

The Grapevine

Ohio Living Vineyard on Catawba Resident Newsletter | October 2018



Letter from the Administrator

The beautiful fall season is here to enjoy. The warm sunny afternoons and bright colored leaves on the trees will invite us all to get out and enjoy the freshening fall air. Please enjoy as we prepare our community for the next season.

For over 15 years, our community was blessed by the dedication, compassion, friendship, and hard work of Vicki Van Zoest. Your donations toward her memorial here on campus will help us appropriately honor and remember the time she spent enriching many lives and the beauty of Ohio Living Vineyard on Catawba. Thank you for your kind words and expressions of condolences.

With the fall season upon us, it is time to start thinking about flu shots. This year, a Kroger Pharmacist will be providing shots here in the Community Center on Wednesday October 10th starting at 10 AM. The Pneumonia Shot (Pevnar 13 or 23) will be offered for those interested that day. You will need to bring your Medicare card and insurance card if you have one.

Many thanks to those who donated to or helped out with the community garden this year. Many fresh vegetables have been grown, harvested and enjoyed throughout the year. A special thanks to Carol Riznikove for her hard work and daily dedication to the garden.

For your safety and that of your neighbors, please let us know in the office if you plan to be away from the community for more than 24hrs. When we know you are away from your home, we can keep an eye on things and in the event of an emergency; we would not be putting emergency personnel or anyone else in harm's way searching for you.

Speaking of emergencies, please update your **File of Life** that should be hanging on your refrigerator to help out if there is a medical emergency. If you do not have a **File of Life** or you need a refill of the information sheet, please let us know. We have them in the office.

Please be mindful of the 15 MPH speed limit here on the Vineyard Campus and remind any visitors you have of the speed limit as well. Safety is important to all.

If you are interested in volunteering some time on one of our many committees that help provide great programs for Vineyard residents, answering phones in the office from time to time, or just spending some time visiting with some other residents that would enjoy a visit, please inquire at the office regarding volunteer opportunities.

Enjoy the beautiful peaceful fall transition!



Paul



Campus Activities: October 2018

The next Vineyard Voices meeting is Tuesday, October 2nd in the Community Center at 10:00 a.m.



Catholic Communion Service

* Commissioned Communion Ministers from Immaculate Conception parish conduct a Catholic Communion Service on Tuesdays at 2:45 p.m. in the Gathering Room of the Concord Apartments.

* Prayers, Scripture reading with reflection and Holy Communion.

* All residents and guests are invited; however, if you are not Catholic and not united with the Catholic Church you are asked to not receive Holy Communion.

*The Catholic Communion service continues at the Chalet at 3:30 p.m. every Tuesday.

Yoga with Donna

* Tuesdays at 3:00 p.m. in the Community Center; lasts about an hour

* \$3.00 per person

* Chair-based; All levels of ability welcome!

Bake Sale

There will be a bake sale at The Vineyard Shop in the Gathering Room of the Concord Apartments on Thursday, October 4th from 2-4 p.m.

Donations Appreciated!

Health Screenings

FREE blood pressure and blood sugar screenings on Thursdays at 3:00 in the Gathering Room of the Concord Apartments by an Ohio Living nurse.

Refreshments, too!



Apartment Inspections

Annual fall apartment inspections will take place on Monday, October 8th starting at 9:00 a.m. Smoke detector batteries will be changed as well as furnace filters. Other safety checks will also be performed.

If you will not be available that day, please contact the office at 419.797.3100 to make alternative arrangements.

Campus Activities continued...

**Come to Book Club!
And bring a friend!**

Book Club



"Our 'Book Club' is more than just a book club!!!"

The club meets on the second Monday of each month at 1:00 p.m. in the Community Center. The group is lead by Mary Braymeier from Ida Rupp Public Library. To begin, Mary fills everybody in on local events in the area. The book of the month is then discussed. These discussions are lively, yet informal. To end the (approximately an) hour, Mary tells the group a little about the book that has been chosen for the next month's discussion.

This month's selection is
Beneath a Scarlet Sky by Mark Sullivan.

Extra copies of this book are available on the counter in the library of the Community Center.

The next meeting is on Monday, October 8th
at 1:00 p.m. in the Community Center.

Technical Support

Mary, from Ida Rupp, has offered to stay after Book Club on Monday afternoons to help anybody who has a question about their Smartphone/Tablet/Laptop etc. Bring your question(s), device(s) and their chargers to the Community Center at 2:15 p.m. on Monday, October 8th.

Don't Forget...

