on the Ohio Living Vineyard on Catawba campus, you have probably seen resident Gloria Simon and her adorable dog "Sophie Jo" out and about.

Gloria has lived in Apartment 7 since 2014. That is the same year she got "Jo," her friendly six-year-old Maltese/Chihuahua mix pup.

Gloria's passion is helping people. She loves to gather a group of her friends and go for a walk.

Gloria was asked ten random and unrelated questions in an attempt to get to know more about her in a fun, lighthearted way.

And here's how she answered them...



**Q1: What was your favorite subject in school?**  
(without hesitation) *"Spelling!"*



**Q2: What's your favorite book?**  
**What are you reading currently?**  
*"I'm not much of a reader. If I start a book and it makes me upset, I have to put it away for awhile."*



**Q3: What is your favorite TV show?**  
*"Wheel of Fortune and Family Feud. Every night, we all meet in the Gathering Room and watch the end of the nightly news and Wheel of Fortune together. I like that."*

**Q4: What is one thing that you're excited about that's coming up in 2019?**  
*"All the veteran events."*

**Q5: What was your first job?**  
*"I went into the Navy right after high school so the military was my first job."*



**Q6: What's your favorite color?**  
*"Red."*

**Q7: If you had to eat one thing for every meal going forward, what would you eat?**  
(emphatically) *"Chicken! I love my chicken and turkey, plain, with nothing else. Sophie loves it, too."*

**Q8: What's your hidden talent?**  
*"Playing guitar."*



**Q9: Where is your "happy place?"**  
*"Here! Right here. I love it here. This is where God wants me to be."*

**Q10: Gloria, we know what you are good at, helping and taking care of others, so please share, (just for fun) what job would you be terrible at?**  
*"Anything with Arithmetic."*



**Q11: What's the best piece of advice you've ever been given?**  
*"A friend of mine from the service once told me always help others where you can. Always."*

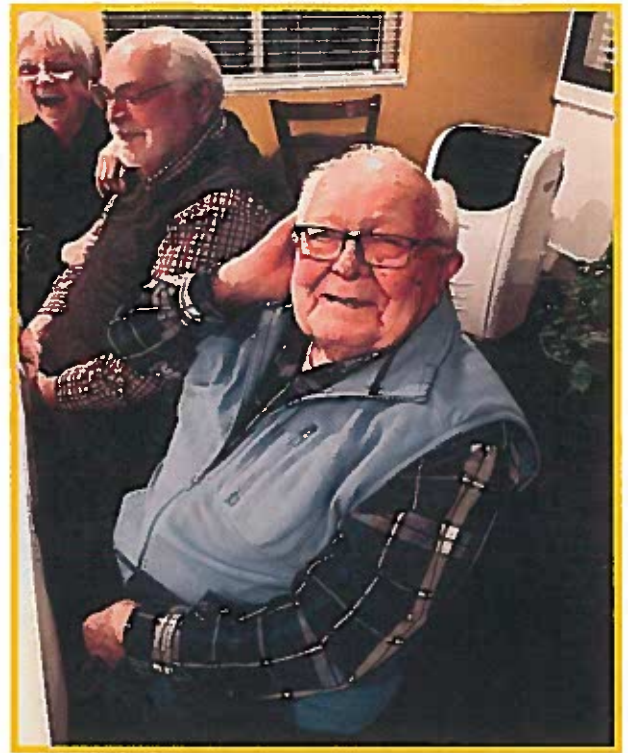


Thank you to Gloria, (and sweet Sophie!) for the great interview!