If you signed up for
"Just Us Girls"
it is on Tuesday, October 9th, at 5:30p.m.



Music Memories

Please join us for some live "country and western music on the keyboard" in the Community Center on Thursday, October 11th at 11:00 a.m.

Flu and Pneumonia Vaccines

A Kroger pharmacist will be providing flu shots in the Community Center on Wednesday, October 10th starting at 10:00 a.m. The Pneumonia Shot (Pevnar 13 or 23) will also be offered that day to those 65 and over. Vaccinations will be given on a first come, first served basis. You will need to bring your Medicare and insurance cards.

Please call the office at 419.797.3100 before noon on Monday, October 8th if you plan to attend.



Communion Service

* In the Community Center on the second Thursday of each month at 2:00 p.m.

* If you are unable to attend, communion can be brought to your home.

* Please call Marlene Carpenter at 419.797.6402 with any questions.

(more) Campus Activities: October 2018

Cookbook Dinner

* Thursday, October 11th
in the Community Center at 5:00 p.m.

*Sign up in the office before noon on 10/9

*Free if you bring a dish to share!

* \$8.00 per person if you choose
not to bring a dish

This month's theme is:
Oktoberfest

Arts and Crafts at The Chalet

This month we will be making a
Halloween-themed decorative item
on Friday, October 12th at 1:30 p.m.
in the Chalet.

Please sign up in the office by noon
on Monday, October 8th,
if you would like to join the crafting fun!
(There is no charge for this activity)



Campus Activities continued...

Coffee with the Administrator (formerly known as "Town Hall")

Join our Campus Administrator, Paul Shaw,
in the Community Center
on Thursday, October 18th at 10:00 a.m.
for coffee and conversation.

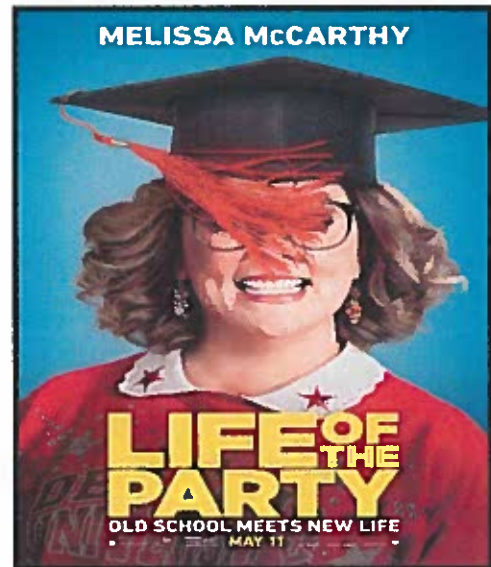
No topic is off-limits!



Health and Wellness Seminar

On Tuesday, October 16th at 1:00 p.m.
in the Community Center, Tracy Stadler,
RD, LD, CDE, Director of Nutritional
Services for Magruder Hospital will be
here to present on
"Dining Out with Diabetes."

Reservations are not required.



Avery's Halloween Meal

Wednesday, October 31st
@ 5:00 p.m.

\$15.00 per Person

Shrimp Cocktail Appetizer
6 ounce Filet
Twice Baked Potato
Mixed Vegetables
Tossed Salad
Dinner Rolls with Butter
Red Velvet Cake

Sign up in the office by noon
on Friday, October 26th.



Movie Afternoon

Friday, October 19th
1:30 p.m. in the Community Center

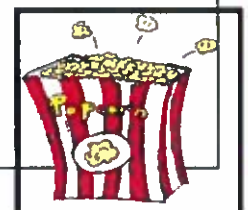
Life of the Party

(newly released on DVD; starring Melissa McCarthy; rated PG-13; 1 hr, 45 mins)

When her husband suddenly dumps her, longtime dedicated housewife Deanna (McCarthy) turns regret into re-set by going back to college... landing in the same class and school as her daughter, who's not entirely sold on the idea. Plunging headlong into the campus experience, the increasingly outspoken Deanna—now Dee Rock—embraces freedom, fun and frat boys on her own terms, finding her true self in a senior year no one ever expected.

Popcorn & Refreshments!

Free!



Get Ready for the Apples!
Recipe of the Month for October



Evelyn Garberson's Excellent Apple Cobbler

Ingredients:

Start with 5 or more cups of sliced apples

***Secret tip: As you are peeling and slicing the apples, place sliced apples in a bowl of cold water with some salt in it!!**

Then drain off the salt water and place apples in the bottom of a buttered 8" X 8" or 9" X 9" pan or casserole dish.

(If desired add 1/2 to 1 teaspoon of vanilla or almond extract to the apples for extra flavor .)

In a mixing bowl combine:

1 cup of flour

1 to 1 1/2 cup of sugar

1 egg

1 teaspoon of baking powder

3/4 teaspoon of salt

Mix with a fork until crumbly. Then sprinkle this mixture over the apples.

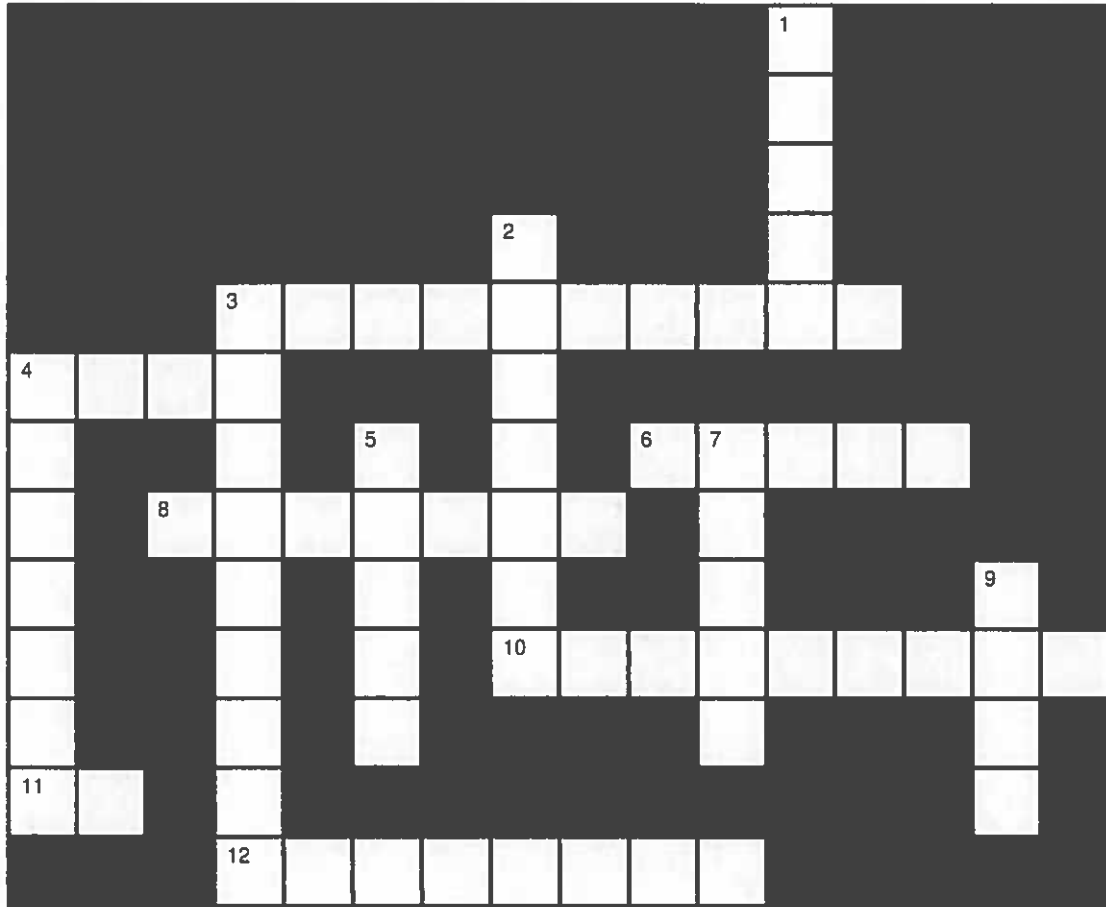
Next melt 1/3 cup of margarine and pour over the top of the crumbly mixture. Top everything off with a sprinkle of cinnamon.

Bake at 350° for 45 minutes or until golden brown.

Do not overcook. Submitted by: Sarah Tighe. I love this recipe!