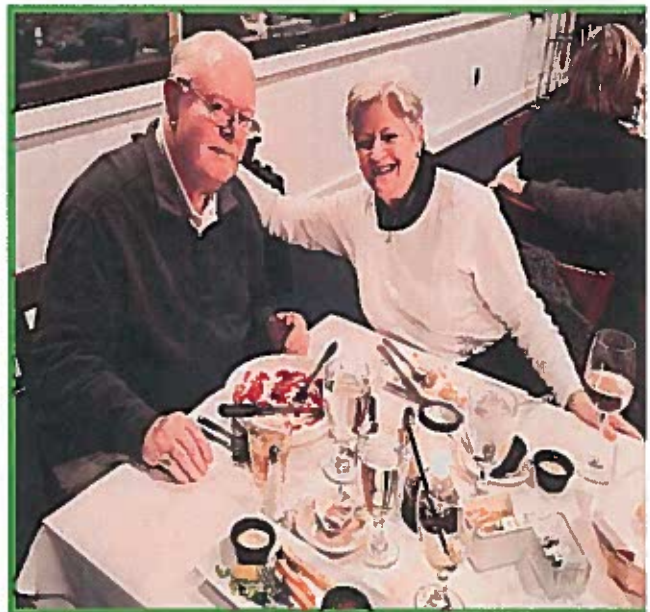
# *Vineyard Night Out*

**Thursday, January 24, 2019**

**“1812”**



***\* Friends \* Food \* Fun***





# Turn your real estate into **INCOME**

Do you have residential or commercial assets you would like to sell? But the mere thought of this can be overwhelming. It can take a great deal of time, effort and money – even if you enlist the help of a professional.

But **there is a more appealing alternative that benefits you and Ohio Living Vineyard on Catawba:**

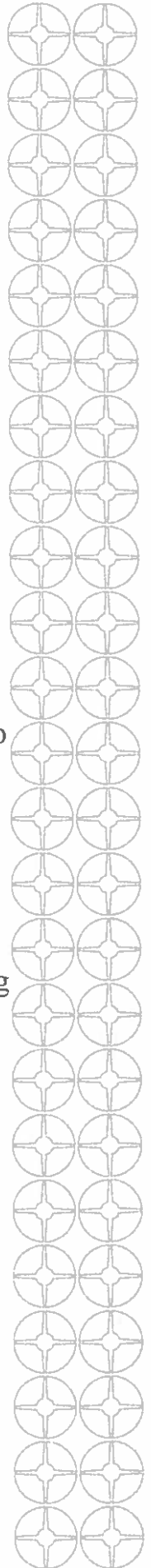
Instead of selling your property, you can use it to fund a charitable gift with the Ohio Living Foundation and receive fixed payments for life that are partially tax-free.

If you'd like to learn more about this opportunity and whether it could be right for you, call **Nancy Hamilton, Director of Gift Planning** at **419.707.4099**.

Don't have any property you're looking to part with? Tell a friend, neighbor or family member. You never know who you might be able to help by simply spreading the word.

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Did you know you can also make this same type of gift using assets other than real estate (like cash or securities), all while receiving fixed income for life? To find out more call your local gift planner or visit [ohioliving.org/foundation](http://ohioliving.org/foundation) and click on "Your Legacy" then "Income Gifts."





# February 2019

# Ohio Living Vineyard on Catawba 419.797.3100

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Mid-Winter Golf Breakfast Bunch 8:00 Dominoes 6:30	5 Vineyard Voices 10:00 Health Screenings 11:00 Catholic Service 2:45 Yoga 3:00	6 Pinochle 6:30 Texas Hold 'em 7:00	7 Billiards 1:00 Bake Sale 2:00 - 4:00	8 Arts & Crafts 1:30	9
10	11 Breakfast Bunch 8:00 Bible Study 10:00 Book Club 1:00 Technical Support 2:15 Dominoes 6:30	12 Health Screenings 11:00 Ladies Lunch 11:45 Catholic Service 2:45 Yoga 3:00	13 Mobility Management 1:00 Pinochle 6:30 Texas Hold 'em 7:00	14 Music Memories 11:00 Billiards 1:00 Communion 2:00	15 Movie Afternoon 1:30 Avery's Valentine Dinner 5:00	16
17	18 Breakfast Bunch 8:00 Bible Study 10:00 Dominoes 6:30	19 Health Screenings 11:00 Catholic Service 2:45 Yoga 3:00	20 Pinochle 6:30 Texas Hold 'em 7:00	21 Coffee with the Administrator 10:00 Billiards 1:00 CIC Dinner 5:00	22	23
24	25 Breakfast Bunch 8:00 Bible Study 10:00 Dominoes 6:30	26 Health Screenings 11:00 Catholic Service 2:45 Yoga 3:00	27 Pinochle 6:30 Texas Hold 'em 7:00	28 Billiards 1:00 Night Out 4:30		