NAVY TRIVIA CROSSWORD PUZZLE



ACROSS

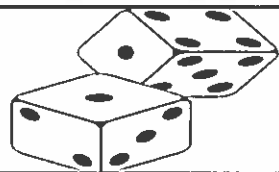
3. SAILORS AND PERSONNEL WHO WORK ON SUBMARINES ARE CALLED THIS.
4. NAME THE INFORMAL HEARING FOR MINOR OFFENSES BY THE UNIT, SHIP, OR STATION COMMANDER.
6. AN INTELLIGENCE PROFESSIONAL IS CALLED THIS.
8. WHAT DOES CG STAND FOR? GUIDED MISSILE _____
10. THIS AND OTHER SMALL COMBAT SHIPS WERE REFERRED TO AS TIN CANS, PRESUMABLY BECAUSE THEIR ARMOR WAS AS THIN AS THE METAL ON TIN CANS.
11. THIS IS THE ABBREVIATION FOR GENERAL QUARTERS.
12. THIS IS THE NICKNAME FOR A SAILOR'S WHITE DRESS HAT.

WORD LIST: CRUISER, DECK, DESTROYER, DIXIE CUP, GQ, GITMO, JARHEAD, MAST, MUSTANG, PETTY, SNIPE, SPOOK, STARBOARD, SUBMARINER

DOWN

1. ENGINEER RATINGS (I.E., MACHINIST'S MATES, BOILER TECHS, ELECTRICIAN'S MATES) ARE CALLED THIS.
2. A U.S. MARINE IS ALSO REFERRED TO AS THIS.
3. WHEN FACING FORWARD, THE RIGHT SIDE OF THE SHIP IS KNOWN AS WHAT?
4. THIS IS THE NAME OF AN OFFICER WHO HAS COME UP THROUGH THE RANKS (I.E., STARTED OUT AS AN ENLISTED MAN AND EARNED A COMMISSION).
5. THIS IS THE NAME OF THE NAVAL STATION LOCATED IN GUANTANAMO BAY, CUBA THAT WAS ESTABLISHED IN 1903.
7. AN E-4 THROUGH E-6 IS KNOWN AS A _____ OFFICER.
9. WHEN THE CAPTAIN IS NOT ON DUTY, HIS FUNCTIONS ARE PERFORMED BY THE OFFICER OF THE _____.

Fun & Games



Dominoes

Mondays at 6:30 p.m.
in The Gathering Room of
the Concord Apartments.

New faces always welcome!

It's Bunko, Baby!

Tuesdays at 6:30 p.m.
in The Gathering Room.

Call Gloria (419.301.8008)
with any questions.

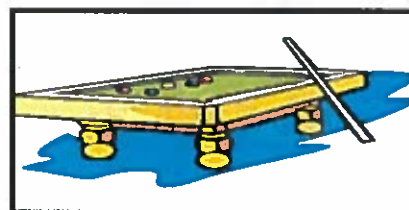
Pinochle

Wednesdays at 6:30
in The Gathering Room.



Texas Hold'em

Everybody is welcome! (girls and boys!)
Wednesday nights in the
Community Center at 7:00 p.m.
Call Leo with any ?'s
1-239-498-9531



Bingo!

Bingo with Sherrie

Bingo with Sherrie is on
Friday, October 5th at 1:30 p.m.
in the Community Center!
\$1.00 per card.

Playing for Cash!!!

Refreshments and a 50/50 raffle!

Billiards

Thursdays at 1:00 p.m.
in the log cabin.

Shoot the breeze... and some pool!



Bridge

Calling all Bridge players!

Come to the Community Center on
Thursday, October 25th at 1:00 p.m.
for a nice afternoon of playing cards.

Out & About

Breakfast Bunch

*Open to any male resident in out Ohio Living Vineyard on Catawba community.

*Carpool leaves every Monday morning around 8:00 a.m. to meet at a local restaurant.

*Questions? Please call Bruce Waters at 419.967.9107.



Ladies Lunch

Tuesday, October 16th

Meet at the Community Center at 11:30 a.m.

Hi Ladies! This month we will be lunching at the Golden Dragon Restaurant located in Fremont. (226 E. State St.)

Please RSVP to the office by noon on Friday, October 12th and let us know if you can drive or if you would like to ride along with someone.



The Catawba Island Club Dinner

ON THURSDAYS NOW!
At the CIC on **Thursday, October 18th.**

The cost is \$17.00.

Please sign up and pay in the office no later than noon on Monday, October 15th.

The entrée choices are Fried Perch or Petite Grilled Sirloin.



Vineyard Night Out

Tuesday, October 23rd

Meet at the Community Center at 4:30 p.m.

We will be dining at Casa Fiesta in Fremont this month! (2455 Hayes Ave.)

Please RSVP to the office by noon on Friday, October 19th and let us know if you can drive or if you would like to ride along with someone.

¡Olé!





A Balanced Approach to Giving

Simple Solutions to Common Financial Challenges

Over the years, we've worked with many donors who had a strong desire to support Ohio Living Vineyard on Catawba, but were holding back because of financial fears. The two hurdles we hear of most when it comes to giving are a lack of extra cash and wanting to put family first. Fortunately, these are easily overcome! Read on to see how.

Challenge: Family Obligations

I have children and grandchildren to worry about, and they come first.

Solution: Estate planning attorneys can explain the various methods available to fulfill your philanthropic desires without jeopardizing your family's security. The easiest approach is to remember Ohio Living Vineyard on Catawba through a gift in your will or living trust. This type of gift supports our future work, and you can change your mind about the gift at any time.

Challenge: I'm On a Budget

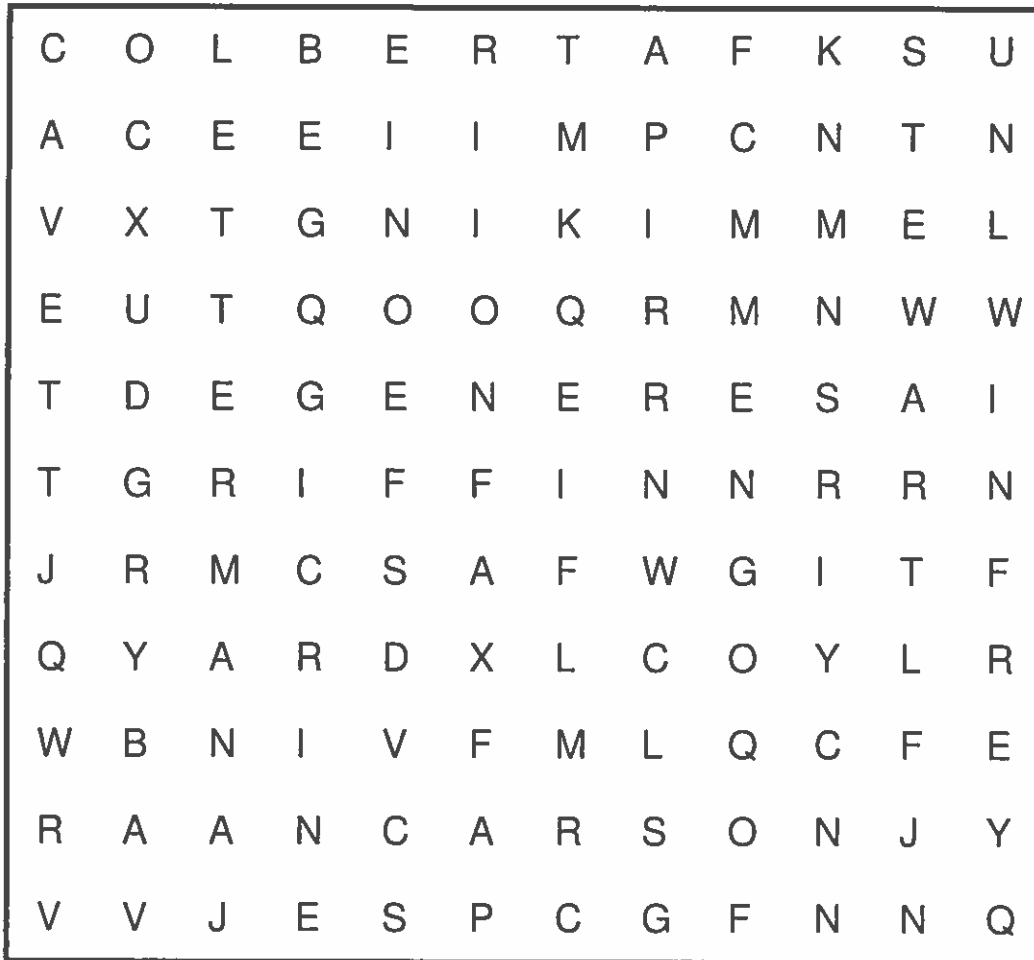
I am not wealthy; there is only so much money to go around.

Solution: Rather than make a gift of cash now to support our mission, consider the following giving options (Bonus – they also offer important tax savings for you and your family):

- **Stock.** For gifts of appreciated stock that you have owned longer than one year, you receive an income tax charitable deduction for their full, fair market value – not the price you originally paid for them.
- **Life Insurance Policies.** You can donate a policy you no longer need, or simply name Ohio Living Vineyard on Catawba as the beneficiary.
- **Retirement Plan Assets.** Highly taxed when left to heirs, this makes an excellent charitable gift after your lifetime.
- **Real Estate.** You can donate your home or other property and receive fixed payments for the rest of your life.

We can help you identify a gift that will fit your goals and situation. Call your local director of gift planning, Nancy Hamilton, at 419.707.4099 today to learn more about how you can make a lasting impact at Ohio Living Vineyard on Catawba.

👉 TV TALK SHOW HOSTS WORD SEARCH



WORD LIST

- JOHNNY CARSON
- DICK CAVETT
- STEPHEN COLBERT
- ELLEN DEGENERES
- JIMMY FALLON
- MERV GRIFFIN
- JIMMY KIMMEL
- LARRY KING
- JAY LENO
- DAVID LETTERMAN
- DR. PHIL MCGRAW
- KELLY RIPA
- JON STEWART
- OPRAH WINFREY



Campus Spotlight

The Vineyard Shop



The Vineyard Shop
Hours of Operation:

Monday 2:00 - 4:00
Thursday 2:00 - 4:00

BAKE SALE!

Thursday, October 4th (2-4 p.m.)
Donations Appreciated!



Lura Romei (left) and Royetta Floriana, (right) along with Gail Daniels, Ruthie Kimmett and Carol Riznikove all volunteer their time and efforts into making The Vineyard Shop a place of convenience for you, our residents.



The Vineyard Shop: Reinvented

In May of 2017, after the renovation of The Gathering Room at the Concord Apartments, the newly re-branded Vineyard Shop opened.

The focus of the Vineyard Shop is now less on gifts and more on convenience items for our residents. (such as postage stamps, greeting cards, snacks and cold beverages)

However, there truly is “a little bit of everything” in The Vineyard Shop, and everyone is encouraged to stop by and check it out! The shop is located in The Gathering Room of the Concord Apartments and the hours of operation are Mondays and Thursdays from 2:00 p.m. - 4:00 p.m.

There will be a bake sale on the first Thursday of each month. Donations are welcome!



The Vineyard Shop has many items of fashion, too! From clothing to purses to jewelry... there's something for everyone!



Ohio Living Vineyard on Catawba
419.797.3100

OCTOBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sa
	1 BREAKFAST BUNCH 8:00 DOMINOES 6:30	2 VINEYARD VOICES 10:00 CATHOLIC SERVICE 2:45 YOGA 3:00 BUNKO 6:30	3 PINOCHLE 6:30 TEXAS HOLD 'EM 7:00	4 BILLIARDS 1:00 BAKE SALE 2:00 - 4:00 HEALTH SCREENING 3:00	5 BINGO 1:30	6
7	8 BREAKFAST BUNCH 8:00 APARTMENT INSPECTIONS 9:00 BOOK CLUB 1:00 IPAD ETC. HELP 2:15 DOMINOES 6:30	9 CATHOLIC SERVICE 2:45 JUST US GIRLS 5:30 BUNKO 6:30	10 FLU SHOTS 10:00 PINOCHLE 6:30 TEXAS HOLD 'EM 7:00	11 MUSIC MEMORIES 11:00 BILLIARDS 1:00 COMMUNION 2:00 HEALTH SCREENING 3:00 COOKBOOK DINNER 5:00	12 ARTS & CRAFTS 1:30	13
14	15 BREAKFAST BUNCH 8:00 DOMINOES 6:30	16 LADIES LUNCH 11:30 H&W SEMINAR 1:00 CATHOLIC SERVICE 2:45 YOGA 3:00 BUNKO 6:30	17 PINOCHLE 6:30 TEXAS HOLD 'EM 7:00	18 COFFEE WITH THE ADMINISTRATOR 10:00 BILLIARDS 1:00 HEALTH SCREENING 3:00 CIC DINNER 5:00	19 MOVIE AFTERNOON 1:30	20
21	22 BREAKFAST BUNCH 8:00 DOMINOES 6:30	23 CATHOLIC SERVICE 2:45 YOGA 3:00 VINEYARD NIGHT OUT 5:00 BUNKO 6:30	24 PINOCHLE 6:30 TEXAS HOLD 'EM 7:00	25 BILLIARDS 1:00 BRIDGE 1:00 HEALTH SCREENING 3:00	26	27
28	29 BREAKFAST BUNCH 8:00 DOMINOES 6:30	30 CATHOLIC SERVICE 2:45 YOGA 3:00 BUNKO 6:30	31 AVERY'S HALLOWEEN DINNER 5:00 PINOCHLE 6:30 TEXAS HOLD 'EM 7:00			